Transforming Healthcare on the North Fork & Shelter Island

REPORT TO
THE COMMUNITY
MESSAGE TO OUR COMMUNITY

This year was a historic one for our 90-bed hospital in Greenport. Now that “ELIH” has officially become “SBELIH,” our patients have access to the most advanced healthcare, now on the North Fork.

SBELIH has partnered with Stony Brook University Hospital (SBUH) and Stony Brook Southampton Hospital (SBSH) to further improve healthcare access and quality for East End residents. As part of the Stony Brook Medicine healthcare system, the three hospitals match patients with the right type of care at the right facility and work together to address healthcare gaps for East End residents, including neurology, gynecology, pulmonology, hematology/oncology and orthopedic services.

Joining Stony Brook Medicine brings together academic and community medicine to meet our current and evolving healthcare needs. That’s why SBELIH has made significant investments in:

- **Mastery in General Surgery Fellowship Program** – Access to world-class surgery continues and is expanding. SBELIH, in collaboration with Stony Brook Medicine, is enhancing your local Surgical Center of Excellence with this program. After eight months of general surgery experience at Stony Brook Medicine, fellows gain four months of community-based hospital experience at the SBELIH campus. In addition, Melany Hughes, MD, MPH, General Surgeon, has joined our SBELIH full-time staff.

- **Telemedicine** – SBELIH has officially launched Teleneurology, the first module in its Telemedicine program, providing seamless direct access to Stony Brook Medicine neurologists through Telemedicine technology. Whether an SBELIH patient is in the Emergency Department or admitted to the Medical floor, our attending physician can arrange a specialist consultation immediately and in real time.

- **Psychiatry Residency Program** – Stony Brook Eastern Long Island Hospital, in collaboration with Stony Brook Medicine, is now home to a psychiatric residency program. Together, SBELIH and Stony Brook University Hospital provide the leading behavioral health programs for Long Island. SBELIH is a clinical campus and training site, increasing the number of physicians, specialists, allied health professionals and nurses on the East End of Long Island.

- **Hospitalists** – At SBELIH, inpatients are under the care of world-renowned Board Certified hospitalists — physicians who specialize in inpatient medicine and taking care of hospitalized patients in place of a primary care provider.

There is no doubt that joining SBM has resulted in a number of significant changes for our staff and patients. However, some things will remain the same as we continue our historic 114-year mission serving the communities of the North Fork and Shelter Island now as SBELIH. Our ongoing initiatives to improve the health and wellness of our local community, such as regular skin cancer screenings and educational programming, will remain consistent. SBELIH is one of two hospitals on Long Island providing skin cancer screenings to all inpatients through the Mollie Biggane Melanoma Foundation.

Additionally, our hospital’s main source of support has been and always will be the community. This has not and will not change moving forward as SBELIH. All monies raised by the ELIH Foundation’s fundraising efforts will stay here in Greenport to benefit your community hospital, as they have since 1905.
Joining Stony Brook Medicine brought together academic and community medicine to meet our current and evolving healthcare needs on the North Fork and Shelter Island. One of the key benefits of this partnership is the shared belief that the provision of healthcare should stay local. The ELIH Foundation will continue to be governed by our local Board of Trustees, and all funds raised by the Foundation and Auxiliary will remain local. A separate, not-for-profit corporation, the ELIH Foundation continues to forge onward as the fundraising and communications arm of SBELIH. All of our fundraising efforts are independent of Stony Brook Medicine, and all funds raised by these efforts will stay here in Greenport to benefit your community hospital.

While 2018 brought many changes for our hospital, the support of our donors remained constant. A magnanimous donation of over $600,000 from a long-time friend of the hospital was just one example of this support last year. At the 2018 Annual Summer Gala, pledge bidding brought us $127,000 closer to achieving our $3M Operation Renew goal to renovate our Surgical Center of Excellence, not to mention a generous pledge of $250,000 from one donor alone. We are approximately $500,000 away from achieving our $3M Operation Renew goal to renovate our Surgical Center of Excellence.

Donor generosity also allowed the Foundation to acquire a vital Bilevel Positive Airway Pressure (BiPAP) machine in 2018, as well as a new generator. Greenport and Southold IGA donated over $10,000 to SBELIH last year, all from the proceeds of their state-mandated $.05 plastic bag fee; another example of our community’s commitment to SBELIH.

