MESSAGE TO OUR COMMUNITY



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ELIH Association



Paul J. Connor III
Chief Administrative Officer
SBELIH



Kai Stürmann, MD Chair, ELI Leadership Coordinating Council

2021

As we head into 2022, we cannot help but stop and reflect on all that has happened over the past two years. In July of 2019, we joined with Stony Brook Medicine, expanding our small rural hospital to a healthcare system that stretches across the entire island. Shortly after, we were faced with a global pandemic that halted our lives. Now, we are looking forward to the future and another "new normal," at Stony Brook Eastern Long Island Hospital.

At the start of the pandemic, we conquered PPE and COVID-19 testing. This year, our clinical and non-clinical support team members, leaders and physicians, continued to courageously meet the needs of our community throughout the COVID-19 pandemic by joining with Stony Brook University Hospital to administer a vaccine rollout in accordance with state and federal

guidelines. The arrival of vaccines was great news in the fight against COVID-19. The vaccines are our best course of action in protecting ourselves, our patients, friends, family, and loved ones. The success of vaccination is dependent upon the majority of us receiving it. With that, a "Vax Squad" was established. This enabled SBELIH and SBUH to deliver over 16,000 vaccinations locally, with 7,500 administered here at SBELIH.

In addition to our vaccine rollout, in July of 2021, we kicked off our first ever Surgical Residency Program. Led by Dr. Melany Hughes, the program will welcome a Stony Brook Medical School Resident to our hospital every month to assist in her service. Our Surgical Residency Program joins the already active Psychiatry Residency Program and Emergency Department Residency.

The dedicated staff at Stony Brook Eastern Long Island Hospital continues to work tirelessly to meet the needs of the North Fork and Shelter Island, and as our connection with Stony Brook University Hospital and Stony Brook Southampton Hospital grows, we are able to support our community in more ways than ever.

The health of our community is vital, as are your continued contributions to Stony Brook Eastern Long Island Hospital. We are here for you, as you have been here for us.

As we enter a new year at Stony Brook Eastern Long Island Hospital, we have taken the time to reflect on the past kindness of our donors. Your gifts are what keep our hospital running. Thank you to each and every one of you. Your gracious generosity is never overlooked and is greatly appreciated.

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MESSAGE FROM THE AUXILIARY

Helene V. Fall President, ELIH Auxiliary

MESSAGE FROM THE ELIH FOUNDATION



Alison M. Byers, PsyD Vice Chairman



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The Eastern Long Island Hospital Auxiliary was formed in 1905 and has raised close to \$11 Million for our Hospital since its inception.

2020 was a challenging year for us all. The Auxiliary remained mission focused and continued to provide day-to-day support for the Hospital staff through participation in the meal train program among other activities and, direct community support through our wonderful award winning Opportunity Shop. During 2020, the ELIH Auxiliary raised \$320,000 for Stony Brook Eastern Long Island Hospital.

I am beyond proud to be a member of the outstanding group of men and women who make up our ELIH Auxiliary. I wish to take this opportunity to thank my fellow Auxilians for their hard work and dedication this past year, and especially, our ELIH Auxiliary Board of Directors, as we navigated through COVID and continued to support our Hospital.

It is our honor and privilege to witness the impact that your generosity is having on healthcare in our community. The Foundation has a long history of working in collaboration with individuals, businesses, and community organizations to improve the quality of the care provided at our hospital.

Healthcare as a discipline is constantly changing. As technology evolves and advances forward, so does Stony Brook Eastern Long Island Hospital's opportunity to care for patients. Being part of an academic medical system, our goal is to continually elevate the services and infrastructure we deliver and to provide the best possible care for those who rely on us with their healthcare needs. It's a challenging task, but one we strive to meet each and every day with vigor and confidence.

At the Foundation, it is our responsibility to raise funds to help the hospital hire top clinicians and staff, purchase modern technology, provide needed services and maintain its buildings and infrastructure when the need arises. If we do our job, then the trust you place in us is well spent. For generations, with the Foundation's dedicated assistance, the hospital has been able to provide the North Fork and Shelter Island communities with outstanding care in a loving, compassionate and family-centered environment.

Where healthcare is concerned, the need is great and the resources often limited. However, with assistance from our philanthropic neighbors we've been able to succeed for more than a century. Thank you for allowing us to share with you our vision for providing the communities we serve with the finest care possible.

Coming out of a year of COVID-compliant events, we were able to step into the next normal and come together at in-person events to benefit our community hospital. For those that did not wish to attend events in person, we held a virtual 5K Walk/Run and continued the Gala at Home. Our safely attended events included a new gala, "Sailing into Summer" honoring Sheri Winter Parker at the Peconic Bay Yacht Club. Our 29th Annual Golf Classic at Gardiner's Bay Country Club sold out in record time. Lastly, our 3rd Annual Fishing Tournament has solidified its place in the Foundation yearly events, with a successful tournament and an incredible Seafood Bash dinner.

While large donations make a great impact in one shot, it is the smaller donations from this community that continue to make a large impact on Stony Brook Eastern Long Island Hospital.

We are dedicated to the continued growth and development of the infrastructure and services at Stony Brook Eastern Long Island Hospital. Our growth and development is only made possible by your continued support and that of this generous community in which we live and work.

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Jessie & Scott Bennett

JJ Virgin & Assoc. / Monica Parker

Jodi Harris John Josephson John Kiernan

Joyce and John Holzapfel Judith & Stephen Ness

Julie Bauer

Karen and Meinrad Danzer

Katherine Squires

KathLyn Lopez Kathy Perretta Kim Gibson

Kubtec Medical Imaging

Lara McNeil Laura Held

Lauri Spitz of Moustache Brewing Co.

Level Up Nutrition Linda Ruland Linda Sabatino

Lindsay Trant/ Dr. Lilly Steel's Office

Loraine Henry Loretta Goeller

Louis & Wanda Nardolillo

Lucharito's Luchi Masliah Lulu Kitchen

Madeline & Tom Tierney Main Road Biscuit Co. Marguerite Schondebare Marisa Harney & John Barrett

Mark Schill
Martin Lynch
Mary Ellen Stevens
Mary Pacinda-Turner
Matt Boudreau
McDonald's

Meinrad & Karen Danzer

Melissa Brandt Mena Volpe Merry's Cakes

Moira & Thomas Mastro Nell Benjamin and Larry O'Keefe

NoFo Doughnut Co. Nomi Schwartz North Fork Country Club

North Fork Girl Chocolates – Rose Heaney Pastor Hank Kistler of International Baptist

Church - Stony Brook Patrice and Michael Conklin Patricia Hammes

Paula DiDonato

Pepsi Cola Bottling Co. of New York

Peter Sabat
Port of Egypt
Robin Mueller
Robin Phillips
Robin Sweeny
Robyn Diederiks
Rollin in Dough/1943

Sally Crocker and Greg Smith

Seth Feinman

Shelter Island Action Alliance

Sherry Thomas

SmartOne Life/ Mike Koleoglou

Southold IGA

Southold Michelangelo's
Stacey & Dale Moyer
Stacey Weinstein
Stacy Sonnenberg
Stephan Bogardus
Stephen Ammirati
Sterlington Deli
Steven Jauffrineau
Suffolk County Lions Club

