# Working and Living on the North Fork of Long Island



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# **Leadership Team**

## Paul J. Connor III

Chief Administrative Officer

# Suzie Marriott, MS, RN, PMH-BC

Chief Nursing Officer SVP Patient Care Services

# Susan Apicello

Vice President, Administration

# Lloyd Simon, MD

Senior Vice President, Administration

# Deborah Gerace, MSN, RN

Senior Director of Nursing Operations, Patient Care Services

# Patricia McArdle, RN, MS, CHEP, CIC

Director of Infection Prevention and Control

# Janet Jackowski, LCSW-R, CASAC-MC

Vice President, Behavioral Health and Social Services

# Raymond F. Eble, CPMM

Vice President, Support Service Division

# Tara Kraemer, MSN, RN

Vice President, Quality and Regulatory Affairs

# **Courtney Meringer**

Administrative Vice President, Medical Affairs and Medical Education

# William Messner

Senior Vice President, Finance

# Linda S. Sweeney

Vice President, Foundation/External Affairs

# Laura Russo-Merin

Assistant Director, Human Resources

# **About Stony Brook Eastern Long Island Hospital**

As part of Stony Brook Medicine, Stony Brook Eastern Long Island Hospital (SBELIH) combines the best in academic and community medicine, improving access to advanced medical care for residents of the North Fork and Shelter Island. With 70 beds, SBELIH is Suffolk County's first hospital, serving all of Suffolk County since 1905. SBELIH provides care to 25,000 yearround residents and expanding to 60,000 summer residents with comprehensive healthcare solutions, including behavioral health, medical-surgical, orthopedics and general surgery, wound care, interventional pain management, gastroenterology, advanced ambulatory care, diagnostic laboratory and radiology services, and physical therapy services. The hospital is also a clinical campus and training site for Stony Brook Medicine, with its first SBELIH Psychiatry resident having graduated in 2022.

# **UNIT CAPACITY**

- 15-Bed Medical/Surgical Unit
- 2-Bed ICU/CCU (Critical Care)
- 23-Bed Psychiatric Unit
- · 20-Bed Rehabilitation Unit
- 10-Bed Detoxification Unit



### **MISSION**

We transform lives through scientific discovery, education and healthcare.

# **VISION**

We bring together innovative research, advanced education and extraordinary healthcare expertise to set the standard for how healthy communities thrive.

# **VALUES**

Integrity – We are honest and ethical in our interactions.

**Compassion** – We are empathetic and commit to understanding how to best serve individuals.

Accountability - We take responsibility for our actions, decisions and behaviors and their impact on the global community.

**Respect** – We value equity, inclusion and diversity, treating all with dignity, courtesy and consideration.

**Excellence** – We achieve the highest standards in quality, safety and service.

# Grow your career and make a meaningful difference. Join the SBELIH team.

Located on the North Fork of Long Island, employees enjoy working in a beautiful waterfront setting. Looking for a rewarding place to work? Stony Brook Eastern Long Island Hospital's "culture of caring" sets us apart from other community hospitals. We have a commitment to caring, and we invest in our community by investing in you. On the North Fork since 1905, SBELIH is here to serve the community we call home.

# Life on the North Fork of Long Island





The North Fork, located on the eastern portion of Long Island's North Shore in Suffolk County, offers a unique blend of natural beauty, rich history and vibrant culture. This region is one of the last remaining areas of rural charm on Long Island, known for its tranquil landscapes and agricultural roots.

Designated as an American Viticultural Area, the North Fork is a haven for wine enthusiasts. Its fertile lands and proximity to the Long Island Sound, Peconic Bay and Atlantic Ocean create an ideal climate for growing wine grapes, with a growing season that extends late into the year. The area is renowned for producing Merlot, Chardonnay and Cabernet Franc. Route 25, the main road leading to Orient Point, is lined with picturesque vineyards and wineries, making wine tasting a must for visitors.

The North Fork's pristine beaches along the Long Island Sound and Peconic Bay provide perfect spots for relaxation and recreation. Orient Beach State Park, near the tip of the North Fork, is a favorite destination for enjoying the serene waters. Fishing, water sports and boating are integral to the local lifestyle, with endless opportunities for outdoor adventures.