In 2018, the Foundation was proud to receive a second grant from the non-profit organization Pink Aid to fund our “Pink Aid Breast Fit Program,” which provides free mammograms for underserved women on the North Fork and Shelter Island. This program is just one way that the Foundation aims to serve the community that has sustained our mission for so many years.

Looking ahead, the Foundation will continue to thrive, thanks to your unwavering support. Thank you for your continued philanthropy.
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<th>Specialty</th>
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<td>Lloyd Simon, MD</td>
<td>Southold, 631-765-4150</td>
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<td>Jarid Pachter, DO</td>
<td>Southold, 631-734-8742</td>
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<td>Anesthesiology</td>
<td>Stephen Vitkun, MD</td>
<td>Greenport, 631-477-5353</td>
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<td>Kenneth Rosenfeld, MD</td>
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<td>Breast Surgery</td>
<td>Edna Kapenhas, MD</td>
<td>Southampton, 631-726-8400</td>
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<td>Mattituck, 631-298-4655</td>
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<td>John Crean, MD, FACC</td>
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<td>Thomas Falco, MD, FACC</td>
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<td>Jayanthi Loganathan, MD</td>
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<td>Fulvio Mazzucchi, MD, FACC</td>
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<td>Ricardo Monserrate, MD, FACC</td>
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<td>Mark Saporta, MD, FACC</td>
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<td>Michael Sorrentino, DO</td>
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<td>Antoinette Notaro, MD, FAAD</td>
<td>Mattituck, 631-298-1122</td>
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<td>Lawrence R. Schiff, MD, FACEP, FAAEM</td>
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<td>Alethea Garber, MD</td>
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<td>Andrea Libutti, MD</td>
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<td>Glenda Moreno, NP</td>
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<td>Joseph Duva, MD, D-IM, D-GE, FACP</td>
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<td>Dhiren Mehta, MD</td>
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<td>Jay P. Slotkin, MD, MPH, AGSF, CMD, FACP</td>
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<td>Robert Walsh, MD</td>
<td>Greenport, 347-281-0744</td>
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<td>Raphael Davis, MD</td>
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<td>Lawrence Buono, MD, FACS, FAAO</td>
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<td>Teresa Habacker, MD, FAAOS, FASSH</td>
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<td>Judy Ann Emanuele, MD, FACS</td>
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<td>Michael Dobryansky, MD, FACS</td>
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<td>William Buffone, DPM</td>
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<td>Mary Ann Cardile, DPM</td>
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<td>Gerald Weber, DPM</td>
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<td>Daniel Klages, MD</td>
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<td>Eva Macdowall, NP</td>
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Telehealth Program
A planned telehealth program will provide North Fork and Shelter Island residents with direct access to Stony Brook Medicine specialists.

Improving Access to Advanced Medical Care
Stony Brook Eastern Long Island Hospital (SBELIH) joins Stony Brook Medicine to improve access to advanced medical care for residents of the North Fork of Long Island and Shelter Island. Together, we combine the best in academic and community medicine, and will help improve access to specialized medical care for the East End.

North Fork “Fly Cars”
To improve access to emergency care, Stony Brook Emergency Medical Services provides two “fly cars” on the North Fork with paramedic staffing, for the highest possible level of pre-hospital emergency care.

Clinical Training Site
SBELIH serves as a clinical campus and training site for Stony Brook Medicine, which will help increase the number of physicians, specialists, allied health professionals and nurses on the East End of Long Island.

Together, SBELIH and Stony Brook University Hospital already provide the region’s leading behavioral health programs for Long Island. And Stony Brook Medicine provides a psychiatric residency program at SBELIH.
Caring for Our Community

As part of Stony Brook Medicine, Stony Brook Eastern Long Island Hospital will combine compassionate, personalized care with the advanced medical expertise of Long Island’s premier academic medical center.

Since 1905
SBELIH is Suffolk County’s oldest voluntary hospital, serving the North Fork and Shelter Island since 1905.

90-bed community hospital

22,000 permanent residents
45,000 summer residents

SBELIH provides behavioral health programs, medical-surgical services, critical care, and drug and alcohol detoxification and rehabilitation services to 22,000 permanent residents and 45,000 summer residents.