Suffolk County Lions Club Susan & Eric Russell Susan Woods Suzanne Weill Sydney Yoshida Sylvia Pafenyk Taz & Kathleen Smith The Blue Duck Bakery Cafe

The Giving Room Yoga Studio and Juice Bar

The Hanus Grandchildren
The Shin Eastate Family
The Team at Ellen's on Front

The Tuthills
The Walker Family

Times Review Media Group

Tina Sampogna Tom McCaffery Tracy Kessler Wednesday's Table Wendy's Deli

William & Maureen Mills Yvonne Lieblein/Port of Egypt

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INKIND GIFTS

COVID-19 SUPPLY DONATIONS

Alice Rubenstein Lampa, LLC
Bethany Frankel Larry Rubin
Bill Hiney Laura Giugni

Bob Gammon Legislator Al Krupski and Mary Krupski
C.J. Van Bourgondien, Inc. Long Island Open Source Medical Supplies

Carolyn and Fred Lubaski Louise Harrington
Carolyn Wheeler Marilyn Halliwell
Catapano Farms Mark Miller

Christine Lederbach Mattituck Presbyterian Church
CleanRoom Connection Michael and Carolee Levison
Crisis Response International Ms. Marie Deuel

Don & Kathy Halliwell

Donate Beauty

Dong Hahn

East End Group

Ed Manning

Edwin & Tim Blesch

Nikolaos J Nathenas

North Ferry Company, Inc.

North Fork Flower Farm

Norwex Chemical Free Products

Our Lady of Ostrabrama Parish

Procure Hope

Edwin & Tim Blesch Procure Hope
Eleanora Kopek Project iSeeYou Foundation
Ellen's on Front Riverhead Rotary

Emily Watkins Sag Harbor Industries
Front Street Station Southold Presbyterian Church

Georgeanne Spates Southold Rotary

Girl Scouts of Suffolk County

Greenport Harbor Brewery Company

Sterling Shipwrights LLC DBA

Wooden Boatworks

Greenport Rotary

Harry & David & John Hussnatter

Sue and John Stype

Suffolk Security Systems/Honeywell

Helen Wickham Supplies Donations

Jane Street & Jonathan Ledoux
Jay W. Guild Wholesale Growers

The Robosaurus Robotics FLL Team 27743
The Ward Family

Jill McLaughlin Troy Design & Manufacturing Co.
Jim Dinizio Western Governors University

Kait's AngelsWLNG 92.1 FM RadioKara HoblinWm. J. Mills & Co.Karen SauvigneWoodside Orchards



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STIRLING SOCIETY/MATCHING GIFTS/LEGACY GUILD/BREAKWATER CLUB/HONORS/MEMORIALS

ELIH Foundation Stirling Society

Donors who have made a commitment for a future gift – trust, annuity, insurance policy, real estate, etc.

Marian S. Wood Trust

Matching Gift Corporations

Colgate Palmolive Company

IBM Matching Grants Program

The Hollyhock Foundation Matching Gift Program

Verizon Foundation C/O Cybergrants

Legacy Guild

Bequests received in 2020

Estate of Charlton D. Halsey

Breakwater Club

Peter S. Treiber

Honors/Tributes

In Honor of Mr. Frank Field and Ms. Ruth Nelson Margaret A. Field

In Honor of Z. Micah Kaplan, MD Angelson Family Foundation Mark Levine

In Honor of Gayle and Z. Micah Kaplan, MD Elaine and Philip Goldman

In Honor of James F. Preston Anonymous

Honors/Tributes Donated by Gayle and Z. Micah Kaplan, MD In Honor of Dennis A. Deerkoski

Memorials

In Memory of Susan E. Barnes
ELIH Auxiliary

In Memory of Antoinette Berkoski ELIH Auxiliary

In Memory of Ruth W. Campbell ELIH Auxiliary Gayle and Z. Micah Kaplan, MD

In Memory of Rose Cassidy Yuvelin Baltar

In Memory of Patricia Foelsch ELIH Auxiliary

In Memory of Peter J. Grattan Jr. Gayle and Z. Micah Kaplan, MD Theresa and William E. Park, Jr.

In Memory of Karen Helinski Theresa and William E. Park, Jr.

In Memory of Cecilia Kraus ELIH Auxiliary

In Memory of Irene M. Lindeman ELIH Auxiliary Gayle and Z. Micah Kaplan, MD

In Memory of Jean Orlowski ELIH Auxiliary In Memory of Maureen C. Ostermann Edward C. Booth, PhD Elyse Christiansen-Wruck Gayle and Z. Micah Kaplan, MD ELIH Auxiliary Patricia and R. Kenmore Rushin Barbara and Henry F. Santacroce, Sr. Helen A. Sephton Kathryn Swangin

In Memory of Stanley I. Rubin Gayle and Z. Micah Kaplan, MD Susi and Peter Young

In Memory of Jeanne Rutkowski Cheryle L. Amara Gayle and Z. Micah Kaplan, MD JoAnn E. Kujawski Mary H. Marsh Patricia and Saverio Pispisa Kate Roth Germaine B. Vindigni Thomas Wells

In Memory of Eleanor J. Skwara ELIH Auxiliary Gayle and Z. Micah Kaplan, MD JoAnn E. Kujawski Theresa and William E. Park, Jr. Barbara and Henry F. Santacroce, Sr. In Memory of Patricia Sosnowski ELIH Auxiliary Gayle and Z. Micah Kaplan, MD

In Memory of Sophie Stype Virginia and Valentine W. Stype

In Memory of Arthur M. Tasker Joanne Dolinar Elizabeth Drew Gayle and Z. Micah Kaplan, MD Karen Murray David Parkoff Jonathan Sperling Brenda K. Towne

In Memory of Marguerite Tighe ELIH Auxiliary

In Memory of Greta Helene Utz Helen O. Hansen Gayle and Z. Micah Kaplan, MD

In Memory of Peter W. Young ELIH Auxiliary Gayle and Z. Micah Kaplan, MD

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STIRLING SOCIETY/MATCHING GIFTS/LEGACY GUILD/ BREAKWATER CLUB/HONORS/MEMORIALS

In Memory of Fred M. Carter II, MD

Jeanne N. Araujo Elizabeth Bloom Margaret Borrasso

Maria and Daniel V. Brisotti

Hannah Cane Jian Cao

Martha S. Carter

Denise and David Cheshire Constance and Paul J. Connor III Barbara and Vincent M. Claps

Janice L. Claudio Matthew T. Cottrell Patrick Cullen

Donald D'Amato Elizabeth Darley

Linda Denny Eileen M. Duncan

ELIH Auxiliary Sarah F. Ehrenson

Cindy Fantl Philip Ferraiuolo Anna Fishbon

Amy E. Folk Donald D. Getz John Gomes

Amelia Gotwals Christopher A. Grattan

Myrna Hanff Thomas Heinisch Bonnie J. Hoffner

Gayle and Z. Micah Kaplan, MD

Ronnie Kidd Barry Kleeman JoAnn E. Kujawski Jordan Laurila Audrey Mahoney Francesco Mangiaracina

Daniel Mannix Nicholas Martin Margaret M. Michalek Richard D. Michalek Sylvia and Renzo Morandina

Margaret Murphy Nancy Nelson

Antoinette Notaro, MD and Frank Notaro

Christopher O'Connor

Kevin Paul

Peconic Bay Medical Center a Member of

Northwell Health Thomas Pirro Ratsey Construction Marjorie E. Reeves Audrey A. Sedal Kevin Silver

Joanne Davis-Slotkin and Jay Slotkin, MD

Alec Stais Jeanne E. Steele Robert Taplin Astri Torkelsen

Margaret and Jim Tuthill Raymond V. Wedderburn

April Wenk H L Christian Wenk Dawn I. Williams Kathy Williams

Beth and John Wittenberg Kimberly A. Yonkers

Memorials Donated by Gayle and Z. Micah Kaplan, MD

In Memory of Robert T. Adipietro In Memory of Joan Marie Akscin In Memory of Jane Ameden

In Memory of Laura Elizabeth Atkins In Memory of Lillian Agnes Baglivi

In Memory of Joan Beaudry

In Memory of Robert Bingmann
In Memory of Joseph B. Bokina, Jr.