Families will find plenty to explore, from the Long Island Aquarium and Exhibition Center—offering aquatic exhibits, sea lion shows, and even a chance to swim with sharks—to Splish Splash Water Park, a refreshing retreat on hot summer days. History buffs and curious travelers can delve into the area's past at local museums brimming with stories and artifacts.

Whether you're savoring the local wines, enjoying water-based activities, or exploring family-friendly attractions, the North Fork promises an unforgettable experience. With so much to see and do, you'll find yourself wishing for endless time to uncover all its treasures year round.

# **North Fork Schools**

**Oysterponds Elementary School** has been a cornerstone of education for the communities of Orient and East Marion on the North Fork since 1966. The school provides pre-kindergarten through sixth-grade education, serving an average of 80 students annually.

Greenport Union Free School District served 655 students in 2023-24 in the village of Greenport. The district features two schools, Greenport High School and Greenport Elementary School, both located within a historic building that first opened its doors in 1933. Known for its unwavering commitment to education and community involvement, the Greenport Union Free School District continues to nurture learning and personal growth for its students in this scenic and historic area.

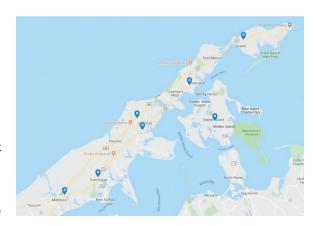
**Shelter Island School District** is a public school located on nearby Shelter Island, accessible by ferry from the North or South mainland. During the 2023-24 school year, 158 students, grades Kindergarten through 12, attended school there.

Southold Union Free School District serves the central portion of the Town of Southold, educating approximately 700 students during the 2023-24 academic year. The district encompasses students from the communities of Southold, Peconic and New Suffolk. Southold Junior/ Senior High School, commonly referred to as Southold High School, provides education for students in grades 7 through 12 and also serves students from the neighboring New Suffolk School District. Southold Elementary School caters to students from pre-kindergarten through 6, fostering a strong foundation for lifelong learning.

Mattituck-Cutchogue Union Free School District serves the scenic communities of Cutchogue, Laurel and parts of Jamesport and Peconic. Formed in the early 1970s through the merger of the Cutchogue and Mattituck school districts, the district expanded in 1997 to include the Laurel school district. Mattituck Junior-Senior High School, established in 1937, serves students in grades 7-12. Cutchogue East Elementary School, educating students from through 6th grade, is renowned for its emphasis on kindness and prioritizes character development alongside academic achievement.

**New Suffolk School District** will tuition all of its students to Southold beginning in the 2024-25 school year. New Suffolk will function as a non-instructional school district which will continue to advocate for and support the students of the community.

Day Care and Pre-School services are available across the North Fork.









# **North Fork Highlights**

The North Fork of Long Island is a vibrant destination where world-class vineyards and wineries, charming farm stands, and an array of dining and nightlife experiences await. Tour award-winning wineries and savor tastings in charming settings, or explore the region's farm stands and farmers markets for fresh, local produce and artisanal goods. Golf enthusiasts can tee off at beautifully maintained courses that offer stunning views of the countryside. When it's time to dine, choose from an impressive range of restaurants, from casual seafood shacks to fine dining establishments featuring farm-to-table cuisine. As the sun sets, enjoy live music, craft cocktails, or an evening under the stars at one of the area's lively nightlife spots. The North Fork combines relaxation, flavor and fun for an unforgettable visit.

## **NORTH FORK VINEYARDS AND WINERIES**

The North Fork of Long Island, with its fertile soil and rolling hills, is perfect for grape cultivation. Picturesque vineyards and wineries unfold as you travel eastward, offering unique tasting experiences. The region produces diverse wines, from Chardonnay and Merlot to Rosé. Since the first vineyard was established in Cutchogue in 1973, it has grown into one of the world's most exciting and promising wine regions.

