

Stony Brook Eastern Long Island Hospital Expands Narcan Program

Staff Writer | April 28, 2025

Stony Brook Eastern Long Island Hospital has expanded its lifesaving Narcan Rescue Station Program to businesses in Hampton Bays.

As a result of a presentation on the Narcan Rescue Station initiative to the Hampton Bays Rotary Club in April, club members looked to expand the program through a community training event.

At the event, local business owners and concerned citizens heard firsthand accounts and expert insights from Lt. William Kiernan of the Southampton Town Police Department; Briana Gladding, paramedic with Hampton Bays Volunteer Ambulance; Rick Nydegger, chief of the Hampton Bays Fire Department; and Dr. Daniel Van Arsdale of Stony Brook Medicine.

Lt. Kiernan shared a powerful story from the early days of Narcan use within the police department, recalling how he saved a teenager's life just two weeks after receiving his training. "Within a minute of administering Narcan, the victim regained consciousness," he said.

Gladding noted that many individuals who receive Narcan are not always experiencing opioid abuse. "Often, they are adults who accidentally overdose by forgetting they've already taken their medication," she explained.

Chief Nydegger gave a heartfelt and personal account, reflecting on how access to Narcan could have made a difference in his own family following the tragic overdose of his son. After the session, he picked up multiple Narcan kits to equip all Hampton Bays Fire Department chiefs' vehicles.

Gina Chinese, representing Community Action for Social Justice, led the subsequent hands-on training session followed by a Q&A, empowering attendees with practical knowledge and tools to respond to opioid-related emergencies.

Local business leaders from Skidmore's, Pooltastic Poolworks, Legacy Optical, Station Bar, Barnyard, Sayville Inn, Rapid Recovery, Flanders Men's Club, and Southampton Publick House took part in the initiative, picking up Narcan Rescue Stations and additional doses for their establishments. Other businesses have expressed interest in obtaining supplies.