In Memory of Francis Boyle

In Memory of Seymour Brittman

In Memory of Dr. Jerry J. Callis In Memory of Virginia W. Campbell

In Memory of Rosalie M. Ciletti In Memory of Michael Claps

In Memory of Mary Lou Cleary

In Memory of Gisele S. Durhan
In Memory of Alice Dzenkowski

In Memory of Alec Elak Jr.

In Memory of Dorville Finkle
In Memory of Timothy E. Gould

In Memory of Gabriel Grilli

In Memory of Alfred H. Harbich
In Memory of Ned Harroun

In Memory of Patricia A. Harvey

In Memory of Gail Heck

In Memory of Marguerita Howkins
In Memory of Joseph Kardwell

In Memory of Teresa Kelly

In Memory of Margery Kujawski In Memory of Norman A. Levy

In Memory of Patricia Lockwood
In Memory of John G. Madsen

In Memory of Barbara Marczewski

In Memory of Margaret E. Mebus

In Memory of Geraldine Mellas

In Memory of Charles Michel
In Memory of Gordon David Miller

In Memory of James Miller Sr.

In Memory of Peter H. Miller

In Memory of Frances Helen Mims

In Memory of Harriet Mountain

In Memory of Nancy Muir

In Memory of Michael Murphy

In Memory of Melanie Norden

In Memory of Jacqueline Penney

In Memory of Violet Romeril

In Memory of Sylvia Rouse

In Memory of Henry Brower Rowland In Memory of William P. Ruland

In Memory of Gloria Russell

In Memory of Thomas E. Santacroce

In Memory of Patricia R. Satkoski

In Memory of Irene Sawastynowicz In Memory of Stanley F. Skrezec, Jr.

In Memory of Sophia Staron

In Memory of George R. Sullivan

In Memory of Ward R. Tabor
In Memory of Carol Taplin

In Memory of Doris Turbush

In Memory of Tony Volinski, Jr.

In Memory of Patricia Volinski

In Memory of Harold F. Walters

In Memory of Linda Ward Fitzhugh In Memory of Robert Christie White

In Memory of Joyce M. Wilkins

In Memory of Thomas B. Wood Jr.

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TOGETHER, OUR DEPARTMENTS PROVED HOW ESSENTIAL THEY ARE!

















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2021

REPORT TO THE COMMUNITY



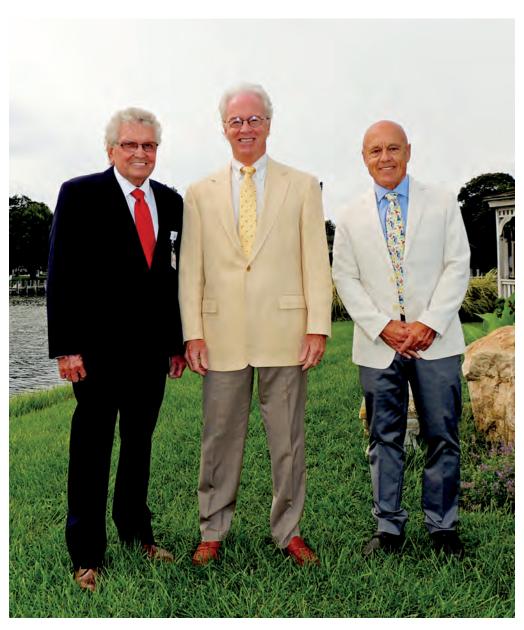






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Stony Brook Eastern Long Island Hospital



Thomas E. Murray, Jr., Chairman, ELIH Association; Paul J. Connor III, Chief Administrative Officer, SBELIH; Kai Stürmann, MD, Chair, ELI Leadership Coordinating Council

About Stony Brook Eastern Long Island Hospital

With 70 beds, Stony Brook Eastern Long Island Hospital (SBELIH) is an acute care community hospital committed to delivering excellence in patient care and meeting the current and emerging health needs of the North Fork and Shelter Island. In 2019, Eastern Long Island Hospital joined with Stony Brook Medicine to preserve the mission of our founders to better serve our community. A campus of Stony Brook University Hospital, SBELIH provides regional behavioral health programs serving the greater Suffolk County area.

At SBELIH, inpatients are under the care of world-renowned hospitalists, physicians who specialize in inpatient medicine and taking care of hospitalized patients in place of a primary care provider. Centers of Excellence include Medical-Surgical, Advanced Ambulatory Care, Behavioral Health, Emergency, Geriatric, Diagnostic Services, Physical Therapy and Gastrointestinal Services. SBELIH is fully accredited by the Joint Commission and has been awarded the Gold Seal of Approval.

Mission

Stony Brook Eastern Long Island Hospital delivers world-class, compassionate care to our patients, advances our understanding of the origins of human health and disease, and educates the healthcare professionals and biomedical investigators of the future, so they can bring the fruits of scientific discovery to our patients.

Values

Integrity – We are honest and ethical in all of our interactions.

Compassion – We provide empathic care with attentive listening and affirmation.

Accountability – We hold ourselves accountable to our community, to our organization and to each other for our performance and behaviors.

Respect – We foster an environment of mutual respect and trust, embracing diversity in people and thinking.

Excellence – We set the highest standards for safety, clinical outcomes and service.

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EMERGENCY MEDICINE

Whether you need urgent emergency care or lifesaving medicine, the team at Stony Brook Eastern Long Island Hospital is here for you. For most patients, our Emergency Department has one of the shortest wait times in Suffolk County. Specialty-trained staff are available 365 days of the year to treat a full spectrum of patient experiences — from minor cuts to traumatic injuries, and illnesses from the common cold to heart and stroke incidents. Every person who comes to the ED is given appropriate treatment regardless of their ability to pay. Our credentialed team of physicians, nurses, and staff exceed New York State standards and are committed to treating your emergency. All SBELIH ED nurses are Trauma Nursing Core Course (TNCC) certified.

- Accessible by land, sea, and air with heliport and emergency dock
- ALL Residency-trained Board Certified Emergency Medicine physicians
- Advanced cardiac life support certified nurses
- Credentialed team, exceeding New York State standards
- Arctic Sun Temperature Management System

Chest pain? Don't wait, call 9-1-1

Let the expert emergency team at SBELIH evaluate you, rather than risk losing valuable treatment time. Stony Brook Medicine is helping to improve emergency care on the North Fork, with two first responder "fly cars" staffed by NYS trained and certified paramedics, for the highest possible level of pre-hospital emergency care—24 hours a day, 7 days a week.