# **FARM STANDS AND FARMERS MARKETS**

Leaving the bustling commercial center of Riverhead behind, you'll soon find yourself transported to a more rural landscape, reminiscent of Upstate New York. The North Fork, stretching towards Orient Point, is a veritable tapestry of farm stands. From fresh produce and vibrant flowers in summer to thrilling hayrides in autumn, the farm stands offer a bounty of seasonal delights.

### **LOCAL GOLF COURSES**

Enjoy a day of golfing on the North Fork with its variety of public courses, offering exciting layouts and meticulously manicured greens for all skill levels. Whether you're a novice or an experienced golfer, you'll find a course tailored to your abilities. With 9-hole and 18-hole options, you can easily plan your outing. The North Fork's picturesque courses provide the perfect backdrop for a serene day on the links.

### **DINING AND NIGHTLIFE**

If you're craving casual fare or fine dining, the North Fork of Long Island has a wide variety of cuisine options to satisfy any palate. Each town and hamlet features its own selection of independent restaurants, offering a range of delicious choices. With such an abundance of dining options, you'll easily find a spot that meets your needs and fulfills your cravings.

 ${\it Visit north for kpromotion alcouncil.} com {\it for more information.}$ 







# **Fun for the Family**

Looking for something special to do as you travel across the North Fork of Long Island? You're in luck—there are plenty of attractions to stop at along the way! Families with kids will find plenty of fun activities. Take a trip to the local aquarium to explore underwater life, or visit one of the many museums to learn something new. Treat your taste buds to homemade ice cream, pet and feed farm animals at a local farm, or rent bikes to explore the scenic town at your own pace. Whether you're looking for adventure, relaxation or a bit of both, the North Fork has something for everyone.

**Splish Splash Water Park:** Thrilling slides, wave pools, and toddler play areas for a day full of excitement. (2549 Splish Splash Drive, Calverton, (631) 727-3600, splishsplash.com)

**Long Island Aquarium in Riverhead:** Interactive exhibits and close encounters with marine life, featuring touch tanks and behind-the-scenes tours. (431 E Main Street, Riverhead, (631) 208-9200, longislandaquarium.com)

Magic Fountain Homemade Ice Cream: With rotating flavors and a friendly staff, Magic Fountain is a beloved spot for homemade ice cream all year long. (9825 Main Road, Mattituck, (631) 298-4908, magicfountainlongisland.com)



**East End Seaport Museum in Greenport**: Explore maritime history with exhibits on lighthouse lenses and the region's nautical past. (3rd Street, Greenport, (631) 477-2100, eastendseaport.org)

**Railroad Museum of Long Island**: Features restored train cars and interactive displays, situated in a historic LIRR freight house, including rare treasures like a pneumatic powered turntable. (440 4th Street, Greenport, (631)477-0439, rmli.org)

**Mattituck Cinemas:** Open daily and showcasing first-run films, this theater is a haven for movie enthusiasts. Recent upgrades feature plush leather recliners and a state-of-the-art audio/visual system. Guests can also savor a full menu from Lucharitos, including their famous margaritas. (10095 Main Road, Mattituck, (631) 298-7469)

North Fork Arts Center at the Sapan Greenport Theatre: Casual cinema showing world films, along with hosting live performances, art exhibitions, and lectures. (211 Front Street, Greenport, (631) 477-8600, northfork-artscenter.org)

Parks, Preserves, Beaches and Trails: The North Fork of Long Island is a haven for nature enthusiasts, offering an array of parks, preserves, trails, and beaches that showcase the region's stunning natural beauty. From the tranquil walking paths at Laurel Lake Preserve to the vibrant birdwatching opportunities at Orient Beach State Park, there's something for everyone to enjoy. Hikers will delight in the scenic trails of Inlet Pond County Park, while beachgoers can unwind on the soft sands of Southold Town Beach or Horton Point Lighthouse Park. Many of these destinations provide panoramic views of the Long Island Sound or Peconic Bay, creating the perfect backdrop for outdoor adventures. Whether you seek serenity or exploration, the North Fork's natural



landscapes promise unforgettable experiences for all visitors. (southoldtownny.gov/9/Visiting)

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