One of two hospitals on Long Island providing skin cancer screenings to all inpatients through the Mollie Biggane Melanoma Foundation
$600,000+
William H. Price, Sr.

$400,000+
ELIH Auxiliary

$350,000+
Anonymous

$300,000+
David J. and Bobbie Marks Family Fund / CLC Kramer Foundation Inc / Erica and Peter Harold

$60,000+
Gayle and Z. Micah Kaplan, MD
Maureen C. Ostermann

$40,000+
Margaret and Lewis E. Topper

$20,000+
Beacon Light Foundation / Scott V. Bennett and Jessie Wong / Alice and Harold Culver
Brennan Family Foundation
Millicent D. Gossner
Kenneth J. Tedaldi Foundation Inc.
Ann M. Mallouk
Thomas J. McCarthy Real Estate Inc. / Ann M. Mallouk
Phyllis and James M. Rubin, MD

$15,000+
ELIH Medical Staff
Peconic Landing
Stony Brook Medicine

$10,000+
Angelson Family Foundation
Doreen and Kevin A. Barr
BNB Bank
The Corso Family
Paula and Frank Doka

DORHONOR ROLL

Joseph and Katherine Macari Foundation
Kaye and H. Lloyd Kane
Katherine and Christopher Perretta
James H. Rich, Jr.
The Salice Family
Linda S. Sanford
Robert J. Syron
Magdalena and Jonathan Tibbett

$7,500+
Greenport IGA
Southold IGA

$5,000+
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Claudio’s Restaurant/ PWIB Claudio Management II LLC
Douglas Elliman Real Estate
East End Cardiology NYU Winthrop
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Linda and Michael Gambardella
Marguerita Howkins
Amy and Marcel Israel
Eileen and Daniel Oakley
Camille Passaro
Pink Aid, Inc.
Cheryl and James F. Reeve
Cynthia & Tom Rosicki, Sparkling Pointe
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Suffolk Security Systems Inc.
US Trust

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Putney, Twomly, Hall & Hirson LLP
San Simeon By the Sound Center for Nursing & Rehabilitation
Michelle Smith
Barbara and Andrew D. Stype
Susan and James P. Sweeney
The Corcoran Group
The East End Financial Group
Rita and Robert R. Wieczorek

$1,000+
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Alan J. Croce and Patricia L. Acampora
Lois T. Anderson
Stephanie and Joseph Angelone
At Home Services for Independent Living
Mary and William Barber
Nancy and Edward Barr
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Barbara and Raymond W. Terry, Jr.
The Eugene Garfield Foundation
Beatrice Tuthill
Karen and Tom Uhlinger
Martha Ulman and Stephen Ulman
Rosemary and John Walsh
George Ward
Sedgwick A. Ward
Weber & Grahn Air Conditioning & Heating
Patricia and John E. Wolleben, Jr.
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Angela and Henry Amann
Andy’s Restaurant
Melina and Perry Angeloson
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Jo Ann and H. Lee Blumberg
Ben Bolduc
Maureen C. Brennan
Maria and Daniel V. Brisotti
Marian M. Brownlie
Barbara A. Brunjes
David Bushnell
Margaret and Ronald Butoch
Rene and Alan A. Cardinale, Sr.
Donielle Cardinale
Rene and Alan A. Cardinale, Sr.
Margaret and Ronald Butkovich
David Bushnell
Barbara A. Brunjes
Marian M. Brownlie
Maria and Daniel V. Brisotti
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Underground Training
Vanderbilt Museum
Vegan Rob’s
The Village Cheese Shop
Vine Street Cafe
Vivid Visions Photo-Graphics
Kathleen and Charles Watson
Westhampton Beach Performing Arts Center
Westhampton Country Club

Design by: North Fork Creative
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About Stony Brook Eastern Long Island Hospital:
With 90 beds, Stony Brook Eastern Long Island Hospital (SBELIH) is a full-service, community hospital committed to delivering excellence in patient care and meeting all the health needs of the North Fork and Shelter Island. A campus of Stony Brook University Hospital, SBELIH provides regional behavioral health programs serving the greater Suffolk County area. Centers of excellence include Medical-Surgical, Advanced Ambulatory Care, Behavioral Health, Emergency, Geriatric, Diagnostic Services, Physical Therapy and Gastrointestinal Services.

