

Transforming Healthcare on the North Fork & Shelter Island



REPORT TO THE COMMUNITY





Thomas E. Murray, Jr.
Chairman, ELIH Association
Chairman, Joint Advisory Committee



Paul J. Connor III
Chief Administrative Officer, SBELIH



Anthony E. Mitarotondo, Jr., MD
Chair, ELI Leadership
Coordinating Council

MESSAGE TO OUR COMMUNITY

This year was a historic one for our 90-bed hospital in Greenport. Now that “ELIH” has officially become “SBELIH,” our patients have access to the most advanced healthcare, now on the North Fork.

SBELIH has partnered with Stony Brook University Hospital (SBUH) and Stony Brook Southampton Hospital (SBSH) to further improve healthcare access and quality for East End residents. As part of the Stony Brook Medicine healthcare system, the three hospitals match patients with the right type of care at the right facility and work together to address healthcare gaps for East End residents, including neurology, gynecology, pulmonology, hematology/oncology and orthopedic services.

Joining Stony Brook Medicine brings together academic and community medicine to meet our current and evolving healthcare needs. That’s why SBELIH has made significant investments in:

- **Mastery in General Surgery Fellowship Program** – Access to world-class surgery continues and is expanding. SBELIH, in collaboration with Stony Brook Medicine, is enhancing your local Surgical Center of Excellence with this program. After eight months of general surgery experience at Stony Brook Medicine, fellows gain four months of community-based hospital experience at the SBELIH campus. In addition, Melany Hughes, MD, MPH, General Surgeon, has joined our SBELIH full-time staff.
- **Telemedicine** – SBELIH has officially launched Teleneurology, the first module in its Telemedicine program, providing seamless direct access to Stony Brook Medicine neurologists through Telemedicine technology. Whether an SBELIH patient is in the Emergency Department or admitted to the Medical floor, our attending physician can arrange a specialist consultation immediately and in real time.
- **Psychiatry Residency Program** – Stony Brook Eastern Long Island Hospital, in collaboration with Stony Brook Medicine, is now home to a psychiatric residency program. Together, SBELIH and Stony Brook University Hospital provide the leading behavioral health programs for Long Island. SBELIH is a clinical campus and training site, increasing the number of physicians, specialists, allied health professionals and nurses on the East End of Long Island.
- **Hospitalists** – At SBELIH, inpatients are under the care of world-renowned Board Certified hospitalists — — physicians who specialize in inpatient medicine and taking care of hospitalized patients in place of a primary care provider.

There is no doubt that joining SBM has resulted in a number of significant changes for our staff and patients. However, some things will remain the same as we continue our historic 114-year mission serving the communities of the North Fork and Shelter Island now as SBELIH. Our ongoing initiatives to improve the health and wellness of our local community, such as regular skin cancer screenings and educational programming, will remain consistent. SBELIH is one of two hospitals on Long Island providing skin cancer screenings to all inpatients through the Mollie Biggane Melanoma Foundation.

Additionally, our hospital’s main source of support has been and always will be the community. This has not and will not change moving forward as SBELIH. All monies raised by the ELIH Foundation’s fundraising efforts will stay here in Greenport to benefit your community hospital, as they have since 1905.

MESSAGE FROM THE AUXILIARY



Helene V. Fall
President,
ELIH Auxiliary

Although ELIH has become SBELIH, we remain the ELIH Auxiliary. Over the past several years, we Auxilians have raised on average \$400,000+ per year. This money is donated to the ELIH Foundation, which in turn, supports your community hospital in Greenport. All funds raised here stay here, as they have since our Auxiliary was formed in 1904, one year prior to our hospital doors opening in 1905.

We are a remarkable group of women and men who continue to outdo ourselves year after year, and, 2018 was no exception. In 2018, our volunteers donated over 20,000 combined hours, and our service touched nearly all areas and departments of the hospital, from the lobby Corner Shop to the Pharmacy and, of course our wonderful Opportunity Shop!

How do you quantify this kind of dedication and service? The numbers are hard evidence of our commitment to our hospital. I am proud to be a member of such an outstanding group of people. The work you do is truly priceless. Thank you for your unwavering support.

