



EASTERN  
LONG ISLAND  
HOSPITAL



# Report to the Community

*Recognized  
for  
Excellence*



2019 calendar inside

Photo: Mia Santa Cruz

# Putting CARE Back in Healthcare

# Message To Our Community

## ***World Class Medical Care, Right in Your Backyard***

Eastern Long Island Hospital (ELIH) is committed to providing the North Fork and Shelter Island communities with the highest level of patient care. As the first hospital on the East End of Long Island, ELIH has operated under that commitment for 113 years, caring for families, friends, and neighbors alike. Your health and wellbeing are always our first priority.

In 2017, ELIH earned awards and recognition for superior quality care from multiple organizations that monitor and rate our nation's hospitals.

- ELIH was awarded with an "A" grade for quality and safety by the Leapfrog Group, an independent nonprofit that sets the highest national standards for patient safety, quality, and transparency in health care.
- ELIH received a four out of five-star Hospital Compare Overall Rating from Medicare and Medicaid Services. At that time, ELIH was one of two hospitals on Long Island to receive a rating as high as four stars, and the only hospital in Suffolk County to be awarded a four-star rating.
- Over 95% of the patients who come through our Emergency Department experience one of the shortest wait times in all of Suffolk County.

Much of ELIH's continued expansion and growth can be attributed to our caring community. Your support is, and always has been, an integral part of our success. The medical field is ever-advancing. As a hospital dedicated to providing patients with the best care, we must evolve as well. Thanks to your support, we have been able to maintain a contemporary and caring environment for our patients.

As we near the finalization of our affiliation with Stony Brook Medicine, we have already reaped numerous benefits from this new relationship, supporting our mission to provide high quality healthcare services for the North Fork and Shelter Island communities. This year, we welcomed three new general surgeons from Stony Brook Southampton Hospital's Meeting House Lane Surgical Group: Dr. Sampath Subramaniam, Dr. Sang I. Pak, and Dr. George D. Keckeisen.

This is just one example of the numerous ways our relationship with Stony Brook will provide world-class medicine for the North Fork and Shelter Island, close to home. It will create local healthcare options that do not currently exist. Together with Stony Brook University Hospital and our sister hospital, Stony Brook Southampton Hospital, specialized surgeons and physicians will be available in your own back yard here at Eastern Long Island Hospital.

As the newest member of Stony Brook Medicine, patients receiving care at the future "Stony Brook Eastern Long Island Hospital" will have access to many Stony Brook facilities that are the first of their kind. These facilities include Long Island's only accredited Heart Failure Program, an accredited Chest Pain Center with PCI, Center of Excellence for Alzheimer's, Celiac Disease/Gluten Sensitivity Center, and Duchenne Muscular Dystrophy Center.

The Stony Brook affiliation will bring many new resources to ELIH, but the hospital's main source of support has and always will be the community. Your friendship and support will be more important than ever, and every cent raised by the ELIH Foundation will stay right here at Eastern Long Island Hospital. Thanks to your ongoing philanthropy, our major fundraising events – including the annual Summer Gala and Golf Classic – are breaking records and raising more funds than ever before. Last year, we kicked off a new fundraising event, our first annual 5K Walk/Run. This report is a testament to the numerous generous individuals that recognize and support our mission and commitment to excellence.

Thank you all.



Thomas E. Murray, Jr.  
*Chairman of the Board*



Paul J. Connor III  
*President and Chief Executive Officer*



Anthony E. Mitarotondo, MD  
*President, Medical Staff*



Putting CARE Back in Healthcare

www.elih.org :: 631.477.1000 :: by car - Manor Place Greenport :: by boat - ER Dock Stirling Harbor :: by ferry - Orient or Shelter Island

# Statement of Revenue & Expense Year-End Report 2017

Eastern Long Island Hospital Association Inc. &  
Eastern Long Island Hospital Foundation  
Combined Financial Statement

All figures per BDO Seidman, LLP audited financial statement.

	2017
Patient Revenue	\$47,961,982
Contributions & Bequests	\$2,203,526
Other Operating Revenue	\$6,449,041
Non-Operating Revenue	\$1,701,745
Net Assets Released from Restrictions	(\$586,165)
<b>TOTAL REVENUE</b>	<b>\$57,730,129</b>
	2017
Salaries, Wages & Benefits	\$35,791,720
Supplies and Other Expenses	\$14,839,778
Charity Care & Bad Debts	\$4,139,912
Depreciation Expense	\$1,779,594
Interest & Amortization	\$972,129
Insurance	\$588,867
<b>TOTAL EXPENSES</b>	<b>\$58,112,000</b>
	<b>(\$381,871)</b>

PATIENT CARE STATISTICS	2017
Admissions	2,840
Patient Days	18,450
Percent Occupancy	56.16
Average Daily Census	51
Emergency Department Visits	8,506
Outpatient Visits	11,433
Outpatient Clinic Visits	21,661
Ambulatory Surgery Visits	5,223
Total Surgical Procedures	5,429
Employees (Full Time Equivalents)	333.8



**Z. Micah Kaplan, MD**  
*Chairman, Foundation*

## MESSAGE FROM THE ELIH FOUNDATION

All funds raised by the ELIH Foundation directly benefit your community hospital and the advancement of our Foundation's mission, as it always has and always will. Even after the finalization of our Stony Brook affiliation, all Foundation donations will stay right here at ELIH to benefit our hospital.