SBELIH Mission:
Stony Brook Eastern Long Island Hospital delivers world-class, compassionate care to our patients, advances our understanding of the origins of human health and disease, and educates the healthcare professionals and biomedical investigators of the future, so they can bring the fruits of scientific discovery to our patients.

SBELIH Vision:
The vision of Stony Brook Eastern Long Island Hospital is to meet the evolving healthcare needs of its Eastern Long Island communities by providing access to a broad range of high quality clinical services. To achieve this, the hospital will focus resources on continuously improving clinical outcomes, patient safety, service excellence, and promoting educational outreach and professional development of its staff.

SBELIH Values:
Integrity – We are honest and ethical in all our interactions.

Compassion – We provide empathic care with attentive listening and affirmation.

Accountability – We hold ourselves accountable to our community, to our organization and to each other for our performance and behaviors.

Respect – We foster an environment of mutual respect and trust, embracing diversity in people and thinking.

Excellence – We set the highest standards for safety, clinical outcomes and service.
Whether you need urgent emergency care or lifesaving medicine, the emergency team at SBELIH is here for you. For most patients, our ER has one of the shortest wait times in Suffolk County.

Specialty-trained staff are available 365 days of the year to treat a full spectrum of patient experiences — from minor cuts to traumatic injuries, and illnesses from the common cold to heart and stroke incidents. Every person who comes to the Emergency Department is given appropriate treatment regardless of their ability to pay.

Our credentialed team of physicians, nurses, and staff exceed New York State standards and are committed to treating your emergency. All ER nursing staff is Trauma Nursing Core Course (TNCC) certified.

- 24 hours a day, 7 days a week
- Accessible by land, sea, and air
- Heliport and emergency dock
- Expert patient-focused care
- ALL Residency trained, Board Certified Emergency Medicine physicians
- Advanced cardiac life support certified nurses
- Credentialed team, exceeding New York State standards
- Arctic Sun Temperature Management System

Lawrence R. Schiff, MD, FACEP, FAAEM
Service Chief, Emergency Department at SBELIH
Diplomate, American Board of Emergency Medicine
Diplomate, American Board of Internal Medicine
Fellow American College Emergency Physicians
Fellow American Association of Emergency Medicine
Regional Medical Director, North Fork EMS

Chest pain? Don't wait, call 9-1-1

Let the expert emergency team at SBELIH evaluate you rather than risk losing valuable treatment time. Stony Brook Medicine is improving emergency care on the North Fork, with two first responder “fly cars” staffed by paramedics, for the highest possible level of pre-hospital emergency care.

Local EMS/Fire Departments
- Greenport
- East Marion
- Cutchogue
- Mattituck
- Orient
- Plum Island
- Shelter Island
- Southold

On April 3, I felt an excruciating pain in my chest while at work. A co-worker suspected I might be having a heart attack and called 9-1-1. EMS brought me straight to the SBELIH ER, where Dr. Alethea Garber determined I wasn’t having a heart attack, but my heart muscle was tearing. I was stabilized and transferred to Stony Brook University Hospital where SBELIH’s Dr. Lawrence Schiff met me in the ER with a cardiac surgical team standing by, prepared for my subsequent eight hour surgery. The staff of SBELIH treats people like family, and thanks in part to their quick action, I am alive today and truly grateful.

-Denise Edwards, Greenport
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Martin Luther King, Jr. Day
Pacemaker insertions are performed at SBELIH by a cardiologist with the assistance of the Ambulatory Surgery team. Reasons for these procedures may include:

- **Bradyarrhythmia** – occurs when the heart beats too slowly
- **Heart Block** – occurs when the electrical signal is delayed after leaving the SA node; there are several types of heart blocks, and each one has a distinctive ECG tracing.

Cardiologists treat individuals with heart disease and counsel patients about the risks and prevention of heart disease. They provide treatment for heart attacks, heart failure, and serious heart rhythm disturbances.

