

HEALTH MATTERS

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Celebrating National Health Center Week: Award-Winning Care at Peconic Landing

From August 4-10, we celebrate National Health Center Week, a time dedicated to recognizing the essential role that health centers play in providing quality care to communities across the country. At Peconic Landing, we are proud to highlight our award-winning long-term care services and the invaluable Center for Well-Being, which offers specialized care to our members and the greater community through our partnership with Stony Brook Medicine.

Award-Winning Long-Term Care

As the East End's only life plan community, Peconic Landing is proud to offer exceptional

long-term care options in addition to our independent living apartments, cottages, and resort-style amenities. Long-term care encompasses a variety of services that help individuals live as independently and safely as possible, and can include help with personal care, healthcare, meals, and activities. Peconic Landing's health center offers both assisted living and skilled nursing care, ensuring that members receive the appropriate level of personalized support.

Harbor North for Assisted Living provides a balance of independence and assistance, catering to those who need help with daily activities but still wish to maintain an active

lifestyle, while Harbor South for Memory Support offers specific care for those living with Alzheimer's or other forms of dementia at the assisted living level. The Shores for Skilled Nursing is tailored for individuals who require the highest level of medical supervision and support. Our award-winning care neighborhoods are all open to outside admissions when space allows.

The Center for Well-Being: A Partnership with Stony Brook Medicine

In addition to our long-term care services, Peconic Landing is home to the Center for Well-Being, a collaborative initiative with Stony Brook Medicine. This partnership brings specialist care to our doorstep, enhancing the healthcare options available to our members as well as the greater community on the North Fork.

The Center for Well-Being offers a range of services, including general medicine, cardiology, rheumatology, podiatry, audiology, and more. By bringing these services directly to our campus, we provide convenient access to expert medical care, reducing the need for long-distance travel for our members and others. Peconic Landing also welcomes

experts from Stony Brook Eastern Long Island Hospital who offer ongoing educational programming to the public, designed to empower individuals to lead healthier, more fulfilling lives.

Benefitting the Greater Community

Peconic Landing's award-winning long-term care services and the Center for Well-Being are not just assets for our members; they were designed to provide comprehensive healthcare options to our community and to all those seeking quality care for their loved ones. As we celebrate National Health Center Week, we also extend our heartfelt thanks to all of the other providers across the East End for their unwavering commitment to our community's health.

Learn more about our services and discover how Peconic Landing can support you and your loved ones in achieving optimal health and well-being. To explore long-term care options and specialist services, please visit our website at www.peconiclanding.org. View upcoming events featuring specialists from Stony Brook ELIH at www.peconiclanding.org/events.