Lawrence R. Schiff, MD, FACEP, FAAEM

Service Chief, Emergency Department at SBELIH SBUH MEC Member at Large

Vice Chairman of Emergency Medicine at Stony Brook University Medical Center Diplomate, American Board of Emergency Medicine

Diplomate, American Board of Internal Medicine

Fellow American College Emergency Physicians

Fellow American Association of Emergency Medicine Regional Medical Director, North Fork EMS

Alethea Garber, MD

Diplomate, American Board of Emergency Medicine

Andrea Libutti, MD

Diplomate, American Board of Emergency Medicine

Kai Stürmann, MD

Diplomate, American Board of Emergency Medicine

Rvan Zapata, MD

Diplomate, American Board of Emergency Medicine

Local EMS/Fire Departments

- Greenport
- East Marion
- Cutchogue
- Mattituck
- Orient
- Plum Island
- Shelter Island
- Southold



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JANUARY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
						New Year's Day
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
	Martin Luther King, Jr. Day					
23	24	25	26	27	28	29
30	31					



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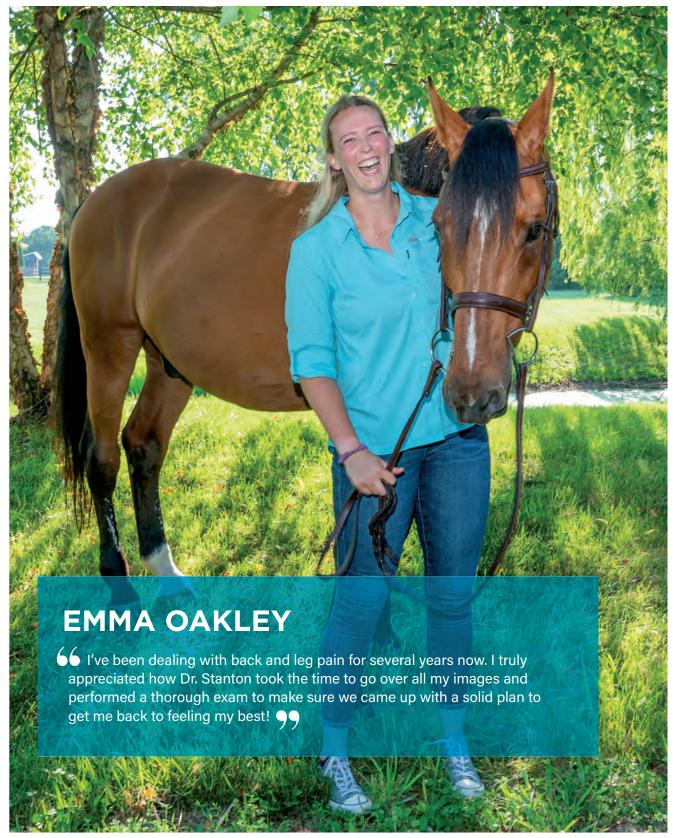
EAST END SPINE AND SPORTS MEDICINE

ast End Spine and Sports Medicine is a physiatry and orthopaedic practice providing comprehensive care in Greenport and Hampton Bays. In collaboration with Stony Brook Medicine, we have access to easy referrals to high-quality specialists and seamless collaboration on our integrated electronic patient record.

We believe in the concept of precision medicine, which means the right treatment, for the right patient, at the right time. Dr. Stanton's approach is to be aggressive with diagnosis and conservative with treatment. Our goal is to return patients to their highest level of performance at work, sports or recreational exercise. We are pleased to be part of the Center for Musculoskeletal Health on the East End, serving all of your orthopaedic needs.

East End Spine and Sports Medicine: A Location of Stony Brook Medicine, Greenport, Hampton Bays

Ashton Stanton, MD Clinical Assistant Professor Fellowship, Spine and Sports Medicine Greenport and Hampton Bays: 631-430-2090



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FEBRUARY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
						Lincoln's Birthday
13	14	15	16	17	18	19
	Valentine's Day					
20	21	22	23	24	25	26
	Presidents' Day					
27	28					



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MEDICAL-SURGICAL SERVICES

Our Medical-Surgical and Intensive Care Units provide streamlined patient care in a beautifully designed contemporary environment. The team of healthcare professionals includes certified operating room nurses, certified registered nurse anesthetists, certified operating room technicians, and board certified specialists in anesthesiology, gastroenterology, general surgery, neurosurgery, ophthalmology, orthopaedics, plastic and reconstructive surgery, and urology.

Our award-winning professional nursing staff closely monitors patients every step of the way, from admission to discharge. Stony Brook Eastern Long Island Hospital nurses and physicians take great pride in delivering an extra measure of "care" to our patients. Some of the most common surgical procedures performed at SBELIH include minimally invasive procedures, appendectomy, gallbladder procedures, hernia, colon resection, other gastrointestinal procedures, wound care, venous ulcers, complex wounds, and wound VAC.

General Surgery

With state-of-the-art laparoscopic instrumentation, minimally invasive surgery can be performed with maximum results. Enhanced ancillary services including pathology, histology, cytology, microbiology and pre-surgical diagnostics support positive outcomes. SBELIH was the first hospital on Long Island to acquire and operate with the Olympus 4K Ultra High Definition Surgical Camera System, a cutting-edge piece of surgical equipment.

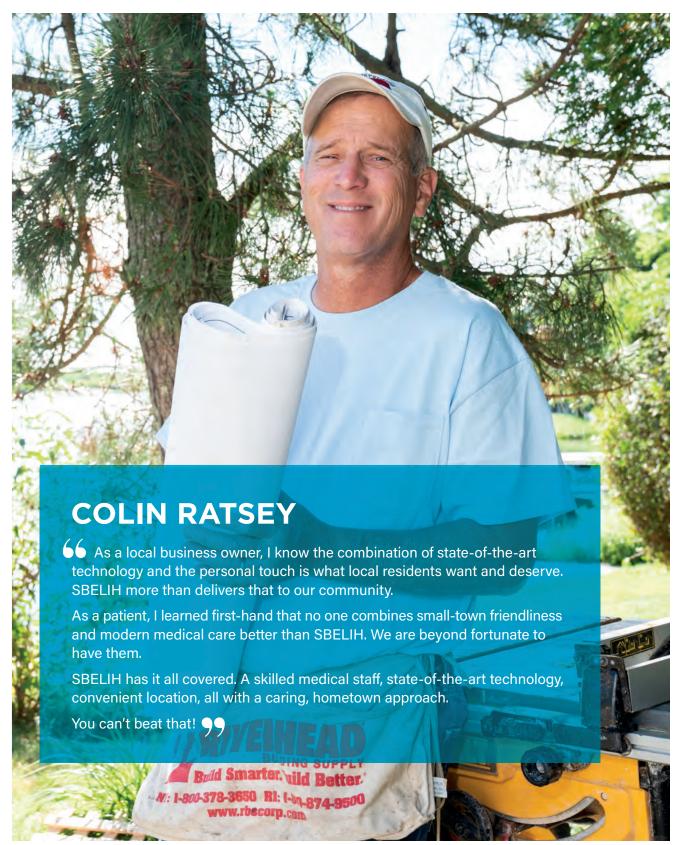
Stony Brook Medicine
Melany C. Hughes, MD, MPH
ELILCC Member at Large, Leadership Coordinating Council
Greenport: 631-477-5386

Stony Brook Medicine Meeting House Lane Medical Practice George D. Keckeisen, MD Sang I. Pak, MD Greenport: 631-477-5386

Advanced Ambulatory Surgical Services: 631-477-5350

At Stony Brook Eastern Long Island Hospital

Due to less invasive procedures and quicker healing times, approximately 85% of today's surgeries are performed in the Advanced Ambulatory Care Center. Ambulatory surgery patients are educated prior to their scheduled surgery to ensure that they fully understand the procedure, making sure both patient and family have all their questions answered to their satisfaction.