Auxiliary Annual Report for 2018

Branches	Members	Hours	Funds Raised
East End/Shelter Island	87	1,198	\$7,000.00
Southold West	71	2,569	\$13,200.00
TWIGS	30	300	\$9,690.00
Jr. Volunteers	5	151	-
Divisions			
Corner Shop	14	1,542	\$11,000.00
Volunteer Services	47	4,607	\$2,000.00
Opportunity Shop	54	9,849	\$258,000.00
Dream Green	10	330	\$123,000.00
Car Raffle	2	90	\$31,000.00
Other	-	-	\$10,110.00
TOTALS	188	20,636	\$465,000.00

MESSAGE FROM THE FOUNDATION

Joining Stony Brook Medicine brought together academic and community medicine to meet our current and evolving healthcare needs on the North Fork and Shelter Island. One of the key benefits of this partnership is the shared belief that the provision of healthcare should stay local. The ELIH Foundation will continue to be governed by our local Board of Trustees, and all funds raised by the Foundation and Auxiliary will remain local. A separate, not-for-profit corporation, the ELIH Foundation continues to forge onward as the fundraising and communications arm of SBELIH. **All of our fundraising efforts are independent of Stony Brook Medicine, and all funds raised by these efforts will stay here in Greenport to benefit your community hospital.**



Z. Micah Kaplan, MD
Chairman,
ELIH Foundation



Paul J. Romanelli,
Vice Chairman



James F. Preston,
Vice Chairman/Treasurer

While 2018 brought many changes for our hospital, the support of our donors remained constant. A magnanimous donation of over \$600,000 from a long-time friend of the hospital was just one example of this support last year. At the 2018 Annual Summer Gala, pledge bidding brought us \$127,000 closer to achieving our \$3M *Operation Renew* goal to renovate our Surgical Center of Excellence, not to mention a generous pledge of \$250,000 from one donor alone. We are approximately \$500,000 away from achieving our \$3M *Operation Renew* goal to renovate our Surgical Center of Excellence.

Donor generosity also allowed the Foundation to acquire a vital Bilevel Positive Airway Pressure (BiPAP) machine in 2018, as well as a new generator. Greenport and Southold IGA donated over \$10,000 to SBELIH last year, all from the proceeds of their state-mandated \$.05 plastic bag fee; another example of our community's commitment to SBELIH.

In 2018, the Foundation was proud to receive a second grant from the non-profit organization Pink Aid to fund our "Pink Aid Breast Fit Program," which provides free mammograms for underserved women on the North Fork and Shelter Island. This program is just one way that the Foundation aims to serve the community that has sustained our mission for so many years.

The support of our community is just as vital to our success now as it was when the Wood sisters donated their Victorian mansion to house Suffolk County's first voluntary hospital. Although Stony Brook Medicine will be our champion in prevailing against dwindling reimbursement rates and bringing more diversified specialists to the North Fork, you are our everyday champions in achieving the Foundation's mission of supporting "Today's Care," while raising the funds to foster "Tomorrow's Technology."

Looking ahead, the Foundation will continue to thrive, thanks to your unwavering support. Thank you for your continued philanthropy.

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Smithtown, 631-265-1855

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DAAPM, FIPP, DABIPP
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Massimiliano Spaliviero, MD
Greenport, 631-477-5386

COMBINING THE BEST IN ACADEMIC AND COMMUNITY MEDICINE

Eastern Long Island Hospital joins the Stony Brook Medicine healthcare system

Improving Access to Advanced Medical Care

Stony Brook Eastern Long Island Hospital (SBELIH) joins Stony Brook Medicine to improve access to advanced medical care for residents of the North Fork of Long Island and Shelter Island. Together, we combine the best in academic and community medicine, and will help improve access to specialized medical care for the East End.



Telehealth Program

A planned telehealth program will provide North Fork and Shelter Island residents with **direct access** to Stony Brook Medicine specialists.



North Fork "Fly Cars"

To improve access to emergency care, Stony Brook Emergency Medical Services provides two "fly cars" on the North Fork with paramedic staffing, for the **highest possible level** of pre-hospital emergency care.



Clinical Training Site

SBELIH serves as a clinical campus and training site for Stony Brook Medicine, which will help **increase** the number of physicians, specialists, allied health professionals and nurses on the East End of Long Island.



Together, SBELIH and Stony Brook University Hospital already provide the region's **leading behavioral health programs** for Long Island. And Stony Brook Medicine provides a psychiatric residency program at SBELIH.

Caring for Our Community

As part of Stony Brook Medicine, Stony Brook Eastern Long Island Hospital will combine compassionate, personalized care with the advanced medical expertise of Long Island's premier academic medical center.



Since 1905

SBELIH is Suffolk County's oldest voluntary hospital, serving the North Fork and Shelter Island since 1905.



**90-bed
community
hospital**



**22,000
permanent
residents**

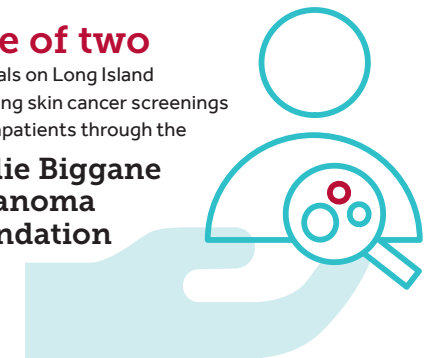
**45,000
summer
residents**

SBELIH provides behavioral health programs, medical-surgical services, critical care, and drug and alcohol detoxification and rehabilitation services to 22,000 permanent residents and 45,000 summer residents.