Just as the community has supported us since 1905, we constantly seek new ways to support the health of our community. Last year, we applied and were awarded a grant from Pink Aid Long Island to fund screening and diagnostic mammography for underserved and underinsured residents of the North Fork and Shelter Island.

In 2017, ELIH was also the first of 21 hospitals on Long Island to purchase and operate with the Olympus VISERA 4K Ultra High Definition (UHD) System. This state-of-the-art surgical camera perfectly complements the expertise of our highly skilled surgeons. Like much of our updated medical equipment, the new Olympus system was funded by generous donors. The generosity of community members allows us to maintain a contemporary and caring environment for our patients.

The acquisition of the Olympus surgical camera is a testament to the tremendous strides we've made in 2017 toward achieving the goals of our Operation Renew Campaign. Because of you, we have raised over half our \$5M goal to fund the renovation of our Surgical Center of Excellence. With these funds, we will create and rebuild three operating room suites, revitalize our patient recovery area, and update our procedure room.

Your donations are renovating operating rooms, purchasing world-class medical equipment, and ultimately fostering a better hospital for you, your family, and your neighbors. This report not only reinforces the incredible generosity that our community has shown ELIH over the past 113 years, but also ensures ELIH's continued growth and commitment to improving the health of our community. Thank you for your continued philanthropy.



**James F. Preston**  
*Treasurer/  
 Vice Chairman*



**Paul J. Romanelli**  
*Vice Chairman*

## AUXILIARY: Annual Report for the Year 2017

Branches	Members	Hours	Funds Raised
East End/Shelter Island	92	1,276	\$7,700.00
Southold West	78	1,403	\$6,200.00
TWIGS	30	300	\$8,500.00
Jr. Volunteers	12	500	
<b>Divisions</b>			
Corner Shop	14	1,813	\$8,000.00
Volunteer Services	42	6,594	\$1,000.00
Opportunity Shop	48	9,002	\$226,900.00
<b>Other Fundraising</b>			
Dream Green	10	330	\$68,000.00
Car Raffle	2	90	\$26,000.00
Other			\$5,912.00
<b>Total Hours</b>		21,308	
<b>Total Donations</b>			<b>\$358,212.00</b>

## ELIH Foundation Financial Highlights

Year end, December 31, 2017

Contributions & Interest .....	\$606,516
Distributions .....	\$170,012



**Helene V. Fall**  
*Auxiliary President*

## MESSAGE FROM THE AUXILIARY PRESIDENT

I am increasingly proud to represent my fellow volunteers as the President of the ELIH Auxiliary. This remarkable group of women and men continue to outdo themselves year after year, and 2017 was no exception.

Last year, the Auxiliary raised more funds for their hospital than any other Auxiliary in New York State, earning the titles of "Auxiliary of the Year" and "Best Small Auxiliary" from the Health Care Association of New York State (HANYS). The record-setting funds raised by my fellow Auxilians – over \$416,000 – directly impacts the level of patient care provided to our patients at ELIH. The work done by the Auxiliary in 2017 was also recognized by both the North Fork Chamber of Commerce and by Peconic Landing who awarded our "pink ladies" and "blue men" with the Community Service Award and the 2017 Older American Champions Award, respectively.

With nearly \$4M contributed to ELIH over the past 10 years (and over 21,000 combined hours of service contributed in 2017 alone!), all of our Auxilians make a profound difference at Eastern Long Island Hospital and within the communities we serve. For that, we are profoundly grateful.



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*Corresponding Secretary*

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Greenport, 631-477-0070  
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Riverhead, 631-591-3120  
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# 2017 Donor Honor Roll

Thank you for making a difference. Every gift is vital to our mission. This donor honor roll reflects cumulative gifts of \$100+ given in the calendar year 2017, excluding pledges.

## \$400,000+

ELIH Auxiliary

## \$300,000+

Anonymous

## \$100,000+

David J. and Bobbie Marks Family Fund/ CLC Kramer Foundation, Inc./ Erica and Peter Harold

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Castello di Borghese	Fitness Advantage	Lynda and Anthony E. Lomangino	Rodan & Fields	Vines & Branches, LLC
Chaps Corner	Flying Point Surf & Sport	Lombardi's Love Lane Market	Roy H. Reeve Agency	Vineyard Vines
Claudio Five Foundation	Fork & Anchor	Love Lane Kitchen	Charles V. Salice	Susan C. Ward
Darcy J. Cochran	Four Seasons Resort and Club	Love Lane Sweet Shoppe	Sang Lee Farms	Wendy's Sound Ave. Deli
Complement the Chef	Front Street Station	Judith B. McCleery	Sarkis Jewelers	Westhampton Beach Auto Collision
Connoisseur Media Long Island	Gallery M	Mericantile North Fork	Showcase Wine and Liquor	Westhampton Country Club
The Corso Family	Garden Fusion/Organic Harvest	Nails by Jessie & Spa	Smithtown Landing Country Club	Wendy Zuboski
Crazy Beans	Gardiner's Bay Country Club	Claire Nigro	Southold IGA	
Crinoline Fashion Boutique LTD	Grana Trattoria Antica	Noah's	Sparkling Pointe	
CrossFit North Tribe	Great Rock Golf Club	NOFO Wellness Center	Joni Spencer	
Croteaux Vineyards	Greenport Electric Launch	North Fork Animal Welfare League, Inc.	Splish Splash	
Randee Daddona	Greenport Harbor Brewing Co	North Fork Chips	Starbucks Corporation	
Daniel Gale Sotheby's	Hampton Coffee Company	North Fork Community Theatre	Sterlington Deli	
Antoinette DeMeo		North Fork Country Club	Tam O'Shanter Golf Club	



Putting CARE Back in Healthcare

www.elih.org :: 631.477.1000 :: by car - Manor Place Greenport :: by boat - ER Dock Stirling Harbor :: by ferry - Orient or Shelter Island



EASTERN  
LONG ISLAND  
HOSPITAL



# 2019 CALENDAR



Photo: Judy McCleery

# Eastern Long Island Hospital

Eastern Long Island Hospital is a 90-bed, community hospital committed to delivering excellence in patient care and meeting the healthcare needs of the North Fork and Shelter Island.