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MARCH 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
			Ash Wednesday			
6	7	8	9	10	11	12
		International Women's Day				
13	14	15	16	17	18	19
Daylight Savings Starts				St. Patrick's Day		
20	21	22	23	24	25	26
Spring Equinox						
27	28	29	30	31		
			Doctors' Day			



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PHYSICAL THERAPY & FITNESS

Get physical! Maintain optimum health and wellness by staying active at every stage of your life. The benefits of regular exercise are many—increased stamina, flexibility, muscle strength, injury and fall prevention. Physical Therapy & Fitness at the Gladys Brooks Center in Southold offers outpatient physical therapy, and fitness training. State-of-the-art equipment is extremely popular with community members of every age—from students to senior citizens. Our Southold facility is a SilverSneakers participating location. Eligible Medicare members can join the gym as a benefit of their healthcare plan.

Stony Brook Medicine Physical Therapy & Fitness at the Gladys Brooks Center

Southold: 631-765-9389

Hospital-Based Outpatient Physical Therapy

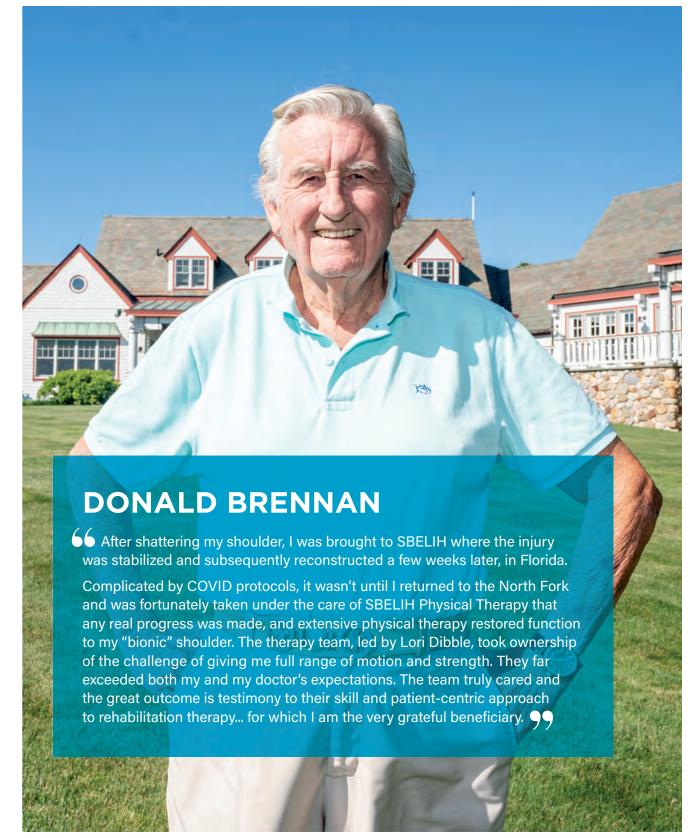
- Offers a continuum of care from inpatient to outpatient
- Pain management and rehabilitation
- Post-surgical rehabilitation
- Balance and fall prevention
- Orthopaedic and neurological rehabilitation

Fitness Center

- Convenient hours: Monday-Thursday, 6:30am-8pm; Friday, 6:30am-6pm; Saturday, 8am-2pm
- Gym memberships at reasonable rates
- Friendly, qualified, experienced staff
- One-on-one assistance
- Treadmills, steppers, elliptical machines
- Stationary/recumbent bikes
- Upper body cycle
- Free weight room
- Biodex and Nautilus weight equipment
- Satellite TV

Stony Brook Eastern Long Island Hospital Physical Therapy

Greenport: 631-477-5157



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APRIL 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
Palm Sunday					Good Friday Passover Begins	
17	18	19	20	21	22	23
Easter Sunday					Earth Day	
24	25	26	27	28	29	30
			Administration Professional Day			



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INPATIENT BEHAVIORAL HEALTH SERVICES

Stony Brook Eastern Long Island Hospital is a premier provider of behavioral healthcare and substance use treatment for Eastern Long Island and Suffolk County. Stony Brook Eastern Long Island Hospital is Suffolk County's only facility that offers integrated care that encompasses Detoxification, Rehabilitation, and Psychiatric Services along with medical care for other problems such as diabetes and liver disease. With a proven track record of success on the North Fork, we serve adults 18 years of age and over.

Inpatient Behavioral Health Services provide treatment for mental health and substance use disorders from a medical and psycho-therapeutic approach. Treatment is provided by an interdisciplinary team of physicians, nurses, social workers, recreation therapists and credentialed alcohol and substance abuse counselors. Through individual and group therapy, education, medication management, and comprehensive discharge planning, SBELIH provides a nurturing environment allowing patients to stabilize, develop insights and transition back into the community.

Inpatient Psychiatry

Greenport: 631-477-5265/631-477-5268

Inpatient Addiction Services, Greenport

Intake: 631-477-8877

Intake assessments completed Monday-Friday, 7am-7pm

Detoxification: 631-477-5234

Detoxification assessments available 24 hours per day,
 7 days per week through the Emergency Department

Rehabilitation: 631-477-5325

Lloyd Simon, MD

Medical Director & Director, Addiction Services, SBELIH Diplomate, American Board of Internal Medicine Diplomate, American Society of Addiction Medicine

Douglas K. Hoverkamp, MD

Director, Department of Psychiatry, SBELIH
Psychatric Director, Quannacut Outpatient Services

Diplomate, American Board of Psychiatry

Greenport: 631-477-6890

Daniel Klages, MD

Diplomate, American Board of Psychiatry

Greenport: 631-477-1000



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MAY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
					National Nurses Day	
8	9	10	11	12	13	14
Mother's Day						
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				
	Memorial Day					



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NORTH FORK ORTHOPAEDIC SURGERY AND SPORTS MEDICINE

North Fork Orthopaedic and Sports Medicine is a comprehensive orthopaedic practice treating all aspects of bone, joint, muscle injuries and disease. In collaboration with Stony Brook Medicine, we have access to easy referrals to high-quality specialists, and seamless collaboration through our integrated electronic patient record.

Whether you are an active athlete or someone experiencing chronic joint pain due to osteoarthritis, our orthopaedic specialists are here to help you improve your physical condition. Our goal is to decrease your pain and improve your overall range of motion. Education, strengthening exercises, reduction of stress on joints, anti-inflammatory medications and surgery are all tools available to help improve your condition.

We are pleased to be part of the Center for Musculoskeletal Health on the East End, serving all of your orthopaedic needs.

North Fork Orthopaedic Surgery and Sports Medicine: A Location of Stony Brook Medicine

John Roe, MD

Director, Department of Othopaedic Surgery Fellowship-trained orthopaedic sports medicine surgeon specializing in treating all sports and activity-related injuries, both operative and nonoperative.