One of two

hospitals on Long Island providing skin cancer screenings to all inpatients through the

**Mollie Biggane
Melanoma
Foundation**



DONOR HONOR ROLL

\$600,000+

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Anonymous

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7-Eleven Store Southold
7-Eleven Store Mattituck
Alice's Fish Market
American Beech Restaurant & Inn
Andy's Restaurant
Avelino Pizza Truck
Baiting Hollow Golf Course
Bay Street Theater
Bedell Cellars
BJ's Wholesale Club
The Blue Inn at North Fork
Blue Sage Day Spa
BNB Bank
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Foundation, Inc.
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STONY BROOK EASTERN LONG ISLAND HOSPITAL



(L-R) Thomas E. Murray, Jr., *Chairman, ELIH Association, Chairman, Joint Advisory Committee*; Paul J. Connor III, *Chief Administrative Officer, SBELIH*; Anthony E. Mitarotondo, Jr., MD, *Chair, ELI Leadership Coordinating Council*

About Stony Brook Eastern Long Island Hospital:

With 90 beds, Stony Brook Eastern Long Island Hospital (SBELIH) is a full-service, community hospital committed to delivering excellence in patient care and meeting all the health needs of the North Fork and Shelter Island. A campus of Stony Brook University Hospital, SBELIH provides regional behavioral health programs serving the greater Suffolk County area. Centers of excellence include Medical-Surgical, Advanced Ambulatory Care, Behavioral Health, Emergency, Geriatric, Diagnostic Services, Physical Therapy and Gastrointestinal Services.

SBELIH Mission:

Stony Brook Eastern Long Island Hospital delivers world-class, compassionate care to our patients, advances our understanding of the origins of human health and disease, and educates the healthcare professionals and biomedical investigators of the future, so they can bring the fruits of scientific discovery to our patients.

SBELIH Vision:

The vision of Stony Brook Eastern Long Island Hospital is to meet the evolving healthcare needs of its Eastern Long Island communities by providing access to a broad range of high quality clinical services. To achieve this, the hospital will focus resources on continuously improving clinical outcomes, patient safety, service excellence, and promoting educational outreach and professional development of its staff.

SBELIH Values:

Integrity – We are honest and ethical in all our interactions.

Compassion – We provide empathic care with attentive listening and affirmation.

Accountability – We hold ourselves accountable to our community, to our organization and to each other for our performance and behaviors.

Respect – We foster an environment of mutual respect and trust, embracing diversity in people and thinking.

Excellence – We set the highest standards for safety, clinical outcomes and service.

Transforming Healthcare on the North Fork & Shelter Island



2020 CALENDAR



EMERGENCY CARE

Whether you need urgent emergency care or lifesaving medicine, the emergency team at SBELIH is here for you. For most patients, our ER has one of the shortest wait times in Suffolk County.

Specialty-trained staff are available 365 days of the year to treat a full spectrum of patient experiences — from minor cuts to traumatic injuries, and illnesses from the common cold to heart and stroke incidents. Every person who comes to the Emergency Department is given appropriate treatment regardless of their ability to pay.

Our credentialed team of physicians, nurses, and staff exceed New York State standards and are committed to treating your emergency. All ER nursing staff is Trauma Nursing Core Course (TNCC) certified.

- 24 hours a day, 7 days a week
- Accessible by land, sea, and air
- Heliport and emergency dock
- Expert patient-focused care
- ALL Residency trained, Board Certified Emergency Medicine physicians
- Advanced cardiac life support certified nurses
- Credentialed team, exceeding New York State standards
- Arctic Sun Temperature Management System

Lawrence R. Schiff, MD, FACEP, FAAEM

Service Chief, Emergency Department at SBELIH

Diplomate, American Board of Emergency Medicine

Diplomate, American Board of Internal Medicine

Fellow American College Emergency Physicians

Fellow American Association of Emergency Medicine

Regional Medical Director, North Fork EMS

Chest pain? Don't wait, call 9-1-1

Let the expert emergency team at SBELIH evaluate you rather than risk losing valuable treatment time. Stony Brook Medicine is improving emergency care on the North Fork, with two first responder “fly cars” staffed by paramedics, for the highest possible level of pre-hospital emergency care.