Established in 1905, Eastern Long Island Hospital is Suffolk County's first voluntary hospital and has a reputation for combining advanced technology with 'compassionate caring' and extraordinary personal attention.

Centers of Excellence include – Emergency Care, Geriatrics, Ambulatory Surgery, Interventional Pain Management, General Surgery, Orthopedics, Women's Health, Plastic Surgery, Psychiatry, Radiology, Men's Health, Physical Therapy and Addiction Services.

## **Mission:**

*"Eastern Long Island Hospital provides essential healthcare services to the communities of the North Fork and Shelter Island and critical access to specialized services."*

## **Vision:**

*"To be a regional leader in healthcare, committed to an East End healthcare system that ensures excellence, compassion, education, and the improved health of the community."*

Eastern Long Island Hospital is dedicated to providing the highest standard of care and it shows in the accolades continually received from patients.



(l-r) Thomas E. Murray, Jr., Chairman, Board of Trustees, Eastern Long Island Hospital (ELIH); Anthony E. Mitarotondo, MD, President of Medical Staff at ELIH and Paul J. Connor III, President/CEO ELIH

## **INSIDE:**

<b>Message to Our Community</b> . . . . .	<b>1</b>
<b>Statement of Revenue and Expense</b> . . . . .	<b>2</b>
<b>Donor Honor Roll</b> . . . . .	<b>6</b>



*“I ate a piece of candy one night in April that— to my surprise— contained a peanut, to which I’m severely allergic. We rushed to the ELIH Emergency Room... the staff gave immediate medical intervention. They took me to the operating room at 3am. One of ELIH’s new general surgeons, Dr. Subramaniam came to the hospital at this ungodly hour and performed a life-saving tracheotomy. I’m so grateful to be enjoying my boat today thanks to all of the medical staff at ELIH.”*

*Robert Siachitano, East Marion*

Photo: Rande Daddona

## GENERAL SURGERY

**Common surgical procedures at ELIH include:**

- ⌘ Minimally Invasive Procedures
  - ⌘ Appendectomy
  - ⌘ Gallbladder
  - ⌘ Hernia
  - ⌘ Colon Resection
  - ⌘ Other Gastrointestinal Procedures
- ⌘ Wound Care
  - ⌘ Venous Ulcers
  - ⌘ Complex Wounds
  - ⌘ Wound VAC

With state-of-the-art laparoscopic instrumentation, minimally invasive surgery can be performed with maximum results in the Advanced Ambulatory Surgery Center. Enhanced ancillary services including pathology, histology, cytology, microbiology, and pre-surgical diagnostics support positive outcomes.

A skilled nursing staff closely monitors you every step of the way -- from pre-surgical testing to recovery. ELIH nurses take great pride in delivering an extra measure of “caring.”

**George Keckeisen, MD**  
**Sang Pak, MD**  
**Sampath Subramaniam, MD**  
**GREENPORT, 631-477-5386**

**Jerry Rubano, MD**  
**STONY BROOK, 631-477-5386**




DECEMBER 2018						
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# JANUARY

FEBRUARY 2019						
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 New Year's Day	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21 Martin Luther King, Jr. Day	22	23	24	25	26
27	28	29	30	31	<p>A new year, a new you ... Start the year off right with a commitment to be the best you can be. Talk to your physician about simple lifestyle changes for improved health and wellness. Eat more fruits and vegetables, engage in moderate exercise and make time for regular checkups.</p>	



*"I was feeling light headed and my heart was beating rapidly. I was rushed to ELIH where East End Cardiology did a complete evaluation. I was diagnosed with atrial fibrillation, also known as an abnormal heart rhythm. Based on these findings, they performed a catheter ablation to stabilize my heart rate. Since my procedure, all of my follow ups have indicated good health and a successful recovery. Thank you, ELIH!"*

*Kevin McElroy, Greenport*

## CARDIOLOGY

Pacemaker insertions are performed at ELIH by a cardiologist with the assistance of the Ambulatory Surgery team.

Reasons for these procedures may include:

- ⚡ Bradycardia - occurs when the heart beats too slow
- ⚡ Heart Block - occurs when the electrical signal is delayed after leaving the SA node; there are several types of heart blocks, and each one has a distinctive ECG tracing

Cardiologists treat individuals with heart disease and counsel patients about the risks and prevention of heart disease. They provide treatment for heart attacks, heart failure, and serious heart rhythm disturbances.