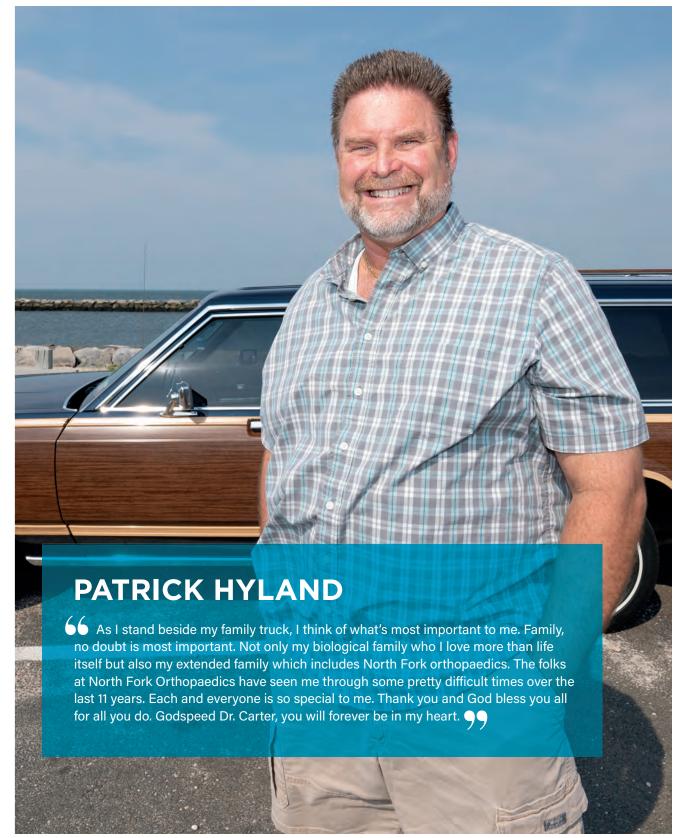
John Rongo, PA

General Orthopaedics and Sport Medicine

Teresa Habacker, MD

Board Certified Orthopaedic Surgery/Hand Surgery

Mattituck: 631-298-4579



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JUNE 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4
		First Day of Pride Month			
6	7	8	9	10	11
D-Day					
13	14	15	16	17	18
20	21	22	23	24	25
Juneteenth - Observed	Summer Solstice				
27	28	29	30		
	6 D-Day 13 Juneteenth - Observed	6 7 D-Day 13 14 20 21 Juneteenth - Observed Summer Solstice	1 First Day of Pride Month 6 7 8 D-Day 13 14 15 20 21 22	1 2	1 2 3



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CENTER FOR MUSCULOSKELETAL HEALTH

Make no bones about it — Stony Brook Orthopaedic Associates is bringing nationally acclaimed muscle, bone and joint care to the East End of Long Island.

Stony Brook's Center for Musculoskeletal Health offers nationally acclaimed muscle, bone and joint care to the East End of Long Island. The center is part of Stony Brook Orthopaedic Associates, which also includes Stony Brook Medicine's state-of-the-art Imaging Centers, providing complete access to a comprehensive range of specialists for every orthopaedic need.

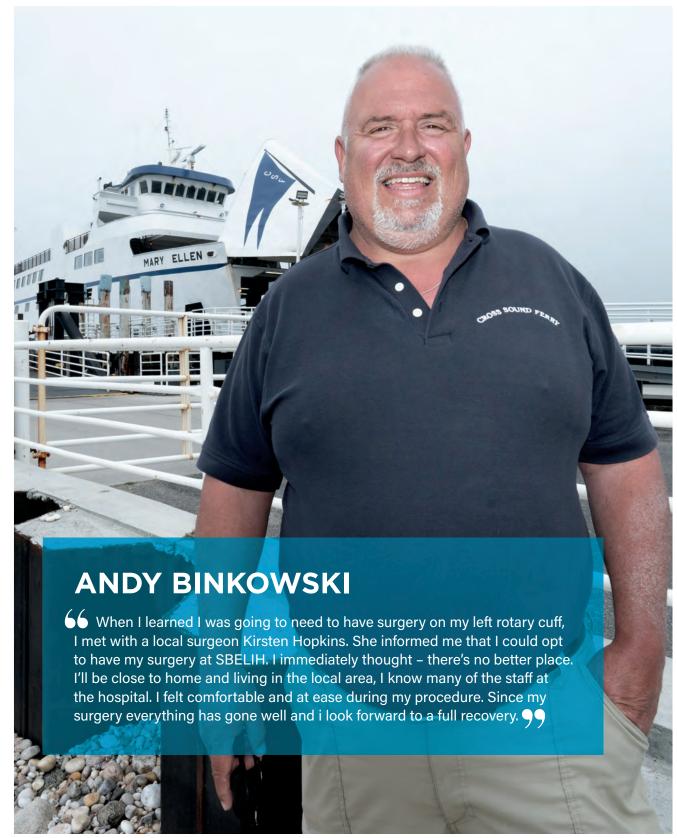
Areas of Specialty

Our providers are educated and trained at some of the nation's best medical schools and together, they are focused on providing excellent care and research for the prevention, diagnosis and treatment of all musculoskeletal injuries and disorders in adults and children, in the following areas:

- Hand Surgery
- Joint Replacement
- Neuromusculoskeletal Medicine
- Pain Management
- Pediatric Orthopaedics
- Podiatry
- Rheumatology
- Sports Medicine

A key part of the Center for Musculoskeletal Health is our collaboration with the expert radiologists at Stony Brook Medicine's Advanced Imaging Centers. Our centers are staffed by the same specialty-trained radiologists who work at Stony Brook University Hospital, along with highly-skilled and experienced technologists. Services include X-rays, sonography, ultrasounds, CT and PET/CT scans, CT/CAT scans, MRI, breast imaging and DEXA-bone density. Stony Brook Advanced Imaging Centers provide comfort and convenience, with walk-in appointments available from Commack to Riverhead. For more information, visit imaging.stonybrookmedicine.edu.

To learn more or to make an appointment, call 631-638-BONE (2663).



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JULY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
	Independence Day					
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						



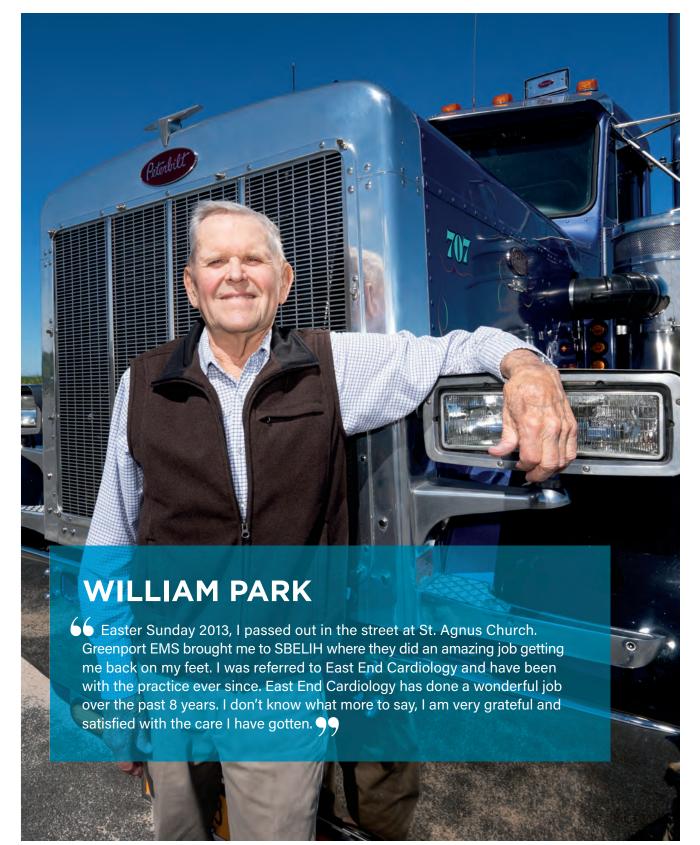
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CARDIOLOGY

Residents of Long Island's East End have trusted our cardiologists, who are on staff here at Stony Brook Eastern Long Island Hospital for more than 30 years. East End Cardiology treats people with a wide variety of cardiovascular conditions with compassionate, cutting-edge care.