Local EMS/Fire Departments

- Greenport
- East Marion
- Cutchogue
- Mattituck
- Orient
- Plum Island
- Shelter Island
- Southold

DENISE EDWARDS



Photo Credit: Rande Daddona

On April 3, I felt an excruciating pain in my chest while at work. A co-worker suspected I might be having a heart attack and called 9-1-1. EMS brought me straight to the SBELIH ER, where Dr. Alethea Garber determined I wasn't having a heart attack, but my heart muscle was tearing. I was stabilized and transferred to Stony Brook University Hospital where SBELIH's Dr. Lawrence Schiff met me in the ER with a cardiac surgical team standing by, prepared for my subsequent eight hour surgery. The staff of SBELIH treats people like family, and thanks in part to their quick action, I am alive today and truly grateful.

-Denise Edwards, Greenport

JANUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 New Year's Day	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20 Martin Luther King, Jr. Day	21	22	23	24	25
26	27	28	29	30	31	

CARDIOLOGY

Pacemaker insertions are performed at SBELIH by a cardiologist with the assistance of the Ambulatory Surgery team. Reasons for these procedures may include:

- Bradycardia – occurs when the heart beats too slowly
- Heart Block – occurs when the electrical signal is delayed after leaving the SA node; there are several types of heart blocks, and each one has a distinctive ECG tracing.

Cardiologists treat individuals with heart disease and counsel patients about the risks and prevention of heart disease. They provide treatment for heart attacks, heart failure, and serious heart rhythm disturbances.

Riverhead | 631-727-2100

Greenport | 631-477-2701

Thomas A. Falco, MD, FACC
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John M. Crean, MD, FACC
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Michael Sorrentino, MD

Diplomates, American Board of Internal Medicine/Cardiovascular Disease

CLIFFORD UTZ



Photo Credit: Randee Daddona

SBELIH and I have been through a lot together. From a bout of tick-borne disease to the slight stroke I had two years ago, SBELIH took care of me. More recently, I experienced some heart trouble that landed me in SBELIH's ER. They sent me right up to Stony Brook University Hospital where I received a pacemaker and a new heart valve. I feel I'm truly a living example of modern medicine, and I am so grateful for my health.

-Clifford Utz, Southold

FEBRUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12 Lincoln's Birthday	13	14 Valentine's Day	15
16	17 Presidents' Day Washington's Birthday	18	19	20	21	22
23	24	25	26 Ash Wednesday	27	28	29

GENERAL SURGERY

The 32-bed Medical-Surgical Unit and 5-bed Intensive Care Unit provide streamlined patient care in a beautifully designed contemporary environment. The team of healthcare professionals includes certified operating room nurses, certified registered nurse anesthetists, certified operating room technicians, and board certified specialists in anesthesiology, gastroenterology, general surgery, neurosurgery, ophthalmology, orthopedics, plastic and reconstructive surgery, and urology.

An award-winning professional nursing staff closely monitors patients every step of the way, from admission to discharge. SBELIH nurses and physicians take great pride in delivering an extra measure of “care” to our patients.

Some of the most common surgical procedures performed at SBELIH include minimally invasive procedures, appendectomy, gallbladder procedures, hernia, colon resection, other gastrointestinal procedures, wound care, venous ulcers, complex wounds, and wound VAC.

General Surgery

With state-of-the-art laparoscopic instrumentation, minimally invasive surgery can be performed with maximum results. Enhanced ancillary services including pathology, histology, cytology, microbiology and pre-surgical diagnostics support positive outcomes. In 2018, ELIH was the first hospital on Long Island to acquire and operate with the Olympus 4K Ultra High Definition Surgical Camera System, a state-of-the-art piece of surgical equipment.

Stony Brook Medicine

Melany C. Hughes, MD, MPH
Greenport | 631-477-5386

Stony Brook Medicine Meeting House Lane Medical Practice

George D. Keckeisen, MD
Sang I. Pak, MD
Sampath Subramaniam, MD
Greenport | 631-477-5386

Advanced Ambulatory Surgical Services | 631.477.5350

At Stony Brook Eastern Long Island Hospital

Due to less invasive procedures and quicker healing times, 85% of today's surgeries are performed in the Advanced Ambulatory Care Center. Ambulatory surgery patients are educated prior to their scheduled surgery to ensure that they fully understand the procedure, making sure both patient and family have all their questions answered to their satisfaction.

FRANCES REICHERT



I'm a volunteer here at SBELIH. Last year, I had to undergo emergency bowel resection surgery. Thanks to Dr. Subramaniam, I'm still volunteering at the hospital. I visit my husband at San Simeon every day, often with our children who love to come out here. I enjoy reading, painting, and hanging out with my dog. I am fortunate to be here so I can keep doing the things I love.

