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Dear Friend,

As this especially challenging year comes to a close, we reflect back on our statement of last year: "with your vital support we are stronger and better able to serve you than ever before." In light of the 2020 Coronavirus pandemic, that statement is more true than ever.

Here at Stony Brook Eastern Long Island Hospital, our patients are also our neighbors and friends. When COVID-19 hit, we took it day-by-day in the face of many unprecedented challenges. In collaboration with Stony Brook Medicine, and thanks to an incredible amount of unwavering community support, SBELIH skillfully addressed every obstacle that was placed in our path. The events of this year highlighted our resilience as a hospital, and as a community.

SBELIH is dedicated to bringing the best in academic and community medicine to our patients. We continue to flourish on the foundation of community support upon which this hospital was firmly planted in 1905. As our community grows and your healthcare needs change, we take daily strides to transform and tailor our healthcare services to continue to meet the needs of the North Fork and Shelter Island.

Please know, your continued support is integral to our ability to better serve you. Our patients rely on our ability to raise capital for critically important services and other improvements to sustain local access to world-class medicine. Our philanthropic efforts remain independent of Stony Brook Medicine, and all funds raised by the Foundation stay local to benefit your community hospital. We will continue to honor that promise, and we thank you for keeping your commitment to supporting SBELIH.

Thomas E. Murray, Jr. Chairman, ELIH Association

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Chief Administrative Officer,
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# 2020

# REPORT TO THE COMMUNITY









### **Stony Brook Eastern Long Island Hospital**



Thomas E. Murray, Jr., Chairman, ELIH Association; Paul J. Connor III, Chief Administrative Officer, SBELIH; Kai Stürmann, MD, Chair, ELI Leadership Coordinating Council

# **About Stony Brook Eastern Long Island Hospital**

With 70 beds, Stony Brook Eastern Long Island Hospital (SBELIH) is an acute care community hospital committed to delivering excellence in patient care and meeting the current and emerging health needs of the North Fork and Shelter Island. In 2019, Eastern Long Island Hospital joined with Stony Brook Medicine to preserve the mission of our founders. A campus of Stony Brook University Hospital, SBELIH provides regional behavioral health programs serving the greater Suffolk County area.

At SBELIH, inpatients are under the care of world-renowned hospitalists—physicians who specialize in inpatient medicine and taking care of hospitalized patients in place of a primary care provider. Centers of Excellence include Medical-Surgical, Advanced Ambulatory Care, Behavioral Health, Emergency, Geriatric, Diagnostic Services, Physical Therapy and Gastrointestinal Services. SBELIH is fully accredited by the Joint Commission and has been awarded the Gold Seal of Approval.

#### **Mission**

Stony Brook Eastern Long Island Hospital delivers world-class, compassionate care to our patients, advances our understanding of the origins of human health and disease, and educates the healthcare professionals and biomedical investigators of the future, so they can bring the fruits of scientific discovery to our patients.

#### **Values**

Integrity – We are honest and ethical in all of our interactions.

Compassion – We provide empathic care with attentive listening and affirmation.

Accountability – We hold ourselves accountable to our community, to our organization and to each other for our performance and behaviors.

Respect – We foster an environment of mutual respect and trust, embracing diversity in people and thinking.

Excellence – We set the highest standards for safety, clinical outcomes and service.

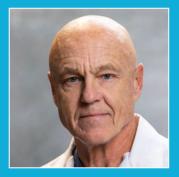
# MESSAGE TO OUR COMMUNITY



Thomas E. Murray, Jr.
Chairman,
ELIH Association



Paul J. Connor III
Chief Administrative Officer,
SBELIH



Kai Stürmann, MD Chair, ELI Leadership Coordinating Council

2020

July 1, 2020 marked our one-year anniversary as Stony Brook Eastern Long Island Hospital (SBELIH). Our hospital made history when we joined the Stony Brook Medicine healthcare system in 2019; we couldn't have imagined the historic global pandemic to come.

Being part of the Stony Brook Medicine healthcare system has been vital to our hospital's skillful navigation of the COVID-19 crisis and increased our day-to-day resilience as we met the challenging demands of the crisis.

Our community has always provided extraordinary support. Your generous contributions of meals, handwritten letters, personal protective equipment (PPE), iPads, funds, and other supplies in response to the pandemic were deeply moving and made a meaningful difference. We are humbled by your kindness, and grateful and proud to call this community home.

We thank you for honoring our colleagues, lifting our spirits when we needed it most, and bolstering our strength with your countless displays of humanity during these unprecedented times. We honor our hospital's healthcare heroes – so many made personal sacrifices working on the front lines to care for our patients, often our family, friends, and neighbors.

The pandemic has shed light on our hospital's ability to adapt and fully embrace the future of healthcare in the face of a global crisis. Our dedicated staff continues to work tirelessly to meet the current and evolving healthcare needs of the North Fork and Shelter Island, and we continue to collaborate with Stony Brook University Hospital and Stony Brook Southampton Hospital to further improve healthcare access and quality for East End residents. Your health is essential; SBELIH is here for you, as you have been there for us.