**Riverhead | 631-727-2100**
**Greenport | 631-477-2701**

Thomas A. Falco, MD, FACC
Fulvio Mazzucchi, MD, FACC
John M. Crean, MD, FACC
Mark Saporita, MD, FACC
Ricardo J. Monserrate, MD, FACC
William J. Buckley, MD, FACC
Jayanthi Loganathan, MD
Michael Sorrentino, MD

_Diplomates, American Board of Internal Medicine/Cardiovascular Disease_

_SBELIH and I have been through a lot together. From a bout of tick-borne disease to the slight stroke I had two years ago, SBELIH took care of me. More recently, I experienced some heart trouble that landed me in SBELIH’s ER. They sent me right up to Stony Brook University Hospital where I received a pacemaker and a new heart valve. I feel I’m truly a living example of modern medicine, and I am so grateful for my health._

-Clifford Utz, Southold
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2020
The 32-bed Medical-Surgical Unit and 5-bed Intensive Care Unit provide streamlined patient care in a beautifully designed contemporary environment. The team of healthcare professionals includes certified operating room nurses, certified registered nurse anesthetists, certified operating room technicians, and board certified specialists in anesthesiology, gastroenterology, general surgery, neurosurgery, ophthalmology, orthopedics, plastic and reconstructive surgery, and urology.

An award-winning professional nursing staff closely monitors patients every step of the way, from admission to discharge. SBELIH nurses and physicians take great pride in delivering an extra measure of “care” to our patients.

Some of the most common surgical procedures performed at SBELIH include minimally invasive procedures, appendectomy, gallbladder procedures, hernia, colon resection, other gastrointestinal procedures, wound care, venous ulcers, complex wounds, and wound VAC.

**General Surgery**

With state-of-the-art laparoscopic instrumentation, minimally invasive surgery can be performed with maximum results. Enhanced ancillary services including pathology, histology, cytology, microbiology and pre-surgical diagnostics support positive outcomes. In 2018, ELIH was the first hospital on Long Island to acquire and operate with the Olympus 4K Ultra High Definition Surgical Camera System, a state-of-the-art piece of surgical equipment.

**Stony Brook Medicine**

Melany C. Hughes, MD, MPH
Greenport | 631-477-5386

Stony Brook Medicine Meeting House Lane Medical Practice
George D. Keckeisen, MD
Sang I. Pak, MD
Sampath Subramaniam, MD
Greenport | 631-477-5386

**Advanced Ambulatory Surgical Services** | 631.477.5350
At Stony Brook Eastern Long Island Hospital

Due to less invasive procedures and quicker healing times, 85% of today’s surgeries are performed in the Advanced Ambulatory Care Center. Ambulatory surgery patients are educated prior to their scheduled surgery to ensure that they fully understand the procedure, making sure both patient and family have all their questions answered to their satisfaction.

---

I’m a volunteer here at SBELIH. Last year, I had to undergo emergency bowel resection surgery. Thanks to Dr. Subramaniam, I’m still volunteering at the hospital. I visit my husband at San Simeon every day, often with our children who love to come out here. I enjoy reading, painting, and hanging out with my dog. I am fortunate to be here so I can keep doing the things I love.

-Frances Reichert, Southold
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At Stony Brook Eastern Long Island Hospital, we offer comprehensive geriatric medical services aimed at improving the quality of life for seniors in a hands on, caring environment both in the hospital, the home and community-wide.

SBELIH remains committed to attentively, expertly, and compassionately guiding older area residents in their pursuit of health and wellness. Cooperative efforts of multiple local agencies make these services possible. SBELIH works closely with Southold Town Senior Services and other local programs that serve seniors, and is committed to strengthening our community by improving quality of life for older adults.

Jay P. Slotkin, MD, MPH, AGSF, CMD, FACP
Diplomate, American Board of Internal Medicine
Southold | 631-765-1414

Dr. Slotkin has been my physician for over thirty years. When I first met him in the 90s, I appreciated how knowledgeable, thorough, and medically intelligent he was. Over the years, we’ve become familiar and I’ve grown to know and appreciate his sense of humor and overall caring nature. He knows my medical history, my problems, and even my taste in music now that we’ve developed such a long-standing rapport. After my wife Irene suffered a stroke last November, Dr. Slotkin took over her case during rehabilitation. Although Irene isn’t a “doctor person,” per se, she’s never minded seeing Dr. Slotkin. While the world of modern medicine is ever-evolving, Dr. Slotkin has been a comforting constant.