-Frances Reichert, Southold

MARCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8 Daylight Saving Time Begins	9	10	11	12	13	14
15	16	17 St. Patrick's Day	18	19 Spring Equinox	20	21
22	23	24	25	26	27	28
29	30	31				

GERIATRIC CARE

At Stony Brook Eastern Long Island Hospital, we offer comprehensive geriatric medical services aimed at improving the quality of life for seniors in a hands on, caring environment both in the hospital, the home and community-wide.

SBELIH remains committed to attentively, expertly, and compassionately guiding older area residents in their pursuit of health and wellness. Cooperative efforts of multiple local agencies make these services possible. SBELIH works closely with Southold Town Senior Services and other local programs that serve seniors, and is committed to strengthening our community by improving quality of life for older adults.

Jay P. Slotkin, MD, MPH, AGSF, CMD, FACP
Diplomate, American Board of Internal Medicine
Southold | 631-765-1414

HERMAN LINDEMAN



Photo Credit: Rande Daddona

Dr. Slotkin has been my physician for over thirty years. When I first met him in the 90s, I appreciated how knowledgeable, thorough, and medically intelligent he was. Over the years, we've become familiar and I've grown to know and appreciate his sense of humor and overall caring nature. He knows my medical history, my problems, and even my taste in music now that we've developed such a long-standing rapport. After my wife Irene suffered a stroke last November, Dr. Slotkin took over her case during rehabilitation. Although Irene isn't a "doctor person," per se, she's never minded seeing Dr. Slotkin. While the world of modern medicine is ever-evolving, Dr. Slotkin has been a comforting constant.

-Herman Lindeman, Orient

APRIL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
Palm Sunday			Passover Begins at Sundown		Good Friday	
12	13	14	15	16	17	18
Easter Sunday						
19	20	21	22	23	24	25
			Earth Day			
26	27	28	29	30		

PHYSICAL THERAPY & FITNESS

Get physical! Maintain optimum health and wellness by staying active at every stage of your life. The benefits of regular exercise are many – increased stamina, flexibility, muscle strength, injury and fall prevention.

Stony Brook Medicine Physical Therapy & Fitness at the Gladys Brooks Center in Southold offers outpatient physical therapy, personal fitness training, and athletic injury screening. State-of-the-art equipment is extremely popular with community members of every age – from students to senior citizens. SBELIH Physical Therapy & Fitness is a SilverSneakers participating location. Eligible Medicare members can join the gym as a benefit of their healthcare plan.

- Gym memberships at reasonable rates
- Silver Sneakers participating provider
- Friendly, qualified, experienced staff
- One-on-one assistance
- Certified athletic trainer
- Treadmills, steppers, elliptical machines
- Stationary/recumbent bikes
- Upper body cycle
- Free weight room
- Biodex and Nautilus weight equipment
- Satellite TV

Hospital-Based Physical Therapy

- Offers a continuum of care from inpatient to outpatient
- Pain management and rehabilitation
- Post-surgical rehabilitation
- Balance and fall prevention
- Orthopedic and neurological rehabilitation

Stony Brook Medicine Physical Therapy & Fitness at the Gladys Brooks Center

46520 North Road
Southold | (631) 765-9389

Convenient Hours
Monday-Friday, 6:30am-8pm
Saturday, 8am-2pm

Stony Brook Eastern Long Island Hospital Physical Therapy
201 Manor Place

Greenport | (631) 477-5157

PATRICIA MENTEN



Photo Credit: Rande Daddona

In 2015 I had back surgery that didn't work out very well; I was always in constant pain and unable to do the things I always was able to do. A neighbor suggested I go to SBELIH Physical Therapy and Fitness in Southold. I called my doctor, got a prescription and I was able to hook up with a physical therapist named Hildy right away. She is professional, knowledgeable, and a terrific PT. Hildy has helped me with my strength, balance, range of motion, and coordination. She has reduced my pain, promoted my ability to move and I'm back to playing golf!

-Patricia Menten, Greenport

MAY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6 National Nurses Day	7	8	9
10 Mother's Day	11	12	13	14	15	16
17	18	19	20	21	22	23
24 31	25 Memorial Day	26	27	28	29	30

OPHTHALMOLOGY

A cataract is an opacity that develops in the lens of the eye and limits vision. Cataracts can become more common in people approaching their 60s and 70s. The condition tends to develop slowly, so vision worsens gradually.

Femtosecond laser-assisted cataract surgery is the latest technology available for precise cataract removal and greater visual outcomes. The computer-guided laser aids the surgeon in several critical steps based on a real-time image of the eye captured immediately prior to the procedure.