Thank you for standing with us, and for your continued generosity.

#### **MESSAGE FROM THE AUXILIARY**



Helene V. Fall President, ELIH Auxiliary

# The ELIH Auxiliary was formed in 1905 to do exactly what we do today—provide services and support to this hospital to ensure that healthcare flourishes here on the North Fork. Over 100 years later, I am so proud to be part of this extraordinary group of people.

While the overarching purpose of our fundraising is to provide day-to-day support, our contributions have gone above and beyond any amount our founding volunteers could have imagined. 2019 marked our fourth consecutive year of increasing our annual contribution to Stony Brook Eastern Long Island Hospital with a total of \$500,000 donated. Over the years, the Auxiliary has raised over \$10 million for this hospital.

Although 2020 has presented our organization with unique challenges, we forge on with our mission and we adapt as needed to continue supporting SBELIH. To my fellow volunteers: thank you for your time, talent, ingenuity, and invaluable efforts.

BRANCH	MEMBERS	HOURS	DONATIONS TO AUXILIARY
East End/Shelter Island	81	1,087	\$7,500.00
Southold West	76	2,099	\$12,225.00
TWIGS*	30	50	\$416.00
Junior Volunteers	15	268	
DIVISIONS			
Corner Shop	11	1,445	\$8,000.00
Vol. Services/TV Rentals	45	4,526	-
Opportunity Shop	43	9,446	\$338,000.00
Dream Green	10	330	\$123,000.00
Car Raffle	2	90	\$25,000.00
Other			\$5,841.00
TOTALS	188	19,341	\$519,982.00

#### MESSAGE FROM THE FOUNDATION



Alison M. Byers, PsyD Vice Chairman



Paul J. Romanelli,



Eileen Brennan Oakley

The coronavirus pandemic delivered a rare combination of challenges and misfortune. We are proud to report that with the strength of Stony Brook Medicine behind us, our local hospital overcame many obstacles and challenges- in no small part, thanks to you.

Your generosity continues to shine brightly on Stony Brook Eastern Long Island Hospital. Every dollar raised through the ELIH Foundation stays here, to benefit your hospital and the community it serves.

Fundraising during a pandemic certainly presents challenges however, once again, our community responded to the needs of others and made significant contributions.

Our COVID-19 Action Fund raised \$410,000 and allowed us to acquire COVID-19 testing equipment, an ultraviolet (UV) sanitizing system, a microfiber cleaning system, and more to better serve our patients. Our grand, traditional Summer Gala became a creative "Gala at Home." The 2nd Annual Fishing Tournament had many boats in participation and is solidifying its place among our annual fundraising events. The 28th Annual Golf Classic, with careful planning for everyone's safety, has been just as successful as our past classics. And, our 4th Annual 5K Family Walk/Run event became a social media event and raised awareness for our Behavioral Health and Addiction Services.

Donor generosity inspired and moved us in many other ways. One business owner made a \$65,000 contribution so that hundreds of local workers in the community could get free COVID-19 testing. Another anonymous donor pledged \$500,000 for our new MRI, while another came forward with a \$100,000 donation to cover expenses. Of course, it is not just the large donations that count. Literally hundreds of smaller donations are continuing to make a tremendous impact. Your donations have helped purchase over a dozen stretchers and improved, necessary testing equipment. As our community members continued to donate meals, purchase PPE, or volunteer their time, they improved the lives of the less fortunate.

Despite the ongoing challenges to healthcare we are experiencing, we are committed to continuing to improve the services and infrastructure of Stony Brook Eastern Long Island Hospital. None of this is possible without the ongoing support of this generous community in which we live and work.

Thank you for your continued generosity, and please know: your donations will remain local.

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Erik's

Epic Nail & Spa ESPN – Peter Doherty

Farrm Vineyard
FitFoods
Founders Tayern

Foxwoods Frances Art

Garden Fusion/Organic Harvest Gardiner's Bay Country Club The Giving Room Yoga Studio

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Greenport IGA

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Harbes Family Farm Hampton Soaptique

Hint Water

Island's End Golf & Country Club

Jamesport Vineyard Jamesport Manor Inn

Kessie King Kullen Walter Krupski

La Capricciosa Pizzeria Laurel Links Country Club

Layla Sailing Legends Restaurant

Little Creek Oysters LI on the fly

The Lin Beach House
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Southold IGA

Sound View Greenport Sterlington Deli Linda Sweeney Sweet Indulgences Timber Point Golf Club Touch of Venice