William Buckley, MD, FACC
John Crean, MD, FACC
Thomas Falco, MD, FACC
Jayanthi Loganathan, MD, FACC
Fulvio Mazzucchi, MD, FACC
Ricardo Monserrate, MD, FACC
Mark Saporita, MD, FACC
Michael Sorrentino, MD, FACC
Michael Sorrentino, MD, FACC

Greenport: 631-477-2701 Riverhead: 631-727-2100



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AUGUST 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			



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QUANNACUT OUTPATIENT SERVICES

uannacut Outpatient Services is a 14,000-square foot state-of-the-art behavioral health facility at the forefront of modern treatment for substance use disorders across Eastern Long Island. At "Quannacut" (the Native American word for "hope" or "rainbow") addiction/chemical dependency is approached as a treatable disease.

Quannacut Outpatient addresses patients' immediate and long-term substance use issues, as well as the impact on their support system, family members and significant others. Centrally located in Riverhead, the facility provides highly individualized programs for patients with diverse needs across a wide variety of treatment disciplines so that patients can receive all outpatient care in one location.

Stony Brook Medicine Quannacut Outpatient Services

Riverhead: 631-369-8966

Services

- Telehealth services
- Co-occurring services
- Medical psycho-therapeutic approach
- Completely individualized treatment
- Individual, family, marital and group psychotherapy
- Specialty Groups including Young Adults, Women, Co-occurring Disorders and Advanced Recovery
- Medication Assisted Treatment (MAT)

- Psychiatric evaluations and medication management services
- Primary care medical services
- NYS Department of Motor Vehicle Treatment site
- Two sober houses
- Off-site services at Stony Brook Eastern Long Island Hospital and Stony Brook Southampton Hospital
- Adolescents ages 14-17

Our Team

- Experts in co-occurring disorders
- Over 85 percent clinical staff Masters level and above
- Physicians Buprenorphine certified
- Medical staff specialists in Family Medicine, Addictions and Psychiatry

Jarid Pachter, DO

Vice Chair of ELI Leadership Coordinating Council SBUH Medical Board & MEC Member at Large Medical Director of Quannacut Outpatient Services Diplomate, American Osteopathic Association, Family Medicine

Diplomate, American Society of Addiction Medicine

Riverhead: 631-369-8966 Southold: 631-734-8742

David A. Cohen

Director, Outpatient Addiction Services Quannacut Outpatient Services

Riverhead: 631-369-8966

Douglas K. Hoverkamp, MD

Psychatric Director, Quannacut Outpatient Services Director, Department of Psychiatry, SBELIH Diplomate, American Board of Psychiatry

Riverhead: 631-369-8966 Greenport: 631-477-6890

Daniel Klages, MD

Diplomate, American Board of Psychiatry

Riverhead: 631-369-8966 Greenport: 631-477-1000









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SEPTEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
	Labor Day					
11	12	13	14	15	16	17
Patriot Day						
18	19	20	21	22	23	24
				Fall Equinox		
25	26	27	28	29	30	
Rosh Hashanah						



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DIAGNOSTIC SERVICES

Stony Brook Eastern Long Island Hospital is home to advanced diagnostic imaging services, with a new Siemens MAGNETOM Altea 1.5T with BioMatris Magnetic Resonance Imaging (MRI) system, state-of-the-art bone mineral densitometry screening system. SBELIH is also home to 3D tomosynthesis mammography to provide earlier cancer detection, less false positives, and fewer follow up tests. Our tomosynthesis system is also equipped with a "soft touch" pad for more comfortable mammograms.

The American Cancer Society recommends routine mammography exams for women ages 45 to 54 every year. If you are 65 or older, or if you're younger than 65 but have one or more of the risk factors associated with osteoporosis, you should have a bone density test. If you have a family history of breast cancer or osteoporosis, talk to your physician about when to begin mammography and bone density screenings.

Radiology Services:

- Bone Mineral Densitometry (BMD)
- 3D Tomosynthesis Mammography
- Ultrasound/Sonography
- 128-Slice Computerized Axial Tomography (CT) Scanner
- 1.5 Tesla Magnetic Resonance Imaging (MRI)
- MRI with Sedation
- Nuclear Medicine
- Digital Radiography (X-ray)

Laboratory:

- General Chemistry Hematology:
- Electrolyte levels
- Glucose levels
- Liver enzymes
- Cardiac markers
- Thyroid testing
- Hematology (including CBC panel)
- Tick-borne disease panel
- Influenza Testing
- COVID-19 Testing
- Micro-Biological Testing

Appointments: 631-477-5121

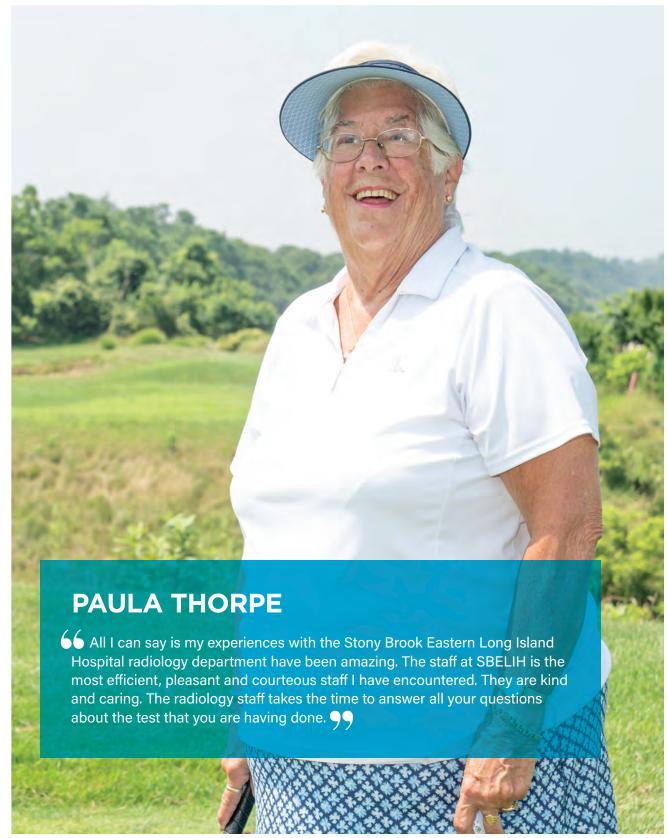
Anthony E. Mitarotondo Jr., MD, ABAR Diplomate, American Board of Radiology

Edna Kapenhas, MD

Breast Surgery

Diplomate, American Board of Surgery

Southampton: 631-726-8400 Mattituck: 631-298-4655



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OCTOBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
			Yom Kippur			
9	10	11	12	13	14	15
	Indigenous Peoples' Day Columbus Day					
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31 Halloween					



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FAMILY MEDICINE

At Southold Family Medicine, we specialize in family, adolescent and addiction medicine. Our network of community-based physicians work closely with the experts at Stony Brook Medicine, affiliate community hospitals and other medical professionals to enhance the coordination of the medical care we provide to each and every patient in the communities we all serve. Primary care services include physical exams, vaccinations, same-day sick visits, and referrals for laboratory services, imaging and specialists.