Signs and Symptoms of a Cataract

- Cloudy or blurry vision
- Poor night vision
- Difficulty reading
- Problems with light
- Faded colors

Lawrence Buono, MD
Diplomate, American Board of Ophthalmology
Riverhead | 631-727-0880
Southold | 631-765-5051

Christine Buono, MD
Diplomate, American Board of Ophthalmology
Riverhead | 631-727-0880
Southold | 631-765-5051

Louis Pizzarello, MD
Diplomate, American Board of Ophthalmology
Southampton | 631-283-5152
Riverhead | 631-727-6555

Scott Sheren, MD
Diplomate, American Board of Ophthalmology
Riverhead | 631-369-0777
Southold | 631-765-0088

BEVERLY KENDALL



Photo Credit: Randee Daddona

I feel so fortunate to have found Dr. Buono for my cataract surgery. He put me at ease from the start. He and the hospital team explained each step of the procedure so there were no surprises. Everyone had a sense of humor and kept the atmosphere light. Plus I now have 20/20 vision and can paint to my heart's content.

-Beverly Kendall, Southold

JUNE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8 ELIHF Annual Golf Classic	9	10	11	12	13 ELIHF Annual Waiver Race
14	15	16	17	18	19	20 Summer Solstice
21 Father's Day	22	23	24	25	26	27
28	29	30				

ORTHOPEDIC SERVICES

Orthopedics is the branch of surgery concerned with acute, chronic, traumatic, overuse injuries and other disorders of the musculoskeletal system.

Sports medicine is a special branch of orthopedics designed to provide complete medical care to active people of all ages.

Whether you are an active athlete or someone experiencing chronic joint pain, our orthopedic specialists are here to help. Education, strengthening exercises, reduction of stress on joints, anti-inflammatory medications, and surgery are all tools available to help improve your physical condition.

North Fork Orthopaedic and Sports Medicine
A Location of Stony Brook Orthopaedic Associates

Mattituck | (631) 298-4579

Fred M. Carter II, MD
Diplomate, American Board of Orthopedic Surgery

John J. Rongo, R-PAC
Certified, American Academy of Physician Assistants

Mark G. Creighton, MD
Diplomate, American Board of Orthopedic Surgery
Hampton Bays | 631-723-0223

John Labiak, MD
Diplomate, American Board of Orthopedic Surgery
Smithtown | 631-265-1855

Ira Chernoff, MD
Diplomate, American Board of Orthopedic Surgery
Stony Brook | 631-246-6100

East End Hand Surgery
Riverhead | 631-473-4263
Teresa Habacker, MD
Diplomate, American Board of Orthopedic Surgery

JEAN KRUSZESKI



Photo Credit: Randee Daddona

In the summer of 2018, I fractured my wrist and arm. It looked so bad; I didn't think I'd ever have full use of it again! Dr. Carter operated on me and now it looks great. I have full use of my wrist and my arm. I told him he performed a miracle. If anyone ever needs an orthopedic surgeon, I highly recommend Dr. Carter.

-Jean Kruszeski, Greenport

JULY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3 Independence Day Observed	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

INTERNAL MEDICINE

Well-Patient Care

- Annual physical exams
- Preventive healthcare

Chronic Diseases

- Hypertension
- Diabetes
- High cholesterol
- Musculoskeletal disorders
- Neurological disorders
- Gastrointestinal problems
- Thyroid problems
- Acute diseases
- Heart disease
- Asthma and lung disease
- High blood pressure
- Glucose Monitoring

Special Programs & Services

- Weight management
- Consultations with specialists
- Preoperative evaluations
- Travel evaluation
- Blood pressure checks
- Health geriatric care
- Pulse Oximetry
- Accu-checks

Lloyd Simon, MD

Diplomate, American Board of Internal Medicine
Diplomate, American Society of Addiction Medicine
Southold | 631-765-4150

Sally C. Monahan, RN, MSN, CNP-C, FNP-C

Certified Family Nurse Practitioner
Southold | 631-765-4150

Jay P. Slotkin, MD, MPH, AGSF, CMD, FACP

Diplomate, American Board of Internal Medicine
Southold | 631-765-1414

JACQUELINE WHITE



Photo Credit: Rande Daddona

I have been a patient of Dr. Simon for many years and have found him to be one of the most dedicated, kind, and thoughtful doctors I have ever encountered. He has a gift for making me feel comfortable, and spends as much time with me as I need. This year, I suffered two heartbreaking losses: my husband and my only niece. Dr. Simon, his wife Phyllis, Sally Monahan and his support staff could not have been more sensitive and caring. I'm so grateful to them for helping me to get through my grief. For me, it is an honor to let Dr. Simon know how much he means to me, and to share my deep respect for him with all who read this.