Townsend Manor Inn Underground Training UpEnd Gin

Vegan Rob's

The Village Cheese Shop

Vine Street Café

Kathleen and Charles Watson Westhampton Country Club The Woods at Cherry Creek

WB Mason Charles Watson

Westhampton Beach Performing Arts

Westhampton Country Club

WEG0

Wheel of Fortune





# TOGETHER, OUR DEPARTMENTS PROVED HOW ESSENTIAL THEY ARE!









cram





































### **EMERGENCY CARE**

rom minor cuts to traumatic injuries, and the common cold to heart and stroke incidents, the emergency team at Stony Brook Eastern Long Island Hospital is here to provide you with lifesaving care. For most patients, our Emergency Department has one of the shortest wait times in Suffolk County. Specialty-trained professionals are available 365 days of the year to treat a full spectrum of patient experiences, and every person who comes to the ED is given appropriate treatment regardless of their ability to pay. Our credentialed team of physicians, nurses, and staff exceed New York State standards and are committed to treating your emergency. All the SBELIH ED nurses are Trauma Nursing Core Course (TNCC) certified.

- Accessible by land, sea, and air with heliport and emergency dock
- ALL Residency trained Board Certified Emergency Medicine physicians
- Advanced cardiac life support certified nurses
- Credentialed team, exceeding New York State standards
- Arctic Sun Temperature Management System

#### Chest pain? Don't wait, call 9-1-1

Trust the expert emergency team at SBELIH to evaluate you, rather than risk losing valuable treatment time. Stony Brook Medicine is improving emergency care on the North Fork, with two first responder "fly cars" staffed by NYS trained and certified paramedics, for the highest possible level of pre-hospital emergency care.

#### Lawrence R. Schiff, MD, FACEP, FAAEM

Service Chief, Emergency Department at SBELIH SBUH MEC Member at Large Vice Chairman of Emergency Medicine at

Stony Brook University Medical Center
Diplomate, American Board of Emergency Medicine
Diplomate, American Board of Internal Medicine
Fellow American College Emergency Physicians
Fellow American Association of Emergency Medicine
Begional Medical Director, North Fork EMS

#### Alethea Garber, MD

Diplomate, American Board of Emergency Medicine

#### Andrea Libutti, MD

Diplomate, American Board of Emergency Medicine

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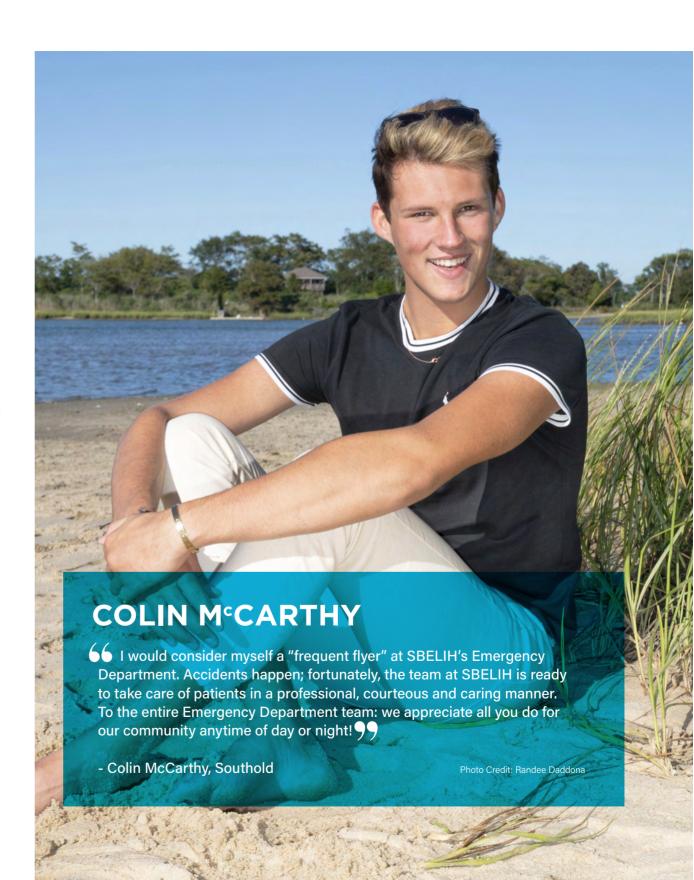
Diplomate, American Board of Emergency Medicine

#### Rvan Zapata, MD

Diplomate, American Board of Emergency Medicine

#### **Local EMS/Fire Departments**

- Greenport
- East Marion
- Cutchogue
- Mattituck
- Orient
- Plum Island
- Shelter Island
- Southold



# **JANUARY** 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
			New Year's Day			
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
	Martin Luther King, Jr. Day					
24	25	26	27	28	29	30
31						



### **INTERNAL MEDICINE**

Southold Internal Medicine, in collaboration with Stony Brook Medicine, is a primary care practice providing preventive and addiction medicine services in Southold and the surrounding communities. Our goal is for you to feel confident about the quality and coordination of the medical care you receive. We are continuously investing in new practices, technologies and procedures to enhance our ability to provide more effective and consistent communication about information regarding your health.

