

Stony Brook Eastern Long Island Hospital

# Working and Living on the North Fork of Long Island





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# Leadership Team

Paul J. Connor III Chief Administrative Officer

Suzie Marriott, MS, RN, PMH-BC (she/her) Chief Nursing Officer, SVP Patient Care Services

**Susan Apicello** Vice President, Administration

Lloyd Simon, MD Senior Vice President, Administration

Patricia McArdle, RN, MS, CHEP, CIC Director of Infection Prevention and Control

Janet Jackowski, LCSW-R, CASAC-MC Vice President, Behavioral Health and Social Services

**Raymond F. Eble, CPMM** Vice President, Support Service Division **Tara Kraemer, MSN, RN** Vice President, Quality and Regulatory Affairs

Daniel Mathew, MSN, RN Vice President, Nursing

**Courtney Meringer** Administrative Vice President, Medical Affairs and Medical Education

William Messner Senior Vice President, Finance

Jennifer Carey, MS, SHRM-SCP, SPHR Director, Vice President of Human Resources

Linda S. Sweeney Vice President, Foundation/External Affairs

# **About Stony Brook Eastern Long Island Hospital**

As part of Stony Brook Medicine, Stony Brook Eastern Long Island Hospital (SBELIH) combines the best in academic and community medicine, improving access to advanced medical care for residents of the North Fork and Shelter Island. With 70 beds, SBELIH is Suffolk County's first hospital, serving the North Fork since 1905. SBELIH provides care to 25,000 year-round residents and expanding to 60,000 summer residents with comprehensive healthcare solutions, including behavioral health, medical-surgical, orthopaedics and general surgery, wound care, interventional pain management and GI, advanced ambulatory care, diagnostic, and physical therapy services. The hospital is also a clinical campus and training site for Stony Brook Medicine, with its first SBELIH Psychiatry resident having graduated in 2022.

### MISSION

Stony Brook Eastern Long Island Hospital delivers world-class, compassionate care to our patients, advances our understanding of the origins of human health and disease, and educates the healthcare professionals and biomedical investigators of the future, so they can bring the fruits of scientific discovery to our patients.

### VALUES

Integrity - We are honest and ethical in all our interactions.

**Compassion –** We provide empathic care with attentive listening and affirmation.

**Accountability** – We hold ourselves accountable to our community, to our organization and to each other for our performance and behaviors.

**Respect –** We foster an environment of mutual respect and trust, embracing diversity in people and thinking.

**Excellence** – We set the highest standards for safety, clinical outcomes and service.

### SERVICES

- Medical
- Surgical
- Behavioral Health and Psychiatric
- Emergency Medicine
- Gastrointestinal Care
- Wound Care
- LGBTQ\* Services

- Orthopaedic Care
- Interventional Pain Management
- Diagnostic Services
- Physical Therapy
- Ambulatory Care
- The Center for Well-Being at Peconic Landing | Stony Brook Medicine

# RESPECT · EXCELLER RESPECT · EXC

### **UNIT CAPACITY**

- 15-Bed Medical/Surgical Unit
- 2-Bed ICU/CCU (Critical Care)
- 23-Bed Psychiatric Unit
- 20-Bed Rehabilitation Unit
- 10-Bed Detoxification Unit

# Grow your career and make a meaningful difference. Join the SBELIH team.

Located on the North Fork of Long Island, employees enjoy working in a beautiful waterfront setting. Looking for a rewarding place to work? Stony Brook Eastern Long Island Hospital's "culture of caring" sets us apart from other community hospitals. We have a commitment to caring, and we invest in our community by investing in you. On the North Fork since 1905, SBELIH is here to serve the community we call home.

# Life on the North Fork of Long Island

The North Fork is the eastern portion of the North Shore of Long Island in Suffolk County. This area is one of the last remaining vestiges of rural country living on Long Island. The region has been designated as an American Viticultural Area for its rich lands suitable for growing wine grapes. The proximity to the Long Island Sound, the Peconic Bay and the Atlantic Ocean helps moderate temperature fluctuations, making the growing season stretch late into the year.

Merlot, Chardonnay and Cabernet Franc are the three main wines produced in this region. Route 25, the main road stretching out to Orient Point, is lined with vineyards and wineries, and wine tasting is a main attraction for tourists in the area.

The North Fork is home to several pristine beaches that open to the Long Island Sound and the Peconic Bay. Orient Beach State Park, situated near the tip of the North Fork, welcomes visitors to enjoy these beautiful waters. Fishing and water sports are also major industries in this region, and boating is among the most popular recreations for local residents.

The area is also home to many local attractions and kid-friendly stops. The Long Island Aquarium and Exhibition Center is a very popular place to visit. Visitors can view aquatic life, catch a sea lion show, and if you're up to it, even swim with the sharks. The North Fork is also home to many museums teeming with information about the local area and its history. If it's a hot day and you're looking to cool off, bring the family to Splish Splash and wade in the lazy river or speed down a waterslide into a refreshing pool.

With so much to do and see on the North Fork you'll be wishing you had endless amounts of time to explore it.





# **North Fork Schools**

**Oysterponds School** Since 1966, The Oysterponds Elementary School has been serving the communities of Orient and East Marion on the North Fork of Long Island New York in providing a pre-kindergarten through sixth grade educational program for an average of 85 to 95 students each year.

**Greenport Union Free School District** is a public school district in the Town of Southold. It includes the village of Greenport, as well as the census-designated place (CDP) of Greenport West. The total enrollment for the 2007-2008 school year was 637 students. The school also educates students in grades 7-12 from nearby Oysterponds School District.