**John W. Pearson, MD, FACC**  
**Thomas A. Falco, MD, FACC**  
**Fulvio Mazzucchi, MD, FACC**  
**John M. Crean, MD, FACC**  
**Mark Saporita, MD, FACC**  
**Ricardo J. Monserrate, MD, FACC**  
**William J. Buckley, MD, FACC**  
**Jayanthi Loganathan, MD**  
**Michael Sorrentino, MD**

*Diplomates, American Board of Internal Medicine/  
Cardiovascular Disease*

**RIVERHEAD, 631-727-2100**  
**GREENPORT, 631-477-2701**

Photo: Rande Daddona

JANUARY 2019						
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# FEBRUARY

MARCH 2019						
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>American Heart Month</b> Cardiovascular disease is the leading cause of death in the United States; one in every three deaths is from heart disease and stroke, equal to 2,200 deaths per day.					1	2
3	4	5	6 Ash Wednesday	7	8	9
10	11	12 Lincoln's Birthday	13	14 Valentine's Day	15	16
17	18 Presidents' Day Washington's Birthday	19	20	21	22	23
24	25	26	27	28		



*“Last March, Dr. Slotkin sent me to ELIH for a CT scan to find out why I was experiencing abdominal pain. A subsequent series of tests lead to a final diagnosis of a malignant tumor in my ascending colon. Dr. Subramaniam removed the mass at ELIH. I couldn’t have asked for a better surgeon or better care. Today, I am cancer free and need no chemotherapy. I dodged a bullet, but only due to the excellent care I received at Eastern Long Island Hospital.”*

*Gary Parker, East Marion*

Photo: Randee Daddona

## GENERAL SURGERY

**Common surgical procedures at ELIH include:**

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  - ⌘ Appendectomy
  - ⌘ Gallbladder
  - ⌘ Hernia
  - ⌘ Colon Resection
  - ⌘ Other Gastrointestinal Procedures
- ⌘ Wound Care
  - ⌘ Venous Ulcers
  - ⌘ Complex Wounds
  - ⌘ Wound VAC

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A skilled nursing staff closely monitors you every step of the way -- from pre-surgical testing to recovery. ELIH nurses take great pride in delivering an extra measure of “caring.”

**George Keckeisen, MD**  
**Sang Pak, MD**  
**Sampath Subramaniam, MD**  
**GREENPORT, 631-477-5386**

**Jerry Rubano, MD**  
**STONY BROOK, 631-477-5386**

FEBRUARY 2019						
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# MARCH

APRIL 2019						
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28	29	30				

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
National Nutrition Month					1	2
3	4	5	6	7	8	9
10 Daylight Saving Time Begins	11	12	13	14	15	16
17 St. Patrick's Day	18	19	20 Spring Equinox	21	22	23
24	25	26	27	28	29	30
31						