-Jacqueline White, Southold

AUGUST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8 ELIHF Annual Summer Gala
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23 30	24 31	25	26	27	28	29

BEHAVIORAL HEALTH

The expert, dedicated professionals from Medicine, Nursing, Social Work, Creative Arts Therapy, Credentialed Alcohol and Substance Abuse Counselors, and Dieticians bring a team approach to patient care. Behavioral Health Services provide treatment for substance use and/or mental health disorders from a medical and psycho-therapeutic approach, specializing in treatment for co-occurring disorders.

Together, SBELIH and Stony Brook University Hospital already provide the region's leading Behavioral Health programs on Long Island. Stony Brook Medicine now provides a psychiatric residency program at SBELIH, and a planned telehealth program will provide Shelter Island residents with direct access to Stony Brook Medicine specialists.

Through individual and group therapy, education, medication management, and comprehensive discharge planning, SBELIH provides a nurturing environment allowing patients to stabilize, develop insights and transition back into the community.

Inpatient Psychiatry
Greenport | 631-477-5265 / 477-477-5268

Inpatient Quannacut Addiction Intake/Rehab/Detox
Quannacut Intake | 631.477.8877
– Intake assessments completed Monday-Friday, 7am-7pm
Quannacut Rehabilitation | 631-477-5325
Quannacut Detoxification | 631-477-5234
– Detoxification assessments available 24 hours per day, 7 days per week through the Emergency Department

Stony Brook Medicine Quannacut Outpatient Services | 631.369.8966
– Located at 905 E Main Street, Riverhead, NY 11901
– Intake assessments by appointment, Monday-Friday
– Walk-in intake assessments Mondays and Fridays, 9am-12pm
– Sober Housing: 18 male beds
– Primary Care Medical Services available on-site

STAFF



Jarid Pachter, DO
*Vice Chair of ELI Leadership Coordinating Council;
SBUH Medical Board & MEC Member at Large;
Medical Director of Quannacut Outpatient*
Southold | 631-734-8742

Lloyd Simon, MD
*Diplomate, American Board of Internal Medicine
Diplomate, American Society of Addiction Medicine*
Southold | 631-765-4150

Douglas Hoverkamp, MD
*Service Chief, Psychiatry at SBELIH
Diplomate, American Board of Psychiatry*
Greenport | 631-477-6890

Daniel Klages, MD
Diplomate, American Board of Psychiatry
Riverhead | 631-284-2565

Photo Credit: Rande Daddona

SEPTEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7 Labor Day	8	9	10	11 Patriot Day	12
13 ELIHF 4th Annual Annual 5K Walk/Run	14	15	16	17	18 Rosh Hashanah Begins at Sundown	19
20 ELIH Auxiliary Dream Green Drawing	21	22 Fall Equinox	23	24	25 ELIHF 2nd Annual Fall Striper Showdown Fishing Tournament	26 ELIHF 2nd Annual Fall Striper Showdown Fishing Tournament
27 Yom Kippur Begins at Sundown	28	29	30			

BREAST HEALTH CENTER OF EXCELLENCE

SBELIH's 3D Mammography Digital Breast Tomosynthesis system is clinically proven to detect substantially more invasive cancers compared to 2D mammography, and to detect cancer earlier.

- State-of-the-art cancer detection
- Reduces callbacks for additional imaging
- Better for both dense and non-dense breasts
- Reduces number of false positives
- Fewer follow-up tests and biopsies
- Minimal radiation to patient
- "Soft Touch" recyclable foam pad for a more comfortable exam

The American Cancer Society recommends routine mammography exams for women ages 45 to 54 every year. If you have a family history of breast cancer, talk to your physician about when to begin mammography screening.

Mammography Appointments
Greenport | 631-477-5121

Anthony E. Mitarotondo Jr., MD, ABAR
Chair of ELI Leadership Coordinating Council
Diplomate, American Board of Radiology

Breast Surgery

Edna Kapenhas, MD
Diplomate, American Board of Surgery
Southampton | 631-726-8400
Mattituck | 631-298-4655

ELIZABETH A. ALLEN



Photo Credit: Rande Daddona

I believe that it is imperative to have a yearly mammogram. In September 2017, I was diagnosed with breast cancer by ELIH's 3D Mammography/Tomosynthesis system. Wonderful staff delivered the diagnosis with kindness and caring. I went to the Ellen Hermanson Breast Center at Stony Brook Southampton Hospital to see Dr. Edna Kapenhas, as per a friend's suggestion and I had surgery to remove two tumors.

I have a passion for gardening and it was one of the things that kept me going after surgery. I am a breast cancer survivor since September 2017. Had I not gone for my annual mammogram, I would not have known about the tumors. This is why it is imperative for every woman to be tested every year and perform a self-exam on a regular basis. Be your own best friend.