**Shelter Island School District** is a public school located on nearby Shelter Island, accessible by ferry from the North or South mainland. 204 students, grades Kindergarten through 12, attended school there during the 2018-19 school year.

**Southold Union Free School District** serves the central portion of the Town of Southold, including the majority of the census-designated place (CDP) of Southold, as well as the eastern portion of the CDP of Peconic. The total enrollment for the 2007-2008 school year was 956 students.

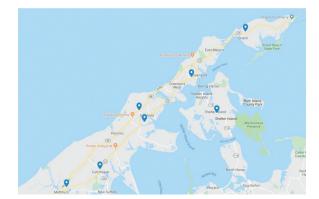
**Southold Junior Senior High School** is often referred to as Southold High School. For grades 7 through 12, this school also educates students from the small adjacent New Suffolk school district.

Southold Elementary School, Southold, NY

The Child's Garden Preschool is located in the Hamlet of Southold.

Mattituck-Cutchogue Union Free School District primarily serves the western part of the Town of Southold, as well as a small portion of the Town of Riverhead, and includes Cutchogue and Laurel, and portions of Jamesport and Peconic. The total enrollment for the 2007-2008 school year was 1,614 students.

**Mattituck Junior-Senior High School** is ranked 149th within New York. Students have the opportunity to take Advanced Placement<sup>®</sup> coursework and exams. The AP<sup>®</sup> participation rate at Mattituck Junior-Senior High School is 52%. The total minority enrollment is 16%, and 20% of students are economically disadvantaged. Mattituck Junior-Senior High School is the only high school in the Mattituck-Cutchogue Union Free School District.









# **North Fork Highlights**

### NORTH FORK VINEYARDS AND WINERIES

The North Fork is a thriving viticulture area. With rich soil and terrain suitable for growing grapes the roads leading all the way down to the very end of Long Island are abundant in wineries and vineyards. The North Fork alone has around 50 different vineyards for visitors to step in for a tasting. The wine region is also very diverse producing wines from chardonnay to merlot, Riesling to rosé.

### FARM STANDS AND FARMERS MARKETS

Once you've passed the busy commercial center of Riverhead it is almost as if you've been transported to a different, rural place, much more akin to areas of Upstate New York. Littered all along the long strip of land leading to Orient Point are miles and miles of farm stands. From fresh produce to gorgeous flowers, pick-your-own berries in summer to fun hayrides in autumn, farm stands provide lots of seasonal food and fun for visitors of the North Fork.

### NORTH FORK BEACHES

Spend some time soaking up the sun at the beautiful beaches lining the North Fork of Long Island. Dig your toes into the sand and take a dip in the Long Island Sound. Whether you want to work on your tan, spend the morning people watching, or get some exercise out in the open water, these picturesque beaches are the perfect places to do so.

### LOCAL GOLF COURSES

Spend a day hitting the links and working on your game at one of the many golf courses on the North Fork. The public courses have exciting layouts and primly landscaped greens ranging from beginner courses to professional level courses. Depending on how much time you have to spend on the green, the golf courses around the North Fork feature both 9-hole and 18-hole course layouts so you can plan and play accordingly.

### **DINING AND NIGHTLIFE**

Whether you're looking for a casual or fine dining experience, the North Fork of Long Island has a plethora of cuisine options for restaurant goers to enjoy. Each town has their very own independent restaurants, ranging in a mixture of choices. With so many dining options to choose from you'll have no problem finding one that meets your needs and matches your craving.









# **Fun for Kids**

There is plenty of fun to be had for kids along the North Fork. Kids can view underwater life at the aquarium, learn something new at a museum, eat homemade ice cream, pet and feed farm animals, and ride around town on rented bikes.

**Greenport Antique Carousel and Ice-Skating Rink,** 115 Front Street, Greenport, NY 11944 – Located in Mitchell Park, the intricate, antique carousel operates daily during the in-season and weekends during the off-season. If you can grab a brass ring during your loop, you get a free ride! The ice-skating rink is open, weather permitting.

Long Island Aquarium and Exhibition Center, 431 East Main Street, Riverhead, NY 11901 – The Long Island Aquarium allows visitors to get up-close and personal with underwater life. Exhibits include a penguin pavilion, touch tanks, a koi pond, a coliseum for the sea lion shows, and much, much more.

**Magic Fountain Homemade Ice Cream,** 9825 Main Road, Mattituck, NY 11952 – With rotating flavors and a friendly staff, Magic Fountain is a beloved spot for homemade ice cream all year long.





# Local Things to Do

Looking for something special to do as you travel this side of the Island? Don't worry, there are many places and attractions to stop at as you make your way east.

**Peconic Paddler, 89 Peconic Avenue,** Riverhead, NY 11901 – In business for over 48 years, Peconic Paddler rents out kayaks, paddle boards, and canoes. Take an adventurous trip down the Peconic River to explore your surroundings and see local wildlife.

**Railroad Museum of Long Island,** 440 4th Street, Greenport, NY 11944 – Situated in a former LIRR freight house, the museum has exhibits on both the outside and inside of the old building. The museum houses some rare historic treasures, including a pneumatic powered turntable, only one left of three in existence.

**East End Seaport Museum,** 3rd Street, Greenport, NY 11944 – Originally part of the Long Island Rail Road, the building the museum is housed in is one of the few original stations left on Long Island constructed prior to the 1900s. Exhibits include lighthouse lenses, like the Fresnel lenses, and information about the maritime heritage of the area and fishing industries.



Mattituck Cinemas, 10095 Main Road, Mattituck, NY 11952 – This theater shows classic films for all ages and is home to the Axe and Smash Throwing Lounge and Smash Paint. There's also a bar and food menu by local popular Mexican restaurant Lucharitos.

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