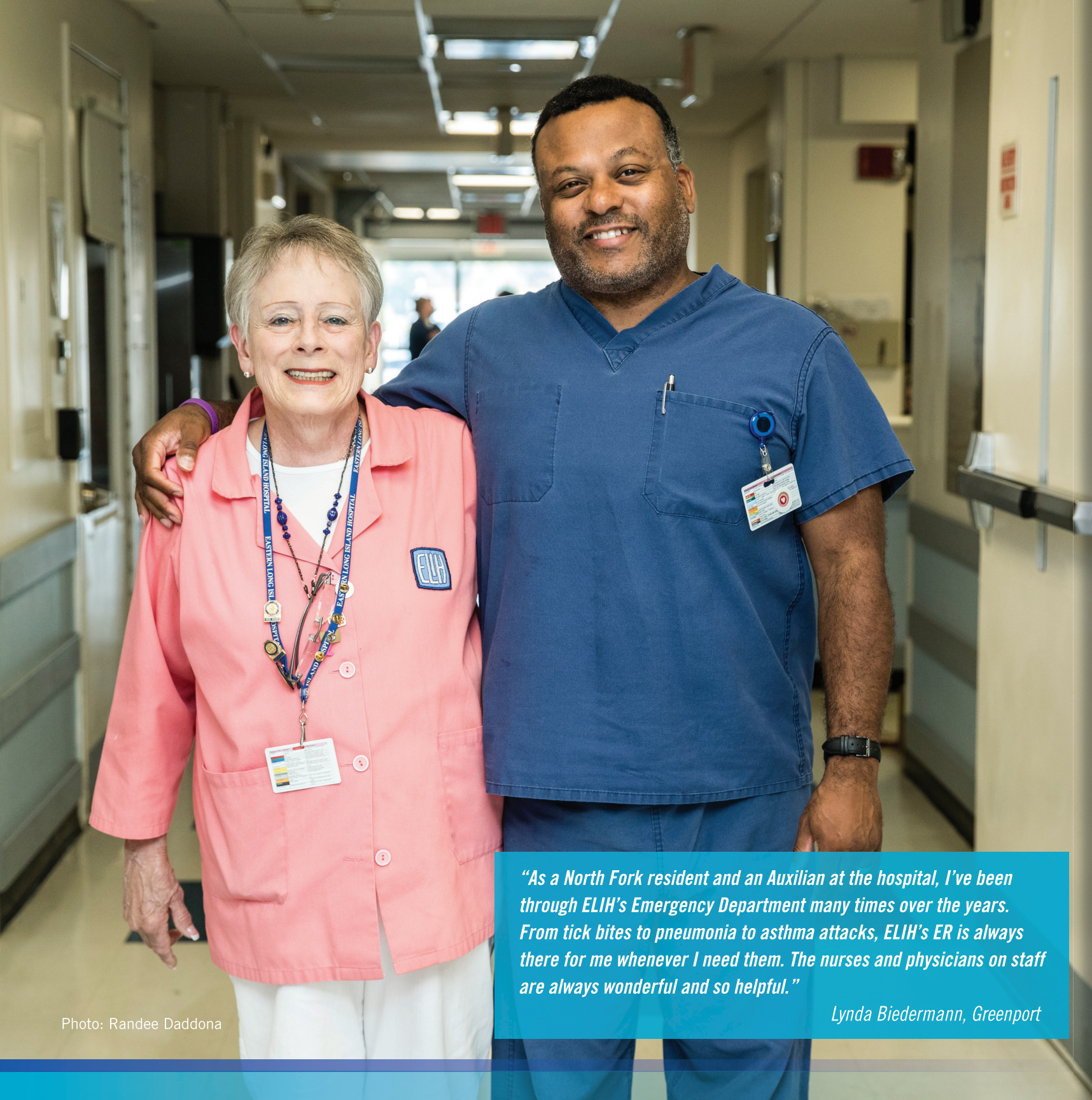


Photo: Randee Daddona

*“As a North Fork resident and an Auxilian at the hospital, I’ve been through ELIH’s Emergency Department many times over the years. From tick bites to pneumonia to asthma attacks, ELIH’s ER is always there for me whenever I need them. The nurses and physicians on staff are always wonderful and so helpful.”*

*Lynda Biedermann, Greenport*

## EMERGENCY CARE

Seconds Count... Whether you need urgent emergency care or lifesaving medicine, the Emergency Team is here for you.

- ⌘ 24 Hours a Day, 7 Days a Week
- ⌘ Accessible by Land, Sea and Air
- ⌘ Heliport and Emergency Dock
- ⌘ Expert Patient-Focused Care
- ⌘ Board Certified Emergency Medicine Physicians
- ⌘ Advanced Cardiac Life Support Certified Nurses
- ⌘ Credentialed Team – Exceeding New York State Standards
- ⌘ Arctic Sun Temperature Management System

**Lawrence R. Schiff, MD**  
**Director, Emergency Department**

*Diplomate, American Board of Emergency Medicine  
Diplomate, American Board of Internal Medicine  
Fellow American College Emergency Physicians  
Medical Director/EMS*

Chest Pain...  
Don't wait, CALL 9-1-1...  
Let the expert emergency team at Eastern Long Island Hospital evaluate you rather than risk losing valuable treatment time.

EMS/Fire Departments:

- ⌘ Greenport
- ⌘ East Marion
- ⌘ Cutchogue
- ⌘ Mattituck
- ⌘ Orient
- ⌘ Plum Island
- ⌘ Shelter Island
- ⌘ Southold



**First Responder Cars, Stony Brook**

MARCH 2019						
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# APRIL

MAY 2019						
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10	11	12	13
14 Palm Sunday	15	16	17	18	19 Good Friday Passover Begins at Sundown	20
21 Easter Sunday	22 Earth Day	23	24	25	26	27
28	29	30				



*"I had a total knee replacement done at ELIH. With the help of the wonderful staff at ELIH's Physical Therapy office in Southold, I had a total knee recovery. I've always done a lot of weight lifting at home, and I took my weight lifting to the next level by joining the ELIH gym in Southold after my recovery. If you need physical therapy or if you want to increase your level of fitness, I would absolutely recommend starting at ELIH Physical Therapy."*

*Wesley Zaleski, Southold*

Photo: Randee Daddona

## FITNESS CENTER

Get physical... Maintain optimum health and wellness by staying active at every stage of your life. The benefits of regular exercise are many – increased stamina, flexibility, muscle strength, injury and fall prevention.

- ⚡ Gym memberships at reasonable rates
- ⚡ Silver Sneakers participating provider
- ⚡ Friendly, qualified, experienced staff
- ⚡ One-on-One Assistance
- ⚡ Certified Athletic Trainer
- ⚡ Treadmills, Steppers, Ellipticals
- ⚡ Stationary/Recumbent Bikes
- ⚡ Upper Body Cycle
- ⚡ Free Weight Room
- ⚡ Biodex & Nautilus Weight Equipment
- ⚡ Satellite TV

## CONVENIENT HOURS

Monday – Friday, 6:30 am – 8 pm  
Saturday, 8 am – 2 pm

## EASTERN LONG ISLAND HOSPITAL PHYSICAL THERAPY & FITNESS

46520 North Road, Southold  
631-765-9389

### Hospital-Based Physical Therapy:

- ⚡ Offers a continuum of care from inpatient to outpatient
- ⚡ Pain Management & Rehabilitation
- ⚡ Post Surgical Rehabilitation
- ⚡ Balance & Fall Prevention
- ⚡ Vestibular Rehabilitation

### Two locations

Southold  
Greenport @ Peconic Landing



APRIL 2019						
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# MAY

JUNE 2019						
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
National Physical Fitness and Sports Month: A great time to renew your commitment to a healthy, active lifestyle.						
5	6 National Nurses Day	7	8	9	10	11
12 Mother's Day	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27 Memorial Day	28	29	30	31	National Older Americans Month



Photo: Randee Daddona

*“Eye operations are delicate, so it’s critical to choose a top notch doctor with a successful track record. Our thorough research led us to Dr. Lawrence Buono, a renowned eye doctor with impressive experience. My husband and I had the cataract/LASIK operation performed by Dr. Buono at ELIH. We highly recommend Dr. Buono based on his excellent surgical skills and patient rapport. Our stay at ELIH was outstanding from start to finish thank to its caring staff and modern facilities.”*

*Cora Enriquez, Greenport*

## **OPHTHALMOLOGY: Cataracts**

A cataract is an opacity that develops in the lens of the eye and limits vision. Cataracts can become more common in people approaching their 60’s and 70’s. The condition tends to develop slowly, so vision worsens gradually.