Primary care services include preventive medicine, adult vaccinations, sameday sick visits, and referral for laboratory services, imaging, and specialists. As a board-certified addiction medicine specialist with more than 30 years of experience, Dr. Simon treats a full range of substance use disorders. We offer inpatient treatment for detox and rehab as necessary through our affiliation with Quannacut, part of Stony Brook Eastern Long Island Hospital in Greenport. In our office, we treat patients with substance use disorders, including, when appropriate, medications for opiate use disorders and alcohol use disorders.

### Southold Internal Medicine: A Location of Stony Brook Internists, Southold

Lloyd Simon, MD

Medical Director & Director, Addiction Services, SBELIH Diplomate, American Board of Internal Medicine Diplomate, American Society of Addiction Medicine

Southold: 631-765-4150

Sally C. Monahan, RN, MSN, CNP-C, FNP-C

Certified Family Nurse Practitioner

Southold: 631-765-4150

Jay P. Slotkin, MD, MPH, AGSF, CMD, FACP

Southold: 631-765-1414



# FEBRUARY 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
					Lincoln's Birthday	
14	15	16	17	18	19	20
Valentine's Day	Presidents' Day Washington's Birthday		Ash Wednesday			
21	22	23	24	25	26	27
28						



# MEDICAL-SURGICAL SERVICES

he Medical-Surgical and Intensive Care Units provide streamlined patient care in a beautifully designed contemporary environment. The team of health-care professionals includes certified operating room nurses, certified registered nurse anesthetists, certified operating room technicians, and board-certified specialists in anesthesiology, gastroenterology, general surgery, neurosurgery, ophthalmology, orthopedics, plastic and reconstructive surgery, and urology.

Our award-winning professional nursing staff closely monitors patients every step of the way, from admission to discharge. Stony Brook Eastern Long Island Hospital nurses and physicians take great pride in delivering an extra measure of care to our patients. Some of the most common surgical procedures performed at SBELIH include minimally invasive procedures, appendectomy, gallbladder procedures, hernia, colon resection, other gastrointestinal procedures, wound care, venous ulcers, complex wounds, and wound VAC.

#### **General Surgery**

With state-of-the-art laparoscopic instrumentation, minimally invasive surgery can be performed with maximum results. Enhanced ancillary services including pathology, histology, cytology, microbiology and pre-surgical diagnostics support positive outcomes. SBELIH was the first hospital on Long Island to acquire and operate with the Olympus 4K Ultra High Definition Surgical Camera System, a cutting edge piece of surgical equipment.

#### **Stony Brook Medicine**

Melany C. Hughes, MD, MPH

ELILCC Member at Large, Leadership Coordinating Council

Greenport: 631-477-5386

#### **Stony Brook Medicine Meeting House Lane Medical Practice**

George D. Keckeisen, MD

Sang I. Pak, MD

Greenport: 631-477-5386

### Advanced Ambulatory Surgical Services: 631-477-5350 At Stony Brook Eastern Long Island Hospital

Due to less invasive procedures and quicker healing times, approximately 85% of today's surgeries are performed in the Advanced Ambulatory Care Center. Ambulatory surgery patients are educated prior to their scheduled surgery to ensure that they fully understand the procedure, making sure both patient and family have all their questions answered to their satisfaction.



# **MARCH** 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
	International Women's Day					
14	15	16	17	18	19	20
Daylight Savings Starts			St. Patrick's Day			First Day of Spring
21	22	23	24	25	26	27
28	29	30	31			
Passover Begins Palm Sunday						



# PHYSICAL THERAPY & FITNESS

Get physical! Maintain optimal health and wellness by staying active at every stage of your life. The benefits of regular exercise are many: increased stamina, flexibility, muscle strength, injury and fall prevention. Physical Therapy & Fitness at the Gladys Brooks Center in Southold offers outpatient physical therapy and personal fitness training. State-of-the-art equipment is extremely popular with community members of every age – from students to senior citizens. Our Southold facility is a SilverSneakers participating location. Eligible Medicare members can join the gym as a benefit of their healthcare plan.

### **Stony Brook Medicine Physical Therapy & Fitness at the Gladys Brooks Center**

Southold: 631-765-9389

#### **Hospital-Based Outpatient Physical Therapy**

- Offers a continuum of care from inpatient to outpatient
- Pain management and rehabilitation
- Post-surgical rehabilitation
- Balance and fall prevention
- Orthopedic and neurological rehabilitation

#### **Fitness Center**

- Convenient hours: Monday-Friday, 6:30am-8pm; Saturday, 8am-2pm
- Gym memberships at reasonable rates
- Friendly, qualified, experienced staff
- One-on-one assistance
- Treadmills, steppers, elliptical machines
- Stationary/recumbent bikes
- Upper body cycle
- Free weight room
- Biodex and Nautilus weight equipment
- Satellite TV

#### **Stony Brook Eastern Long Island Hospital Physical Therapy**

Greenport: 631-477-5157



# **APRIL** 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
					Good Friday	
4	5	6	7	8	9	10
Easter Sunday						
11	12	13	14	15	16	17
18	19	20	21	22	23	24
				Earth Day		
25	26	27	28	29	30	31



### INPATIENT BEHAVIORIAL HEALTH

Stony Brook Eastern Long Island Hospital is home to several of the most highly regarded Behavioral Health programs in Suffolk County. SBELIH Behavioral Health includes inpatient Psychiatry, and Addiction Detoxification and Rehabilitation services for adults 18 years of age and over.