-Herman Lindeman, Orient
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Get physical! Maintain optimum health and wellness by staying active at every stage of your life. The benefits of regular exercise are many – increased stamina, flexibility, muscle strength, injury and fall prevention.

Stony Brook Medicine Physical Therapy & Fitness at the Gladys Brooks Center in Southold offers outpatient physical therapy, personal fitness training, and athletic injury screening. State-of-the-art equipment is extremely popular with community members of every age – from students to senior citizens. SBELIH Physical Therapy & Fitness is a SilverSneakers participating location. Eligible Medicare members can join the gym as a benefit of their healthcare plan.

- Gym memberships at reasonable rates
- Silver Sneakers participating provider
- Friendly, qualified, experienced staff
- One-on-one assistance
- Certified athletic trainer
- Treadmills, steppers, elliptical machines
- Stationary/recumbent bikes
- Upper body cycle
- Free weight room
- Biodex and Nautilus weight equipment
- Satellite TV

Hospital-Based Physical Therapy
- Offers a continuum of care from inpatient to outpatient
- Pain management and rehabilitation
- Post-surgical rehabilitation
- Balance and fall prevention
- Orthopedic and neurological rehabilitation

Stony Brook Medicine Physical Therapy & Fitness at the Gladys Brooks Center
46520 North Road
Southold | (631) 765-9389

Convenient Hours
Monday-Friday, 6:30am-8pm
Saturday, 8am-2pm

Stony Brook Eastern Long Island Hospital Physical Therapy
201 Manor Place
Greenport | (631) 477-5157

In 2015 I had back surgery that didn’t work out very well; I was always in constant pain and unable to do the things I always was able to do. A neighbor suggested I go to SBELIH Physical Therapy and Fitness in Southold. I called my doctor, got a prescription and I was able to hook up with a physical therapist named Hildy right away. She is professional, knowledgeable, and a terrific PT. Hildy has helped me with my strength, balance, range of motion, and coordination. She has reduced my pain, promoted my ability to move and I’m back to playing golf!

-Patricia Menten, Greenport
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A cataract is an opacity that develops in the lens of the eye and limits vision. Cataracts can become more common in people approaching their 60s and 70s. The condition tends to develop slowly, so vision worsens gradually.

Femtosecond laser-assisted cataract surgery is the latest technology available for precise cataract removal and greater visual outcomes. The computer-guided laser aids the surgeon in several critical steps based on a real-time image of the eye captured immediately prior to the procedure.

Signs and Symptoms of a Cataract
– Cloudy or blurry vision
– Poor night vision
– Difficulty reading
– Problems with light
– Faded colors

Lawrence Buono, MD  
Diplomate, American Board of Ophthalmology  
Riverhead | 631-727-0880  
Southold | 631-765-5051

Christine Buono, MD  
Diplomate, American Board of Ophthalmology  
Riverhead | 631-727-0880  
Southold | 631-765-5051

Louis Pizzarello, MD  
Diplomate, American Board of Ophthalmology  
Southampton | 631-283-5152  
Riverhead | 631-727-6655

Scott Sheren, MD  
Diplomate, American Board of Ophthalmology  
Riverhead | 631-369-0777  
Southold | 631-765-0088

I feel so fortunate to have found Dr. Buono for my cataract surgery. He put me at ease from the start. He and the hospital team explained each step of the procedure so there were no surprises. Everyone had a sense of humor and kept the atmosphere light. Plus I now have 20/20 vision and can paint to my heart’s content.

-Beverly Kendall, Southold
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Orthopedics is the branch of surgery concerned with acute, chronic, traumatic, overuse injuries and other disorders of the musculoskeletal system.

Sports medicine is a special branch of orthopedics designed to provide complete medical care to active people of all ages.

Whether you are an active athlete or someone experiencing chronic joint pain, our orthopedic specialists are here to help. Education, strengthening exercises, reduction of stress on joints, anti-inflammatory medications, and surgery are all tools available to help improve your physical condition.