Femtosecond laser-assisted cataract surgery is the latest technology available for precise cataract removal and greater visual outcomes. The computer-guided laser aids the surgeon in several critical steps based on a real-time image of the eye captured immediately prior to the procedure.

### **Signs and Symptoms of a Cataract**

- ⚡ Cloudy or blurry vision
- ⚡ Poor night vision
- ⚡ Difficulty reading
- ⚡ Problems with light
- ⚡ Faded colors

#### **Lawrence Buono, MD**

*Diplomate, American Board of Ophthalmology*

#### **Christine Buono, MD**

*Diplomate, American Board of Ophthalmology*

**RIVERHEAD, 631-727-0880**

**SOUTHOLD, 631-765-5051**

#### **Louis Pizzarello, MD**

*Diplomate, American Board of Ophthalmology*

**SOUTHAMPTON, 631-283-5152**

**RIVERHEAD, 631-727-6555**

#### **Scott Sheren, MD**

*Diplomate, American Board of Ophthalmology*


**RIVERHEAD, 631-369-0777**

**SOUTHOLD, 631-765-0088**

MAY 2019						
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# JUNE

JULY 2019						
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
9	10 Golf Classic 	11	12	13	14	15
16 Father's Day	17	18	19	20	21 Summer Solstice	22
23	24	25	26	27	28	29
30						

“The pain of a ruptured Achilles tendon is beyond description. ELIH’s imaging department confirmed my diagnosis, and Dr. Fred Carter and his operative team went to work, splicing the pieces together. After my incredibly convenient outpatient surgery, I worked with ELIH Physical Therapy extensively over a number of months. Before I knew it, I was back on my feet. I am truly thankful to all of the many hands that helped me return to walking as before!”

*Z. Micah Kaplan, MD, Southold*



Photo: Randee Daddona

## ORTHOPEDIC SERVICES

Orthopedics is the branch of surgery concerned with acute, chronic, traumatic, overuse injuries and other disorders of the musculoskeletal system.

Sports medicine is a special branch of orthopedics designed to provide complete medical care to active people of all ages.

Whether you are an active athlete or someone experiencing chronic joint pain, our Orthopedic specialists are here to help.

Education, strengthening exercises, reduction of stress on joints, anti-inflammatory medications, and surgery are all tools available to help improve your physical condition.

### NORTH FORK ORTHOPEDICS AND SPORTS MEDICINE

**Fred M. Carter II, MD**

*Diplomate, American Board of Orthopedic Surgery*

**John J. Rongo, R-PAC**

*Certified, American Academy of Physician Assistants*

**MATTITUCK, 631-298-4579**

**Mark G. Creighton, MD**

*Diplomate, American Board of Orthopedic Surgery*  
**HAMPTON BAYS, 631-723-0223**

**John Labiak, MD**

*Diplomate, American Board of Orthopedic Surgery*  
**SMITHTOWN, 631-265-1855**

**Ira Chernoff, MD**

*Diplomate, American Board of Orthopedic Surgery*  
**STONY BROOK, 631-246-6100**

### EAST END HAND SURGERY

**Teresa Habacker, MD**

*Diplomate, American Board of Orthopedic Surgery*  
**RIVERHEAD, 631-473-4263**

JUNE 2019						
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# JULY

AUGUST 2019						
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25	26	27	28	29	30	31

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4 Independence Day	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			



Photo: Randee Daddona

*“I choose ELIH for my procedures when I can, and I will continue to do so for any future procedures I may need. In my experience with this hospital— from a pacemaker implant, to a prostate operation, to routine lab tests— I have always been treated in a courteous and professional manner. I always recommend ELIH to my friends, family, and neighbors for this reason.”*

*James Yagle, Cutchogue*

## INTERNAL MEDICINE

### Well-Patient Care

- :: Annual physical exams
- :: Preventive healthcare

### Chronic Diseases

- :: Hypertension
- :: Diabetes
- :: High cholesterol
- :: Musculoskeletal disorders
- :: Neurological disorders
- :: Gastrointestinal problems
- :: Thyroid problems

### Acute Diseases

- :: Heart disease
- :: Asthma & lung disease
- :: High blood pressure
- :: Glucose monitoring

### Special Program & Services

- :: Weight management
- :: Consultations with specialists
- :: Preoperative evaluations
- :: Travel evaluation
- :: Blood pressure checks
- :: Health Geriatric Care
- :: Pulse Oximetry
- :: Accu-checks

### Lloyd Simon, MD, Medical Director, Director, Addiction Services

*Diplomate, American Board of Internal Medicine  
Diplomate, American Society of Addiction Medicine*

### Sally C. Monahan, RN, MSN, CNP-C, FNP-C

*Certified Family Nurse Practitioner  
SOUTHOLD, 631-765-4150*

### Jay P. Slotkin, MD

*Diplomate, American Board of Internal Medicine  
SOUTHOLD, 631-765-1414*

### Cynthia Ickes, MD

*Diplomate, American Board of Internal Medicine  
GREENPORT, 631-477-0070*

### Richard Maleski, MD

*Diplomate, American Board of Internal Medicine  
RIVERHEAD, 631-740-9181*

### Peter Kelt, MD

*SHELTER ISLAND, 631-749-3149*

JULY 2019						
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# AUGUST

SEPTEMBER 2019						
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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25	26	27	28	29	30	31



Photo: Rande Daddona

## Bringing HOPE and Personal CARE to Behavioral Health

Behavioral Health Services at Eastern Long Island Hospital embrace those who are considering treatment for substance abuse and/or mental health challenges. For many, this is the beginning of a new life. Help ELIH bring hope and awareness to the growing need for Behavioral Health Services during National Recovery Month this September.