Inpatient Behavioral Health Services provide treatment for mental health and substance use disorders from a medical and psychotherapeutic approach. Treatment is provided by an interdisciplinary team of physicians, nurses, social workers, recreation therapists, and credentialed alcohol and substance abuse counselors. Through individual and group therapy, education, medication management, and comprehensive discharge planning, SBELIH provides a nurturing environment allowing patients to stabilize, develop insights and transition back into the community.

**Inpatient Psychiatry** 

Greenport: 631-477-5265/631-477-5268

#### **Inpatient Addiction Services, Greenport**

 Intake: 631-477-8877
 Intake assessments completed Monday-Friday, 7am-7pm

Detoxification: 631-477-5234
 Detoxification assessments available 24 hours per day,
 7 days per week through the Emergency Department

Rehabilitation: 631-477-5325

Lloyd Simon, MD

Medical Director & Director, Addiction Services, SBELIH Diplomate, American Board of Internal Medicine Diplomate, American Society of Addiction Medicine

Southold: 631-765-4150 Douglas Hoverkamp, MD

Director, Department of Psychiatry, SBELIH Psychatric Director, Quannacut Outpatient Services

Diplomate, American Board of Psychiatry

Greenport: 631-477-6890

Daniel Klages, MD

Diplomate, American Board of Psychiatry

Greenport: 631-477-1000



Photo Credit: Randee Daddona

# **MAY** 2021

1
7 8
urses Day
14 15
21 22
28 29



### **OPHTHALMOLOGY**

A cataract is an opacity that develops in the lens of the eye and limits vision. Cataracts can become more common in people approaching their 60s and 70s. The condition tends to develop slowly, so vision worsens gradually.

Stony Brook Eastern Long Island Hospital is equipped with femtosecond laser-assisted cataract surgery, the latest technology available for precise cataract removal and greater visual outcomes. The computer-guided laser aids the surgeon in several critical steps based on a real-time image of the eye captured immediately prior to the procedure.

Signs and symptoms of a cataract include:

Cloudy or blurry vision

Poor night vision

Difficulty reading

Problems with light

Faded colors

Lawrence Buono, MD, FACS, FAAO

Diplomate, American Board of Ophthalmology

Southold: 631-765-5051 Riverhead: 631-727-0880

Louis Pizzarello, MD

Diplomate, American Board of Ophthalmology

Southampton: 631-283-5152 Riverhead: 631-727-6555

Scott Sheren, MD

Diplomate, American Board of Ophthalmology

Southold: 631-765-0088 Riverhead: 631-369-0777



# **JUNE** 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
D-Day	29th Annual Golf Classic					
13	14	15	16	17	18	19
20	21	22	23	24	25	26
Father's Day Summer Solstice						
27	28	29	30			



### CENTER FOR MUSCULOSKELETAL HEALTH

ake no bones about it — Stony Brook Orthopaedic Associates is bringing nationally acclaimed muscle, bone and joint care to the East End of Long Island.

The Center for Musculoskeletal Health is currently open in Southampton, Hampton Bays, Westhampton, East Hampton, Mattituck and Wading River. Additional locations will be opening soon in Shelter Island and Greenport.

The center is part of Stony Brook Orthopaedic Associates, providing complete access to a comprehensive range of specialists for every orthopedic need. Specialties offered at the center include joint replacement, hand surgery, pediatric orthopaedics, sports medicine, spine surgery, podiatry and rheumatology, as well as general orthopaedics.

Our providers are educated and trained at some of the nation's best medical schools. And our orthopaedic program at Stony Brook University Hospital is nationally recognized by US News & World Report as one of the Top 50 programs nationwide for 2020.

#### Physicians and specialties offered at current center locations are

#### **Southampton**

- Seth Korbin, MD Joint Replacement
- James Marsh, MD General Orthopaedics and Pediatric Orthopaedics
- James Moore, MD General Orthopaedics and Sports Medicine
- Teresa Habacker, MD Hand Surgery
- Kristin Hopkins, MD Sports Medicine

#### **Hampton Bays**

- Nicholas Pallotta, MD Spine Surgery
- James Barsi, MD Pediatric Orthopaedics
- Fred Carter, MD General Orthopaedics and Sports Medicine Westhampton
- James Marsh, MD General Orthopaedics and Pediatric Orthopaedics
- James Moore, MD General Orthopaedics and Sports Medicine
- Christopher Liedke, DO Rheumatology
- Raj Grover, DPM Podiatry