North Fork Orthopaedic and Sports Medicine
A Location of Stony Brook Orthopaedic Associates
Mattituck | (631) 298-4579
Fred M. Carter II, MD
Diplomate, American Board of Orthopedic Surgery
John J. Rongo, R-PAC
Certified, American Academy of Physician Assistants
Mark G. Creighton, MD
Diplomate, American Board of Orthopedic Surgery
Hampton Bays | 631-723-0223
John Labiak, MD
Diplomate, American Board of Orthopedic Surgery
Smithtown | 631-265-1855
Ira Chernoff, MD
Diplomate, American Board of Orthopedic Surgery
Stony Brook | 631-246-6100
East End Hand Surgery
Riverhead | 631-473-4263
Teresa Habacker, MD
Diplomate, American Board of Orthopedic Surgery

In the summer of 2018, I fractured my wrist and arm. It looked so bad; I didn’t think I’d ever have full use of it again! Dr. Carter operated on me and now it looks great. I have full use of my wrist and my arm. I told him he performed a miracle. If anyone ever needs an orthopedic surgeon, I highly recommend Dr. Carter.

-Jean Kruszeski, Greenport
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Independence Day Observed
JACQUELINE WHITE

Well-Patient Care
– Annual physical exams
– Preventive healthcare

Chronic Diseases
– Hypertension
– Diabetes
– High cholesterol
– Musculoskeletal disorders
– Neurological disorders
– Gastrointestinal problems
– Thyroid problems
– Acute diseases
– Heart disease
– Asthma and lung disease
– High blood pressure
– Glucose Monitoring

Special Programs & Services
– Weight management
– Consultations with specialists
– Preoperative evaluations
– Travel evaluation
– Blood pressure checks
– Health geriatric care
– Pulse Oximetry
– Accu-checks

Lloyd Simon, MD
Diplomate, American Board of Internal Medicine
Diplomate, American Society of Addiction Medicine
Southold | 631-765-4150

Sally C. Monahan, RN, MSN, CNP-C, FNP-C
Certified Family Nurse Practitioner
Southold | 631-765-4150

Jay P. Slotkin, MD, MPH, AGSF, CMD, FACP
Diplomate, American Board of Internal Medicine
Southold | 631-765-1414

I have been a patient of Dr. Simon for many years and have found him to be one of the most dedicated, kind, and thoughtful doctors I have ever encountered. He has a gift for making me feel comfortable, and spends as much time with me as I need. This year, I suffered two heartbreaking losses: my husband and my only niece. Dr. Simon, his wife Phyllis, Sally Monahan and his support staff could not have been more sensitive and caring. I’m so grateful to them for helping me to get through my grief. For me, it is an honor to let Dr. Simon know how much he means to me, and to share my deep respect for him with all who read this.

-Jacqueline White, Southold
AUGUST

Sunday  Monday  Tuesday  Wednesday  Thursday  Friday  Saturday

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2  3  4  5  6  7  8  ELIHF Annual Summer Gala

9  10  11  12  13  14  15

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2020
The expert, dedicated professionals from Medicine, Nursing, Social Work, Creative Arts Therapy, Credentialed Alcohol and Substance Abuse Counselors, and Dieticians bring a team approach to patient care. Behavioral Health Services provide treatment for substance use and/or mental health disorders from a medical and psycho-therapeutic approach, specializing in treatment for co-occurring disorders.

Together, SBELIH and Stony Brook University Hospital already provide the region’s leading Behavioral Health programs on Long Island. Stony Brook Medicine now provides a psychiatric residency program at SBELIH, and a planned telehealth program will provide Shelter Island residents with direct access to Stony Brook Medicine specialists.

Through individual and group therapy, education, medication management, and comprehensive discharge planning, SBELIH provides a nurturing environment allowing patients to stabilize, develop insights and transition back into the community.