## BEHAVIORAL HEALTH SERVICES ADDICTION SERVICES/PSYCHIATRY

The expert, dedicated professionals from Medicine, Nursing, Social Work, Recreational Therapy, Credentialed Alcohol and Substance Abuse Counselors and Dietitians bring a team approach to patient care.

Through individual therapy, group therapy, medication management, and comprehensive discharge planning, ELIH provides a nurturing environment allowing patients to stabilize, develop insights and transition back into the community.

**ADMISSION FOR**  
ADDICTION REHAB/DETOX ADULT PSYCHIATRY  
GREENPORT, 631-477-8877

**OUTPATIENT ADDICTION SERVICE**  
INTAKE EVALUATIONS BY APPT., MONDAY – FRIDAY  
WALK-IN INTAKE EVALUATIONS:  
MONDAYS & FRIDAYS, 9 AM – 12 NOON  
PRIMARY CARE MEDICAL SERVICES AVAILABLE ONSITE  
RIVERHEAD, 631-369-8966

**Lloyd Simon, MD, Director, Medical Director/  
Addiction Services**  
*Diplomate, American Board of Internal Medicine*  
*Diplomate, American Society of Addiction Medicine*  
SOUTHOLD, 631-765-4150

**Jarid Pachter, DO, Chairman, Medicine  
Family Practice/Addiction Services**  
*Diplomate, American Osteopathic Association,*  
*Family Medicine*  
*Diplomate, American Society of Addiction Medicine*  
SOUTHOLD, 631-734-8742

**Douglas Hoverkamp, MD, Director Psychiatry**  
*Diplomate, American Board of Psychiatry*  
GREENPORT, 631-477-6890

**Robert Colucci DO**  
*Diplomate, American Board of Psychiatry*  
Rocky Point, 631-209-1477


**Daniel Klages MD**  
*Diplomate, American Board of Psychiatry*  
Riverhead, 631-284-2565



AUGUST 2019						
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# SEPTEMBER

OCTOBER 2019						
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19	20	21	22	23	24	25
26	27	28	29	30	31	

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Labor Day	3	4	5	6	7
8 	9	10	11	12	13	14
15	16 Patriot Day	17	18	19	20	21
22 Dream Green	23 Fall Equinox	24	25	26	27	28
29 Rosh Hashanah Begins at Sundown	30					

National Recovery Month - substance use treatment and mental health services can help those with a mental and/or substance use disorder live a healthy and rewarding life.



*“ ELIH diagnosed my high grade breast cancer at an early stage which enabled treatment with just a mastectomy— no chemo or radiation. I am forever grateful to Dr. Mitarotondo and the technician for this early detection. ELIH’s investment in a 3-D Tomosynthesis mammography system is a life saver for our community. I’m here to keep windsurfing thanks to ELIH! ”*

*Nancy Messer, East Marion*

Photo: Randee Daddona

## BREAST HEALTH CENTER OF EXCELLENCE

3D Mammography Digital Breast Tomosynthesis

... clinically proven to detect substantially more invasive cancers compared to 2 D mammography, and to detect cancer earlier.

- ⚡ State-of-the-art cancer detection
- ⚡ Reduces callbacks for additional imaging
- ⚡ Better for both dense and non-dense breasts
- ⚡ Reduces number of false positives
- ⚡ Fewer follow-up tests and biopsies
- ⚡ Minimal radiation to patient
- ⚡ “Soft Touch” recyclable foam pad for a more comfortable exam

**The American Cancer Society recommends routine mammography exams for women ages 45 to 54 every year. If you have a family history of breast cancer, talk to your physician about when to begin mammography screening.**

Need an appointment?

Convenient online scheduling at:

[www.elih.org/mammo](http://www.elih.org/mammo)

or call 631-477-5121

**Anthony E. Mitarotondo Jr., MD,**

**President of Medical Staff/**

**Director of Radiology**

*Diplomate, American Board of Radiology*

### BREAST SURGERY

**Edna Kapenhas, MD**

*Diplomate, American Board of Surgery*

**SOUTHAMPTON, 631-726-8400**

**MATTITUCK, 631-298-4655**



SEPTEMBER 2019

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

# OCTOBER

NOVEMBER 2019

S	M	T	W	T	F	S
				1	2	
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div style="background-color: #0056b3; color: white; padding: 10px;"> <b>Breast Cancer Awareness Month</b>                      Tell Your Mother, Your Sister, Your                      Wife, Your Friend, "Early Detection                      Saves Lives"                 </div>		1	2	3	4	5
	6	7	8 Yom Kippur Begins at Sunset	9	10	11
13	14 Columbus Day	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31 Halloween		



*“Dr. Pachter has been our family doctor for over a decade. From camp forms and shots, to more serious concerns, he’s been there for us with knowledge, humor, and compassion. His office is staffed with the finest, who have gone above and beyond to meet our needs. Together, they have created a truly professional, yet always warm environment. In Dr. Pachter and those who work with him, we have found everything a family doctor and their office should be.”*

*Deanna Flythe, New Suffolk*

Photo: Randee Daddona

## PRIMARY CARE/FAMILY MEDICINE

Family Medicine healthcare providers are specifically trained to diagnose and treat a wide array of acute and chronic illnesses.