#### **East Hampton**

Kristin Hopkins, MD - Sports Medicine

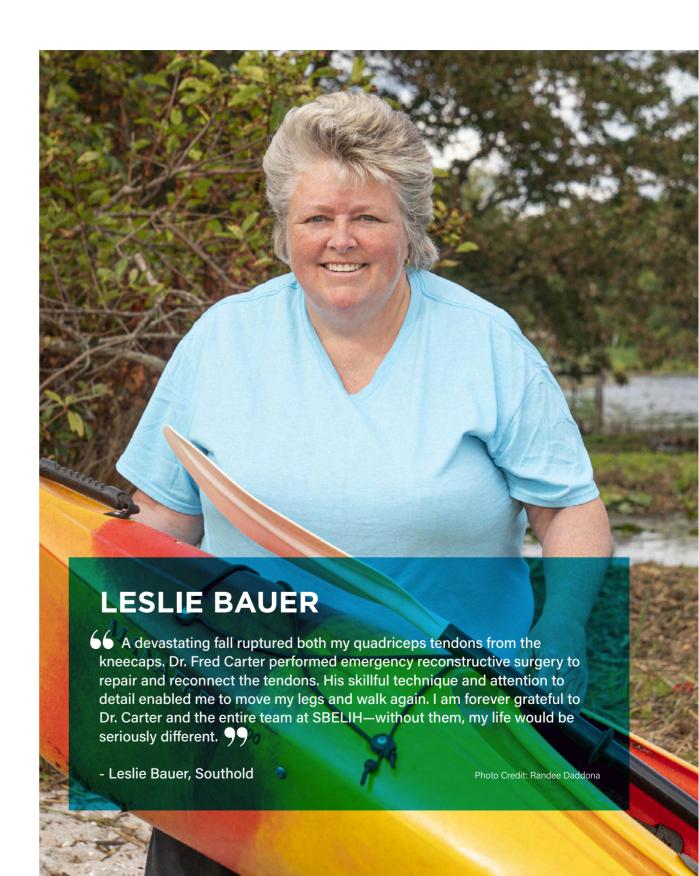
#### Mattituck

- Fred Carter, MD General Orthopaedics and Sports Medicine
- John Rongo, PA General Orthopaedics and Sports Medicine

#### **Wading River**

Teresa Habacker, MD - Hand Surgery

To learn more or to make an appointment, call 631-638-BONE (2663).



# **JULY** 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
Independence Day	Independence Day Observed					
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

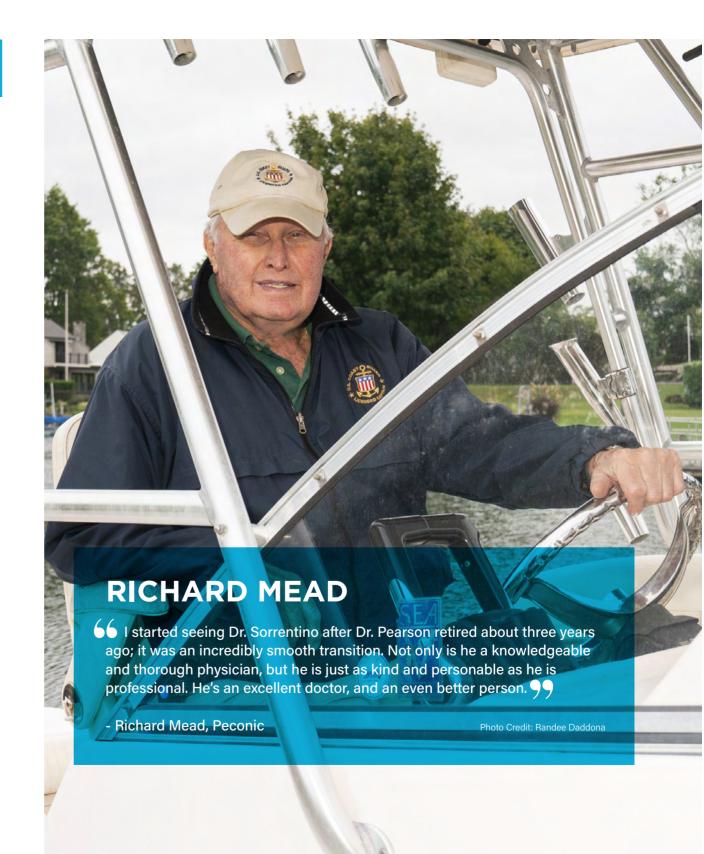


### **CARDIOLOGY**

Residents of Long Island's East End have trusted our cardiologists, who are on staff here at Stony Brook Eastern Long Island Hospital for more than 30 years. East End Cardiology treats people with a wide variety of cardiovascular conditions with compassionate, cutting-edge care.