-Elizabeth A. Allen, Greenport



OCTOBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12 Columbus Day	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31 Halloween

PRIMARY CARE FAMILY MEDICINE

Family medicine healthcare providers are specifically trained to diagnose and treat a wide array of acute and chronic illnesses. Patients are seen for anything from illness, to injury, to wellness visits.

Physicians and nurse practitioners work with you through all stages of life to evaluate your family history and make recommendations for preventive care. Whether you need care for an acute illness or routine medical care, they can provide regular health screenings, and make referrals for diagnostic testing and subspecialty care as indicated.

Jarid Pachter, DO
*Vice Chair of ELI Leadership Coordinating Council;
SBUH Medical Board & MEC Member at Large;
Medical Director of Quannacut Outpatient*
Southold | 631-734-8742

Allison S. Skrezec, MSN/Ed, FNP
Certified Family Nurse Practitioner
Southold | 631-734-8742

Bellamy Brook, DO
Diplomate, American Osteopathic Association, Family Medicine
Riverhead | 631-284-3793

Chris Kielbasa, DO
Diplomate, American Osteopathic Association, Family Medicine
Greenport | 631-477-0070

PEGGY LEE & DONALD DZENKOWSKI



We've both been patients of Dr. Pachter for many years, since he first started practicing in Southold. He's very personable; he and his staff always make us feel at ease in the office. We're grateful to have such a great physician right here on the North Fork.

- Peggy Lee and Donald Dzenkowski, East Marion

NOVEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Daylight Saving Time Ends	2	3 Election Day	4	5	6	7
8	9	10	11 Veterans Day	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26 Thanksgiving Day	27	28
29	30					

GENERAL SURGERY

The 32-bed Medical-Surgical Unit and 5-bed Intensive Care Unit provide streamlined patient care in a beautifully designed contemporary environment. The team of healthcare professionals includes certified operating room nurses, certified registered nurse anesthetists, certified operating room technicians, and board certified specialists in anesthesiology, gastroenterology, general surgery, neurosurgery, ophthalmology, orthopedics, plastic and reconstructive surgery, and urology.

An award-winning professional nursing staff closely monitors patients every step of the way, from admission to discharge. SBELIH nurses and physicians take great pride in delivering an extra measure of “care” to our patients.

Some of the most common surgical procedures performed at SBELIH include minimally invasive procedures, appendectomy, gallbladder procedures, hernia, colon resection, other gastrointestinal procedures, wound care, venous ulcers, complex wounds, and wound VAC.

General Surgery

With state-of-the-art laparoscopic instrumentation, minimally invasive surgery can be performed with maximum results. Enhanced ancillary services including pathology, histology, cytology, microbiology and pre-surgical diagnostics support positive outcomes. In 2018, ELIH was the first hospital on Long Island to acquire and operate with the Olympus 4K Ultra High Definition Surgical Camera System, a state-of-the-art piece of surgical equipment.

Stony Brook Medicine

Melany C. Hughes, MD, MPH
Greenport | 631-477-5386

Stony Brook Medicine Meeting House Lane Medical Practice

George D. Keckeisen, MD
Sang I. Pak, MD
Sampath Subramaniam, MD
Greenport | 631-477-5386

Advanced Ambulatory Surgical Services | 631.477.5350

At Stony Brook Eastern Long Island Hospital

Due to less invasive procedures and quicker healing times, 85% of today's surgeries are performed in the Advanced Ambulatory Care Center. Ambulatory surgery patients are educated prior to their scheduled surgery to ensure that they fully understand the procedure, making sure both patient and family have all their questions answered to their satisfaction.

CHARLES BUMBLE



Photo Credit: Randee Daddona

Dr. Hughes has an old-school bedside manner that I just don't see in most other physicians today. Dr. Hughes was very straight forward. She quickly identified my problem and took care of it right in the office. She wasn't hesitant at all; her confidence really put me at ease.

-Charles Bumble, Southold

DECEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Giving Tuesday	2	3	4	5
6	7	8	9	10 Hanukkah Begins at Sundown	11	12
13	14	15	16	17	18	19
20	21 Winter Solstice	22	23	24	25 Christmas Day	26 Kwanzaa Begins
27	28	29	30	31		



201 Manor Place
Greenport, NY 11944
(631) 477-1000
elih.stonybrookmedicine.edu

Accredited by:
The Joint Commission on Accreditation
of Healthcare Organizations

Approved by:
Office of Mental Health (OMH)
Office of Alcoholism & Substance
Abuse Services (OASAS)
Social Security Administration (SSA)
The New York State Department
of Health (NYSDOH)

Member of:
American Hospital Association (AHA)
Healthcare Association of New York State (HANYS)
Nassau-Suffolk Hospital Council (NSHC)
The Greater New York Blood Bank
United Way Participating Agency