Inpatient Psychiatry
Greenport | 631-477-5265 / 477-477-5268

Inpatient Quannacut Addiction Intake/Rehab/Detox
Quannacut Intake | 631.477.8877
– Intake assessments completed Monday-Friday, 7am-7pm
Quannacut Rehabilitation | 631-477-5225
Quannacut Detoxification | 631-477-5234
– Detoxification assessments available 24 hours per day, 7 days per week through the Emergency Department

Stony Brook Medicine Quannacut Outpatient Services | 631.369.8966
– Located at 905 E Main Street, Riverhead, NY 11901
– Intake assessments by appointment, Monday-Friday
– Walk-in intake assessments Mondays and Fridays, 9am-12pm
– Sober Housing: 18 male beds
– Primary Care Medical Services available on-site

Jarid Pachter, DO
Vice Chair of ELI Leadership Coordinating Council; SBUH Medical Board & MEC Member at Large; Medical Director of Quannacut Outpatient
Southold | 631-734-8742

Lloyd Simon, MD
Diplomate, American Board of Internal Medicine
Diplomate, American Society of Addiction Medicine
Riverhead | 631-284-2565

Douglas Hoverkamp, MD
Service Chief, Psychiatry at SBELIH
Diplomate, American Board of Psychiatry
Greenport | 631-477-6890

Daniel Klages, MD
Diplomate, American Board of Psychiatry
Riverhead | 631-284-2565
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2020

ELIH Foundation
Scholes Hall Renovation

2020
SBELIH's 3D Mammography Digital Breast Tomosynthesis system is clinically proven to detect substantially more invasive cancers compared to 2D mammography, and to detect cancer earlier.

- State-of-the-art cancer detection
- Reduces callbacks for additional imaging
- Better for both dense and non-dense breasts
- Reduces number of false positives
- Fewer follow-up tests and biopsies
- Minimal radiation to patient
- “Soft Touch” recyclable foam pad for a more comfortable exam

The American Cancer Society recommends routine mammography exams for women ages 45 to 54 every year. If you have a family history of breast cancer, talk to your physician about when to begin mammography screening.

Mammography Appointments
Greenport | 631-477-5121
Anthony E. Mitarotondo Jr., MD, ABAR
Chair of ELI Leadership Coordinating Council
Diplomate, American Board of Radiology

Breast Surgery
Edna Kapenhas, MD
Diplomate, American Board of Surgery
Southampton | 631-726-8400
Mattituck | 631-298-4655

I believe that it is imperative to have a yearly mammogram. In September 2017, I was diagnosed with breast cancer by ELIH’s 3D Mammography/Tomosynthesis system. Wonderful staff delivered the diagnosis with kindness and caring. I went to the Ellen Hermanson Breast Center at Stony Brook Southampton Hospital to see Dr. Edna Kapenhas, as per a friend’s suggestion and I had surgery to remove two tumors.

I have a passion for gardening and it was one of the things that kept me going after surgery. I am a breast cancer survivor since September 2017. Had I not gone for my annual mammogram, I would not have known about the tumors. This is why it is imperative for every woman to be tested every year and perform a self-exam on a regular basis. Be your own best friend.

-Elizabeth A. Allen, Greenport
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Columbus Day
Halloween
Family medicine healthcare providers are specifically trained to diagnose and treat a wide array of acute and chronic illnesses. Patients are seen for anything from illness, to injury, to wellness visits.

Physicians and nurse practitioners work with you through all stages of life to evaluate your family history and make recommendations for preventive care. Whether you need care for an acute illness or routine medical care, they can provide regular health screenings, and make referrals for diagnostic testing and subspecialty care as indicated.

Jarid Pachter, DO
Vice Chair of ELI Leadership Coordinating Council; SBUH Medical Board & MEC Member at Large; Medical Director of Quannacut Outpatient
Southold | 631-734-8742

Allison S. Skrebec, MSN/Ed, FNP
Certified Family Nurse Practitioner
Southold | 631-734-8742

Bellamy Brook, DO
Diplomate, American Osteopathic Association, Family Medicine
Riverhead | 631-284-3793

Chris Kielbasa, DO
Diplomate, American Osteopathic Association, Family Medicine
Greenport | 631-477-0070

We’ve both been patients of Dr. Pachter for many years, since he first started practicing in Southold. He’s very personable; he and his staff always make us feel at ease in the office. We’re grateful to have such a great physician right here on the North Fork.

- Peggy Lee and Donald Dzenkowski, East Marion
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Dr. Hughes has an old-school bedside manner that I just don’t see in most other physicians today. Dr. Hughes was very straightforward. She quickly identified my problem and took care of it right in the office. She wasn’t hesitant at all; her confidence really put me at ease.

-Charles Bumble, Southold
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