William Buckley, MD, FACC
John Crean, MD, FACC
Thomas Falco, MD, FACC
Jayanthi Loganathan, MD, FACC
Fulvio Mazzucchi, MD, FACC
Ricardo Monserrate, MD, FACC
Mark Saporita, MD, FACC
Michael Sorrentino, MD, FACC

Greenport: 631-477-2701 Riverhead: 631-727-2100



# **AUGUST** 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
						Annual Summer Gala
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				



### QUANNACUT OUTPATIENT SERVICES

uannacut Outpatient Services is a 14,000-square foot state-of-the-art behavioral health facility at the forefront of modern treatment for substance use disorders across Eastern Long Island. At "Quannacut" (the Native American word for "hope" or "rainbow") addiction/chemical dependency are approached as treatable diseases.

Quannacut Outpatient addresses patients' immediate and long-term substance use issues, as well as the impact on their support system, family members and significant others. Centrally located in Riverhead, the facility provides highly individualized programs for patients with diverse needs across a wide variety of treatment disciplines so that patients can receive all outpatient care in one location.

#### **Stony Brook Medicine Quannacut Outpatient Services**

Riverhead: 631-369-8966

#### **Services**

- Telehealth services
- Co-occurring services
- Medical psycho-therapeutic approach
- Completely individualized treatment
- Individual, family, marital and group psychotherapy
- Specialty Groups including Young Adults, Women, Co-occurring Disorders and Advanced Recovery
- Medication Assisted Treatment (MAT)

- Psychiatric evaluations and medication management services
- Primary care medical services
- NYS Department of Motor Vehicle Treatment site
- Two sober houses
- Off-site services at Stony Brook Eastern Long Island Hospital and Stony Brook Southampton Hospital

#### **Our Team**

- Experts in co-occurring disorders
- Over 85 percent clinical staff Masters level and above
- Physicians Buprenorphine certified
- Medical staff specialists in Family Medicine, Addictions and Psychiatry

#### Richard N. Rosenthal, MD

Professor of Psychiatry, Renaissance School of Medicine at Stony Brook University Director of Addiction Psychiatry, Stony Brook Medicine

#### Jarid Pachter, DO

Vice Chair of ELI Leadership Coordinating Council SBUH Medical Board & MEC Member at Large Medical Director of Quannacut Outpatient Services Diplomate, American Osteopathic Association, Family Medicine

Diplomate, American Society of Addiction Medicine

Riverhead: 631-369-8966 Southold: 631-734-8742

#### David A. Cohen

Director, Outpatient Addiction Services Quannacut Outpatient Services Riverhead: 631-369-8966

#### Douglas K. Hoverkamp, MD

Psychatric Director, Quannacut Outpatient Services Director, Department of Psychiatry, SBELIH Diplomate, American Board of Psychiatry

Riverhead: 631-369-8966 Greenport: 631-477-6890

#### Daniel Klages, MD

Diplomate, American Board of Psychiatry

Riverhead: 631-369-8966 Greenport: 631-477-1000







# SEPTEMBER 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
	Labor Day Rosh Hashanah					Datrick Day
10	Begins at Sundown	14	15	16	17	Patriot Day
12	13	14	15	16	17	18
4th Annual 5K Walk/Run			Yom Kippur Begins at Sundown			
19	20	21	22	23	24	25
Dream Green Drawing			Fall Equinox			3rd Annual Fall Striper Showdown Fishing Tournament
26	27	28	29	30		



### WOMEN'S HEALTH & ADVANCED DIAGNOSTIC IMAGING

Stony Brook Eastern Long Island Hospital is home to advanced diagnostic imaging services, with a new state-of-the-art bone mineral densitometry screening system. SBELIH is also home to 3D tomosynthesis mammography to provide earlier cancer detection, less false positives, and fewer follow-up tests. Our tomosynthesis system is also equipped with a "soft touch" pad for more comfortable mammograms.

The American Cancer Society recommends routine mammography exams for women ages 45 to 54 every year. If you are 65 or older, or if you're younger than 65 but have one or more of the risk factors associated with osteoporosis, you should have a bone density test. If you have a family history of breast cancer or osteoporosis, talk to your physician about when to begin mammography and bone density screenings.

#### **Other Advanced Diagnostic Imaging Services include:**

- Bone Mineral Densitometry (BMD)
- 3D Tomosynthesis Mammography
- Ultrasound/Sonography
- 128-Slice Computerized Axial Tomography (CAT) Scanner
- 1.5 Tesla Magnetic Resonance Imaging (MRI)
- MRI with Sedation
- Nuclear Medicine
- Digital Radiography (X-ray)

#### Appointments: 631-477-5121

Anthony E. Mitarotondo Jr., MD, ABAR Diplomate, American Board of Radiology

Edna Kapenhas, MD Breast Surgery Diplomate, American Board of Surgery

Southampton: 631-726-8400



# **OCTOBER** 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
	Indigenous Peoples' Day					
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31 Halloween						



# PRIMARY CARE AND FAMILY MEDICINE

At Southold Family Medicine, we specialize in family, adolescent and addiction medicine. Our network of community-based physicians works closely with the experts at Stony Brook Medicine, affiliate community hospitals and other medical professionals to enhance the coordination of the care we provide to each and every patient in the communities we all serve. Primary care services include physical exams, vaccinations, same-day sick visits, and referral for laboratory services, imaging and specialists.