Southold Family Medicine provides addiction medicine services for a full range of substance abuse disorders. We offer inpatient treatment for detox and rehab as necessary through our affiliation with Quannacut, part of Stony Brook Eastern Long Island Hospital in Greenport. Not only do we treat patients with substance abuse disorders, we prescribe medications for alcohol use and opiate use disorders at our Southold office, as well as at our Quannacut Outpatient Services facility in Riverhead.

Southold Family Medicine: A Location of Stony Brook Family and Preventative Medicine

Jarid Pachter, DO

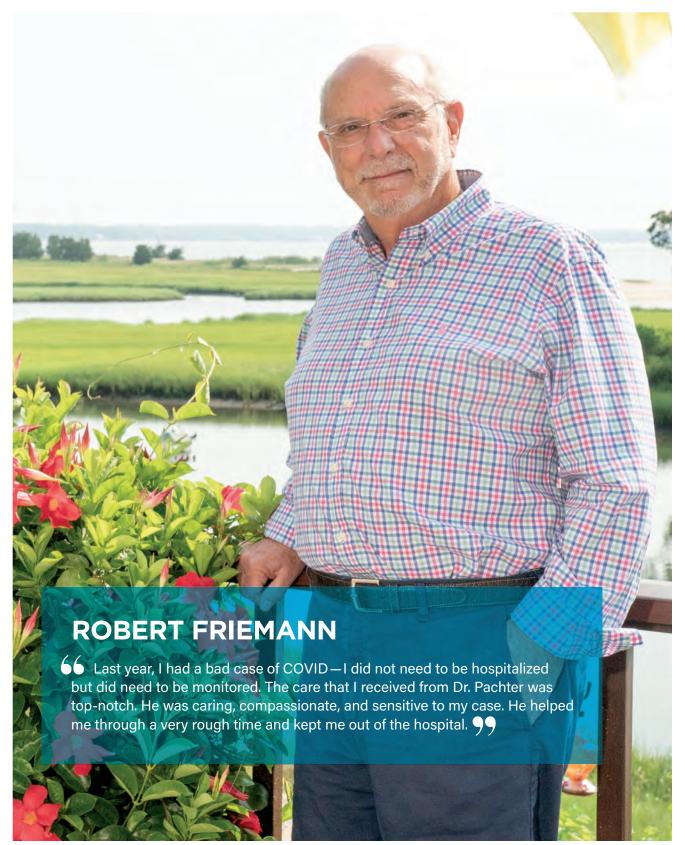
Vice Chair of ELI Leadership Coordinating Council SBUH Medical Board & MEC Member at Large Medical Director of Quannacut Outpatient Services Diplomate, American Osteopathic Association, Family Medicine Diplomate, American Society of Addiction Medicine

Southold: 631-734-8742 Riverhead: 631-369-8966 **Malynda Boyle, NP-C** Certified Nurse Practitioner

Sally C. Monahan, RN, MSN, CNP-C, FNP-C Certified Family Nurse Practitioner

Certified raiffily Nurse reactitioner

Southold: 631-734-8742



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NOVEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
Daylight Savings Ends		Election Day			Veterans Day	
13	14	15	16	17	18	19
20	21	22	23	24	25	26
				Thanksgiving Day		
27	28	29	30			
		Giving Tuesday				



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UROLOGY

At Stony Brook Eastern Long Island Hospital, we strive for excellence in all that we do for our patients. We have made great strides and advances in the field of urology to bring unsurpassed diagnosis and treatment to our community. Urological conditions can sometimes be very sensitive matters. SBELIH approaches every patient with the utmost understanding and our specialist brings an immense knowledge of urology to each patient in order to provide every individual with the greatest rate of improvement and cure.

Urology Services

- Diagnosis and Treatment of:
 - Prostate Cancer
 - Kidney Cancer
 - Bladder Cancer
 - Testicular Cancer
- Non-Cancerous Prostate Disease
- Diagnosis and Treatment of Enlarged Prostate (BPH)
- Greenlight Laser
- Kidney Stone Disease
- Kidney Stone Treatment and Prevention
- Incontinence Male/Female
- Stress Incontinence
- Urge Incontinence "Overactive Bladder"

Massimiliano Spaliviero MD

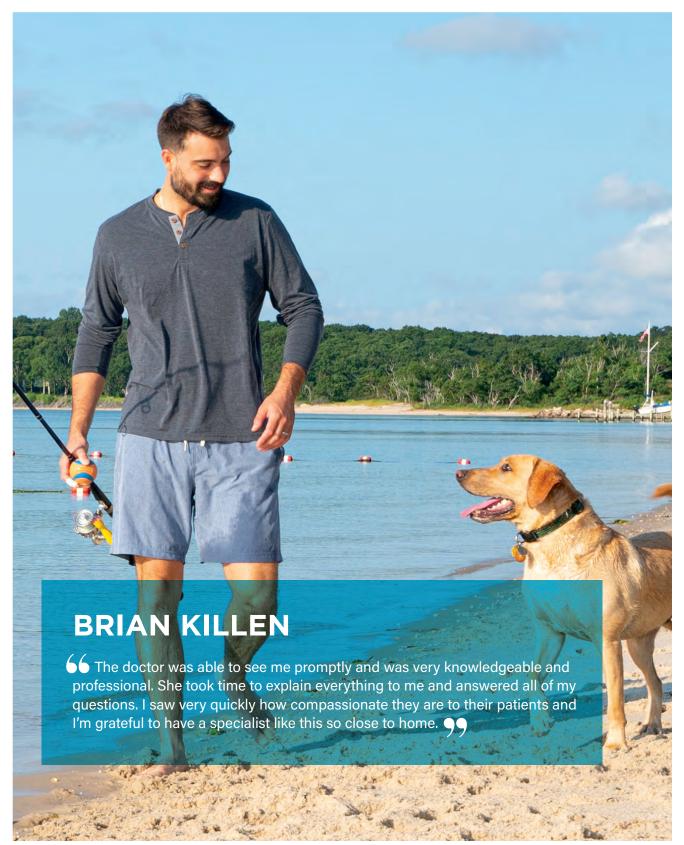
Urologic Oncology, Urology

Diplomate, American Board of Urology

Anne Klasset, RN, MS, ANP-BC

Certified Urology Nurse Practioner Specializing in general and female urology

Greenport: 631-477-5386



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DECEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
	Hanukkah Begins		Winter Solstice			
25	26	27	28	29	30	31
Christmas Day	Kwanzaa Begins					New Year's Eve



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201 Manor Place Greenport, NY 11944 (631) 477-1000 elih.stonybrookmedicine.edu Accredited by:

The Joint Commission on Accreditation of Healthcare Organizations



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