- ⌘ Colds and Flu
- ⌘ Immunizations
- ⌘ Injuries
- ⌘ Wellness Visits

Physicians and Nurse Practitioners work with you through all stages of your life to evaluate your family history and make recommendations for preventive care.

Whether you need care for an acute illness or routine medical care, they can provide regular health screenings, and make referrals for diagnostic testing and subspecialty care as indicated.

**Jarid Pachter, DO, Chairman, Medicine  
Family Practice/Addiction Services**  
*Diplomate, American Osteopathic Association,  
Family Medicine  
Diplomate, American Society of Addiction Medicine*

**Allison A. Skrezec, MSN/Ed, FNP**  
*Certified Family Nurse Practitioner*  
**SOUTHOLD, 631-734-8742**

**Bellamy Brook, DO**  
*Diplomate, American Osteopathic Association,  
Family Medicine*  
**RIVERHEAD, 631-284-3793**

**Peter Kelt, MD**  
**SHELTER ISLAND, 631-749-3149**

**Chris Kielbasa, DO**  
*Diplomate, American Osteopathic Association,  
Family Medicine*  
**GREENPORT, 631-477-0070**



OCTOBER 2019						
S	M	T	W	T	F	S
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

# NOVEMBER

DECEMBER 2019						
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1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3 Daylight Saving Time Ends	4	5 Election Day	6	7	8	9
10	11 Veterans Day	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26 #GIVINGTUESDAY™	27	28 Thanksgiving Day	29	30



*“I’m so grateful to have Dr. Adipietro and his wonderful staff here at Eastern Long Island Hospital. After I herniated one of my discs, ELIH’s Pain Center came highly recommended. I received my first treatment, and all of the pain caused by my herniated disc was gone. About one month later, I received my second treatment with the same miraculous result. Thanks to the treatment I’ve received at ELIH, my pain is gone. Dr. Adipietro is not only a highly skilled professional, but he is extremely friendly and caring, as is his staff. I would recommend ELIH’s Pain Center to anyone in need of long-term relief.”*

*Francis Boyle, Southold*

Photo: Randee Daddona

## **INTERVENTIONAL PAIN CENTER Center of Excellence**

*-- For the treatment of persistent or chronic pain.*

While certain over-the-counter medications may help reduce short-term aches, ELIH offers treatment for long-term pain relief.

Pain conditions treated:

- ⌘ Low Back Pain
- ⌘ Middle Back Pain
- ⌘ Neck Pain
- ⌘ Sciatica
- ⌘ Herniated Discs
- ⌘ Degenerative Disc Disease
- ⌘ Spinal Stenosis
- ⌘ Chronic Lyme Disease
- ⌘ Fibromyalgia
- ⌘ Failed Back Surgery Syndrome
- ⌘ Post Laminectomy Syndrome
- ⌘ Facet Joint Pain
- ⌘ Spinal Compression Fractures
- ⌘ Chronic Headache Syndrome
- ⌘ Occipital Neuralgia
- ⌘ Chronic Cancer Pain
- ⌘ Shingles
- ⌘ Arthritis Pain
- ⌘ Complex Regional Pain Syndrome (CRPS)
- ⌘ Trigeminal Neuralgia

**Frank J. Adipietro, Jr. MD, Director**  
*Diplomate, American Board of Anesthesia  
Diplomate, American Academy of  
Pain Management  
Fellow, Interventional Pain Practice  
Diplomate, American Board of Interventional  
Pain Physicians*

NAMED “**Top Physician**” by the  
*Consumer’s Research Council of America.*

For a consultation, call **631.477.5353**

NOVEMBER 2019						
S	M	T	W	T	F	S
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30	31					

# DECEMBER

JANUARY 2020						
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19	20	21	22	23	24	25
26	27	28	29	30	31	

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21 Winter Solstice
22 Hanukkah Begins at Sundown	23	24	25 Christmas Day	26 Kwanzaa Begins	27	28
29	30	31				

# ELIH

**EASTERN  
LONG ISLAND  
HOSPITAL**



Putting CARE back in HealthCARE

201 Manor Place • Greenport, NY 11944  
(631) 477-1000 • [www.ELIH.org](http://www.ELIH.org)

***Affiliated with:***

Stony Brook University Hospital and  
Stony Brook University School of Medicine

***Accredited by:***

The Joint Commission on Accreditation  
of Healthcare Organizations

***Approved by:***

Office of Mental Health (OMH)  
Office of Alcoholism & Substance  
Abuse Services (OASAS)  
Social Security Administration (SSA)  
The New York State Department of Health (NYSDOH)

***Member of:***

American Hospital Association (AHA)  
Healthcare Association of New York State (HANYS)  
Nassau-Suffolk Hospital Council (NSHC)  
The Greater New York Blood Bank  
United Way Participating Agency