Southold Family Medicine provides addiction medicine services for a full range of substance abuse disorders. We offer inpatient treatment for detox and rehab as necessary, through our affiliation with Quannacut, part of Stony Brook Eastern Long Island Hospital in Greenport. Not only do we treat patients with substance abuse disorders, we prescribe medications for alcohol use and opiate use disorders at our Southold office, as well as at our Quannacut Outpatient Services facility in Riverhead.

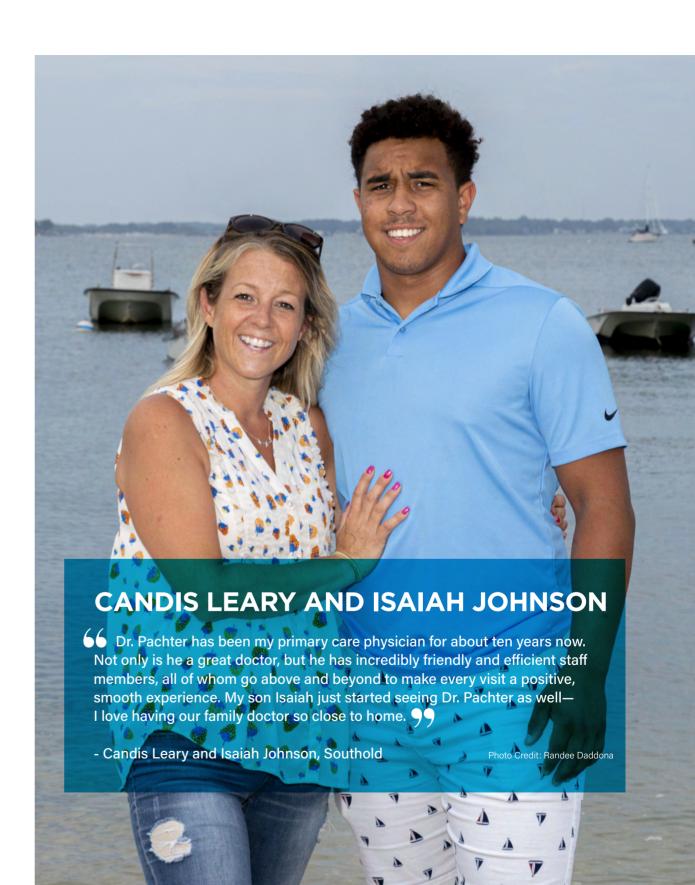
### **Southold Family Medicine: A Location of Stony Brook Family and Preventative Medicine**

#### Jarid Pachter, DO

Vice Chair of ELI Leadership Coordinating Council SBUH Medical Board & MEC Member at Large Medical Director of Quannacut Outpatient Services Diplomate, American Osteopathic Association, Family Medicine Diplomate, American Society of Addiction Medicine

Southold: 631-734-8742 Riverhead: 631-369-8966 Malynda Boyle, NP-C

Certified Nurse Practitioner Southold: 631-734-8742



# NOVEMBER 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
		Election Day				
7	8	9	10	11	12	13
Daylight Savings Ends				Veterans Day		
14	15	16	17	18	19	20
21	22	23	24	25	26	27
				Thanksgiving Day		
28	29	30				
Hanukkah Begins						



### **UROLOGY**

At Stony Brook Eastern Long Island Hospital, we strive for excellence in all that we do for our patients. We have made great strides and advances in the field of urology to bring you unsurpassed diagnosis and treatment. Urological conditions can sometimes be very sensitive matters. SBELIH approaches every patient with the utmost understanding, and our specialist brings extensive knowledge of urology to each case in order to treat every patient with the greatest rate of improvement and cure.

#### **Urology Services**

- Diagnosis and Treatment of:
  - Prostate Cancer
  - Kidney Cancer
  - Bladder Cancer
  - Testicular Cancer
- Non-Cancerous Prostate Disease
- Diagnosis and Treatment of Enlarged Prostate (BPH)
- Greenlight Laser
- Kidney Stone Disease
- Kidney Stone Treatment and Prevention
- Incontinence Male/Female
- Stress Incontinence
- Urge Incontinence "Overactive Bladder"

#### Massimiliano Spaliviero MD

Urologic Oncology, Urology

Diplomate, American Board of Urology

Greenport: 631-477-5386



# DECEMBER 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
		Winter Solstice			Christmas Eve	Christmas Day
26	27	28	29	30	31	
Kwanzaa Begins						





201 Manor Place Greenport, NY 11944 (631) 477-1000 elih.stonybrookmedicine.edu Accredited by:

The Joint Commission on Accreditation of Healthcare Organizations

